Seventeenth Annual Meeting of HEPA Europe
European Network for the Promotion of Health-Enhancing Physical Activity

Meeting Report

Virtual meeting, 3 September 2021
Abstract

The 17th annual meeting of HEPA Europe, the European network for the promotion of Health-Enhancing Physical Activity (HEPA), took place virtually in 2021 given the continued unprecedented times caused by the pandemic. The virtual meeting was attended by 33 participants from a variety of WHO European Region countries, as well as representatives from the World Health Organization, Regional Office for Europe. 11 new membership applications were confirmed. Progress made in HEPA Europe’s working groups were presented along with the newly implemented Early Career Section. Also, the Elections of the Steering Committee and the postponed 2020 conference rescheduled for 2022 in Nice were discussed.
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1. Introduction and overview

The European Network for Promotion of Health-Enhancing Physical Activity (HEPA Europe) was first launched at the 1st Annual Meeting in May 2005 in Gerlev, Denmark, based on policy statements such as the WHO Global Strategy for Diet, Physical Activity and Health and corresponding statements from the European Commission. Since 2005, a total of 16 annual meetings have taken place across Europe, as follows, Tampere- Finland June 2006, Graz-Austria May 2007, Glasgow- United Kingdom September 2008, Bologna- Italy November 2009, Olomouc- Czech Republic November 2010, Amsterdam- the Netherlands October 2011, Cardiff- United Kingdom October 2012, Helsinki- Finland October 2013, Zurich- Switzerland August 2014, Istanbul- Turkey October 2015, Belfast- United Kingdom October 2016, Zagreb- Croatia November 2017, London- United Kingdom October 2018, Odense- Denmark August 2019, and virtually in September 2020.

The 17th annual meeting of HEPA Europe took place virtually, kindly hosted by WHO European Office for the Prevention & Control for NCDs, Moscow, Russia. Structure of the meeting:

- Opening and welcome remarks by the Chair of HEPA Europe
- Welcome and update from WHO/Europe
- New applications for membership
- Elections of the Steering Committee
- Brief announcement from Working Groups
- Updates on next conference, Nice 2022
- Closing remarks by the Chair of HEPA Europe and WHO/Europe

The main aims of the meeting were to:

2. Announce the new Steering Committee members for HEPA Europe
3. Review and discuss progress made in HEPA Europe’s 17th year of activity in collaboration with WHO/Europe and provide updates for the rescheduled conference set for 2022.
The meeting was attended by 33 participants from 15 countries, alongside representatives from the WHO Regional Office for Europe (see Annex for list of participants).

The 33 participants that joined the HEPA Europe annual meeting included HEPA Europe members from Croatia, France, Georgia, Greece, Ireland, Kazakhstan, Luxembourg, North Macedonia, Netherlands, Romania, Spain, Slovenia, Switzerland, Turkey, and United Kingdom together with representatives from the WHO Regional Office for Europe and country offices. The meeting was chaired by Chairwoman Wanda Wendel-Vos, National Institute for Public Health and the Environment (RIVM), The Netherlands and supported by Anja Frei, Executive Committee member of the Steering Committee, from Epidemiology, Biostatistics and Prevention Institute (EBPI), University of Zurich, Switzerland.

2. Report of the 17th Annual Meeting

2.1 Meeting welcome and introduction

2.1.1 Welcome and introduction from the Chair of HEPA Europe

The meeting was opened by HEPA Europe’s Chairwoman Wanda Wendel-Vos from the National Institute for Public Health and the Environment (RIVM), the Netherlands.

Wanda Wendel-Vos welcomed everyone to the 17th annual virtual meeting and expressed her appreciation for the number of attendees despite it being a Friday afternoon. Next, she provides a brief introduction to the meeting agenda points and welcomes the updates from Dr. Kremlin Wickramasinghe, WHO Regional Office for Europe (see annex for meeting agenda details).

2.1.2 Welcome and update from WHO/Europe

Dr. Kremlin Wickramasinghe, acting head of WHO Regional Office for Europe (WHO/Europe) kindly greets all attendees on behalf of WHO/Europe. He thanks everyone for attending and is especially grateful to Wanda Wendel-Vos for chairing the meeting and network for the past years. He provides an update on the current work being conducted by WHO with the EU Commission, and other ongoing work within the WHO European Region. The following were highlighted:

- Updated WHO Physical Activity Guidelines
- Launch of EU country factsheets on 23 September during European Week of Sport
- Urban design workshop
- Systems approach workshop for physical activity promotion
- Collaboration between WHO and OECD on cost of physical inactivity
- Tools to promote PA across sectors with support from HEPA colleagues

Dr. Wickramasinghe reinforces the importance of the collaboration between WHO/Europe and the HEPA Europe Network and future investments from WHO/Europe to strengthen the
collaboration even further. He further discusses previous challenges and highlight the importance of collaboration with the working groups and WHO/Europe colleagues to align specific outputs with WHO activities. He reminds working groups to send proposals to Steve Whiting, WHO/Europe Technical Officer for upcoming opportunities. Also, updates are provided on the ongoing work of WHO/Europe with the HEPA Focal Points and HEPA Europe Network, along with the continued planned collaboration on future workshops and HEPA Europe Conference to be held in Nice, 2022. Lastly, he kindly thanked all members for their continuous collaboration, support and looks forward to strengthening this collaboration further. On behalf of WHO/Europe, he concludes with a warm thanks to Wanda Wendel-Vos’s for her role as Chairwoman these past years.

2.2 Information on new applications for membership

2.2.1 Overview of membership procedure
Ms. Wendel-Vos provides an overview of the current HEPA Europe membership procedures based on the Terms of Reference agreed upon in 2020. The changes represent current practices and clear description of eligibility and membership procedures through a flow chart that contains:

- **Public**: ‘Yes’
- **Private not for profit**: ‘Maybe’ (check according to WHO procedures)
- **Private for profit**: ‘No’

The application process starts with filling out an online questionnaire and providing a letter of intent through the WHO HEPA Europe webpage platform application. The WHO Secretariat team reviews the application and presents the applications during a meeting with the Network’s Steering Committee. The Steering Committee members vote to grant membership and applicants are notified within 4 weeks. The annual meeting provides the opportunity to inform about the new memberships accepted over the last year. Figure 1. Displays the full procedure in more detail.

**Figure 1. Membership procedure**
2.2.2 Information on new members of HEPA Europe
Ms. Wendel-Vos presents the 11 new accepted applicants and warmly welcomes them as HEPA Europe Network members.

New HEPA Europe Members 2021

<table>
<thead>
<tr>
<th>Organisation</th>
<th>Country</th>
<th>Contact</th>
<th>Organisation Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>ASD Margherita Sport e Vita (MSV BASKET)</td>
<td>Italy</td>
<td>Spartaco Grieco</td>
<td>Private-not-for-profit</td>
</tr>
<tr>
<td>European Lifestyle Medicine Organization (ELMO)</td>
<td>Switzerland</td>
<td>Margarita Katasiavou</td>
<td>Private-not-for-profit</td>
</tr>
<tr>
<td>COPLEFC</td>
<td>Spain</td>
<td>Alexia Pérez Garcia</td>
<td>Private-not-for-profit</td>
</tr>
<tr>
<td>European Network of Active Living for Mental Health (ENALMH)</td>
<td>Belgium</td>
<td>Nicos Anadreopoulos</td>
<td>Private-not-for-profit</td>
</tr>
<tr>
<td>Panhellenic Association of Physiotherapists (PPTA)</td>
<td>Greece</td>
<td>Stavros Stathopoulos</td>
<td>Public</td>
</tr>
<tr>
<td>University of Bradford</td>
<td>United Kingdom</td>
<td>Andy Daly-Smith</td>
<td>Public</td>
</tr>
<tr>
<td>Finnish Olympic Committee</td>
<td>Finland</td>
<td>Matleena Livson</td>
<td>Private-not-for-profit</td>
</tr>
<tr>
<td>Bursa Youth and Sports Provincial Directorate</td>
<td>Turkey</td>
<td>Berkan Atasoy</td>
<td>Public</td>
</tr>
<tr>
<td>Department of Sport and Health Sciences, AIT</td>
<td>Ireland</td>
<td>Aoife Lane</td>
<td>Public</td>
</tr>
<tr>
<td>IASIS NGO</td>
<td>Greece</td>
<td>Thanos Loules</td>
<td>Private-not-for-profit</td>
</tr>
<tr>
<td>Welsh Institute of Physical Activity, Health and Sport (WIPAHS)</td>
<td>United Kingdom</td>
<td>Kelly Mackintosh</td>
<td>Public</td>
</tr>
</tbody>
</table>

According to the new Terms of References:
- New applications were directly voted and accepted by Steering Committee
- All private-not-for-profit organisations were double checked for eligibility by WHO partnership department in terms of possible conflicts with WHO’s aims

2.2.3 Current Member institutions of HEPA Europe
Ms. Wendel-Vos proceeds to present the current HEPA Europe member institutions by country. A total of 192 member institutions and 3 individual members from 40 countries (plus 8 observers) (see annex for full list).

Current HEPA Europe members 2021

<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Austria</td>
<td>3</td>
<td>Hungary</td>
<td>5</td>
<td>Russian Federation</td>
<td>1</td>
</tr>
<tr>
<td>Belgium</td>
<td>5</td>
<td>Iceland</td>
<td>2</td>
<td>Serbia</td>
<td>1</td>
</tr>
<tr>
<td>Bosnia and Herzegovina</td>
<td>1</td>
<td>Ireland</td>
<td>10</td>
<td>Slovenia</td>
<td>5</td>
</tr>
<tr>
<td>Bulgaria</td>
<td>1</td>
<td>Israel</td>
<td>2</td>
<td>Spain</td>
<td>10</td>
</tr>
<tr>
<td>Croatia</td>
<td>6</td>
<td>Italy</td>
<td>13</td>
<td>Sweden</td>
<td>5</td>
</tr>
<tr>
<td>Cyprus</td>
<td>1</td>
<td>Lithuania</td>
<td>1</td>
<td>Switzerland</td>
<td>9</td>
</tr>
<tr>
<td>Czechia</td>
<td>3</td>
<td>Luxembourg</td>
<td>2</td>
<td>The former Yugoslav Republic of Macedonia</td>
<td>1</td>
</tr>
<tr>
<td>Denmark</td>
<td>5</td>
<td>Malta</td>
<td>1</td>
<td>Netherlands</td>
<td>9</td>
</tr>
<tr>
<td>Estonia</td>
<td>1</td>
<td>Montenegro</td>
<td>2</td>
<td>Turkey</td>
<td>4</td>
</tr>
<tr>
<td>Finland</td>
<td>11</td>
<td>Norway</td>
<td>2</td>
<td>Ukraine</td>
<td>2</td>
</tr>
<tr>
<td>France</td>
<td>5</td>
<td>North Macedonia</td>
<td>1</td>
<td>United Kingdom</td>
<td>37</td>
</tr>
<tr>
<td>Georgia</td>
<td>1</td>
<td>Poland</td>
<td>2</td>
<td>International bodies</td>
<td>2</td>
</tr>
</tbody>
</table>
### 2.3 Elections of the Steering Committee

Ms. Wendel-Vos presents the procedure for the HEPA Europe Steering Committee elections which is based on the newly revised Terms of Reference. The Steering Committee is composed of 10-15 representatives of member organisations resulting from elections held on a bi-annual basis.

A call for nominations for new members was sent out earlier in the year requiring a letter of support from representatives of two member organisations. Each Steering Committee member is allowed a maximum of 5 terms while the role of chair is a maximum of 2 terms.

Ms. Wendel-Vos provides a brief overview of the current 14 Steering Committee members along with the positions that were up for election. Four nominees were presented to replace four positions on the Committee along with 2 candidates for chairperson and chair elect.

#### The 2020 Elected Steering Committee

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Organisation</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wanda Wendel-Vos</td>
<td>Chairperson</td>
<td>Institute for Public Health &amp; Environment (RIVM), Netherlands</td>
<td>2nd term</td>
</tr>
<tr>
<td>Marie H Murphy</td>
<td>Vice Chair</td>
<td>University of Ulster, United Kingdom</td>
<td></td>
</tr>
<tr>
<td>Tommi Vasankari</td>
<td>Vice Chair</td>
<td>UKK Institute, Tampere, Finland</td>
<td></td>
</tr>
<tr>
<td>Anja Frei</td>
<td>Executive Member</td>
<td>University of Zurich, Switzerland</td>
<td></td>
</tr>
<tr>
<td>Andrea Backović Juričan</td>
<td>National Institute of Public Health, Slovenia</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Winfried Banzer</td>
<td>Olympics Sports Confederation, Germany</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Anna Chalkley</td>
<td>Loughborough University, UK</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Narcis Gusi</td>
<td>Faculty of Sport Sciences, University of Extremadura, Spain</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bengt Kayser</td>
<td>Institute of sport sciences, University of Lausanne, Switzerland</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Niamh Murphy</td>
<td>Waterford Institute of Technology, Ireland</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Zdenko Šipić</td>
<td>Croatian Federation for Sports Recreation “Sport for All”</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Anne Vuillemin</td>
<td>Université Côte d’Azur, Nice, France</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Willem van Mechelen</td>
<td>VU Medical School</td>
<td>Amsterdam, Netherlands</td>
<td></td>
</tr>
<tr>
<td>Kremlin Wickramasinghe</td>
<td>WHO Regional Office for Europe</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Ms Wendel-Vos announces the 6 Steering Committee members leaving their position in 2021, and warmly thanks them for their commitment and mentions that a farewell at the end of the meeting will be revealed.

- **Tommi Vasankari**, Vice Chair, UKK Institute, Finland
- **Andrea Backović Juričan**, Natl. Inst.of Public Health, Slovenia
- **Winfried Banzer**, Olympics Sports Confederation, Germany
- **Niamh Murphy**, Waterford Inst. Technology, Ireland
- **Narcis Gusi**, University Extremadura, Spain
- **Willem van Mechelen**, Amsterdam Public Health, Netherlands
2.3.1 Steering Committee elections Methods and Results
Ms. Wendel-Vos proceeded to present the results from the elections. She reports the total number of members in 2021; 192. Then, describes the process conducted this year and mentions that a link was sent by email to each member contact, including 2 reminder emails. Each institution had 1 vote per institution and remained anonymous. The results demonstrated that 52 member institutions (27%), plus 3 partials, completed the voting process.

For comparison over the years the percent (%) of members participating in the voting were:

- 2019, 32%
- 2017, 55%
- 2015, 35%
- 2014, 41%
- 2013, 59%
- 2012, 61%

Out of the 52 members who voted:

- 0 (0%) chose to abstain from voting
- 30 (58%) chose group voting
- 22 (42%) chose individual voting

Compared to 2019:
- 6% chose to abstain from voting
- 60% chose group voting
- 34% chose individual voting

2.3.2 Steering Committee – election results
Ms. Wendel-Vos proceeds to present the HEPA Europe Steering Committee 2021 and warmly welcomes the newly elected committee members.

The HEPA Europe Steering Committee 2021

<table>
<thead>
<tr>
<th>Marie H Murphy, Chairperson, UK</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Wanda Wendel-Vos, Vice Chair, Netherlands</td>
</tr>
<tr>
<td>• Anna Chalkley, Chair elect, UK</td>
</tr>
<tr>
<td>• Anja Frei, Executive Member, Switzerland</td>
</tr>
<tr>
<td>• Elaine Murtagh, Ireland</td>
</tr>
<tr>
<td>• Suzana Pustivsek, Slovenia</td>
</tr>
<tr>
<td>• Alexis Lion, Luxemburg</td>
</tr>
<tr>
<td>• Kelly Macintosh, Wales</td>
</tr>
<tr>
<td>• Bengt Kayser, Switzerland</td>
</tr>
<tr>
<td>• Zdenko Šipić, Croatia</td>
</tr>
<tr>
<td>• Anne Vuillemin, France</td>
</tr>
<tr>
<td>• Kremlin Wickramasinghe, WHO Regional Office for Europe</td>
</tr>
</tbody>
</table>

2.4 HEPA Europe Early Career Section

Anna Chalkley, Loughborough University, United Kingdom, took the floor to discuss the HEPA Europe early career section. Ms. Chalkley leads this section of the network, which initiated in 2020. She explains that the aims of the Early Career Section are to foster the interaction, mutual support, capacity building and growth of professionals in the early stages of their career.
Activities include:
- WHO Early Career Development Programme
- Thematic webinars
- ECS section in the HEPA Europe Newsletter

Ms. Chalkley ends by encouraging those who may be interested in joining the section to contact here at anna.chalkley@hvl.no and follow the hashtag on Twitter: #HEPA_ECS.

2.5 HEPA Europe working groups

2.5.1 Overview of HEPA Europe working groups
A brief overview of all HEPA Europe Working groups is presented by Ms. Wendel-Vos follow by highlights of the HEPA Europe Network ten working groups and their leaders.

<table>
<thead>
<tr>
<th>Working group</th>
<th>Leaders</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Workplace HEPA promotion</td>
<td>Ine De Clerk, Anna Puig-Ribera, Sebastià Mas Alos, Ilkka Väänänen</td>
</tr>
<tr>
<td>2 Sports clubs for health</td>
<td>Aurelie Van Hoye, Susanna Geidne</td>
</tr>
<tr>
<td>3 Policy approaches to physical activity promotion</td>
<td>Petru Sandu</td>
</tr>
<tr>
<td>4 Exchange of experiences in physical activity and</td>
<td>Elaine Murtagh, Anna Chalkley</td>
</tr>
<tr>
<td>sport promotion in children and adolescents</td>
<td></td>
</tr>
<tr>
<td>5 Active ageing: physical activity promotion in</td>
<td>Liesbeth Preller, Katja Borodulin, Filip Boen</td>
</tr>
<tr>
<td>elderly</td>
<td></td>
</tr>
<tr>
<td>6 HEPA promotion in socially disadvantaged groups</td>
<td>Niamh Murphy</td>
</tr>
<tr>
<td></td>
<td>Annemarie Wagemakers</td>
</tr>
<tr>
<td>7 HEPA Promotion in health care settings</td>
<td>Eszter Füzéki, Jeannie Wyatt-Williams</td>
</tr>
<tr>
<td>8 Environmental approaches to HEPA promotion</td>
<td>Josef Mitás</td>
</tr>
<tr>
<td>9 HEPA Injury prevention</td>
<td>Anne Benjaminse</td>
</tr>
<tr>
<td>10 Monitoring and surveillance of physical activity</td>
<td>Janna Suni, Harri Sievänen</td>
</tr>
</tbody>
</table>

The following WG’s attended the Annual Meeting and presented updates. Six of the ten working groups presented input during the Annual Meeting (2 WG did not attend meeting but provided information for Ms. Wendel-Vos to present).

**Working groups who presented information for the 17th Annual HEPA Europe meeting:**

- Workplace HEPA promotion
- Sports clubs for health
- Policy approaches to physical activity promotion
- Exchange of experiences in physical activity and sports promotion in children and adolescents
• Active ageing: physical activity promotion in elderly
• HEPA promotion in socially disadvantaged groups

Working groups who did not present information in the 17th Annual HEPA Europe meeting:

• HEPA promotion in health care settings
• Environmental approaches to HEPA promotion
• HEPA injury prevention
• Monitoring and surveillance of physical activity

2.5.2 WHO/Europe collaboration updates
Technical Officer Stephen Whiting from WHO/Europe presents information on the ongoing collaboration with working groups and encourages them to submit their proposals. He describes that there are ongoing discussions with 3 working groups on policy approaches, children, and active aging. He stresses the potential for working on injury prevention and promoting healthcare and motivates working groups to get in contact to discuss collaboration opportunities. Also, working groups are invited to send a one-page project proposal that can be accomplished by the HEPA Europe conference in Nice, 2022.

Ms. Wendel-Vos praises the collaboration and is excited for the years ahead as she has witnessed already the positive effect of this collaboration. She recommends to all of those expressing an interest in participating to directly contact Mr. Whiting with their proposals.

2.5.3 Working group on Sports clubs for Health

Aurélie Van Hoye, University Lorraine, presents the current work conducted by the working group on Sports clubs for Health (SCforH), highlighting the summary of achievements and foreseen work.

Currently the working group members are Stacey Johnson, PhD – Université Côte d’Azur, Pr. Anne Vuillemin – Université Côte d’Azur, Susanna Geidne, PhD - Örebro University, Dr. Alex Donaldson – La Trobe University, Pr. Sami Kokko - University of Jyvaskyla, Pr. Jan Seghers, PhD - KU Leuven, Dr. Aoife Lane – Athlone Institute of Technology, Kieran Dowd, PhD – Athlone Institute of Technology, and Aurélie Van Hoye, PhD – Université Lorraine.

Summary of 2021 achievements
• Run of SCforH Erasmus+ project with the preparation of a ScforH online course and book
• Special Issue “Health Promotion and Sport” in International Journal of Environmental Research and Public Health
• Application to EU doctoral Network (84%)
• Work on the development of HPSC-National Audit Tool

2022 foreseen work
• Ongoing ScforH Erasmus+ project, with online course dissemination and creation of national report cards
• Renewal of the doctoral network application
• Work on the development of a sports federation guideline to develop HPSC
• Accepted symposium at HEPA Europe Conference in Nice

She further describes a future project with the objective to develop a user’s guide for sports federations including specific strategy development, examples of projects, and related methods.

Next, Ms. Van Hoye presents the Health-Promoting Sports Club - National Audit Tool, HPSC-NAT. A team project from 8 countries working in different capacities on this subject, 6 total meeting were held, with one final meeting scheduled in September. The project was initiated in December 2020.

The steps for the creation of HPSC-NAT were provided and displayed in the table below:

<table>
<thead>
<tr>
<th>Step</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rapid literature review</td>
<td>• 8 primary sources thoroughly searched for initial indicators&lt;br&gt;• 269 identified indicators coded into 25 categories with 3 broad themes</td>
</tr>
<tr>
<td>Indicators selected and edited by research team</td>
<td>• Indicators edited to 69 and presented to the working group; refined to 50&lt;br&gt;• 50 indicators drafted into 40 items seperated into 11 themed sections</td>
</tr>
<tr>
<td>Comprehensive survey</td>
<td>• 22 online surveys on understanding and clarity among selected experts</td>
</tr>
<tr>
<td>Interview with focal point</td>
<td>• 6 interviews with national focal points</td>
</tr>
<tr>
<td>Tool</td>
<td>• Finalisation of HPSC-NAT by working group</td>
</tr>
</tbody>
</table>

The tool comprises 11 sections:

- **Section 1**: Country’s Ministry or department implication
- **Section 2**: Policies
- **Section 3**: Communication, Implementation & Dissemination
- **Section 4**: Evaluation & Measurement methods
- **Section 5**: Sub-national level
- **Section 6**: Funding & Coordination
- **Section 7**: Participative approach
- **Section 8**: Actors / Stakeholders
- **Section 9**: National sporting events
- **Section 10**: Case studies
- **Section 11**: HPSC-NAT implicated stakeholders
A brief overview of each section was provided with visual aids to exemplify how it functions in practice. Lastly, 30 experts from the HEPA working group were invited to review the tool and to provide comprehensive feedback.

According to the results of the feedback experts stated that the most important sections were:

- 1st - Policies = 40%
- 2nd – Ministries or departments = 20%
- 3rd – Communications = 30%
- 4th – Evaluation & measurement methods = 20%
- 5th – Sub-national level policies = 20%

Ms. Van Hoye explains that the primary outcomes show that many countries are working to implement HEPA policies, but less on health promotion in sports clubs. Thus, the tool would be useful in many instances. Furthermore, some countries (i.e., Croatia) do not have ministries directly connected to sports clubs and in particular, smaller countries will answer ‘No’ to many items due to their limited capacity. The final version will be validated by the working group and WHO representatives on the 7th of September, and the final version will be made available later this year. She closes by thanking everyone for their time and looks forward to collaborating in the use of this tool.

Ms. Wendel-Vos remarks on the tools outcomes and is looking forward to the further development and opportunity to reach multiple countries in the region. Mr. Greco Spartaco, ASD Margherita Sport e Vita (MSV BASKET), Italy, took the floor to introduce himself as a new member and express interests in the project as they are a SCforH organization and would like to collaborate on the next phase of the project.

Sylvia Titze, Institute for Movement Sciences, Sport and Health, University of Graz, Austria, follows to ask if this WG has changed its name, as she mentions her WG will keep its name as it is now an established name.

2.5.4 Working group on workplace HEPA promotion

Mr. Sebastià Mas-Alòs, National Institute of Physical Education of Catalonia, Spain presents updates on the working group. He states that from last Annual meeting in Odense, the WG pursued an internal research activity and after discussing it with Mr. Whiting from WHO/Euro, they were able to work on a join collaboration for a PA Toolkit for SMEs (Small-to-medium size enterprises). He mentions that this was a milestone for this WG.

Currently the working group is led by Sebastià Mas-Alòs, National Institute of Physical Education of Catalonia, Spain, Anna Puig-Ribera, University of Central Catalonia, Spain, Ines De Clerck, Artevelde University College Ghent, Belgium, and Ilkka Väänänen, Lahti University of Applied Sciences, Finland. The supporting team is Sergi Matas, Estela Farias, and Victor Dorado, National Institute of Physical Education of Catalonia, Lledia, Spain, Eva Aumatell, University of Vic-Central university of Catalonia, Barcelona, Spain, Emelia Mattila, LAB
University of Applied Sciences, Lahti, Finland, Franke Vandaele, Artevelde University of Applied Sciences, Ghent, Belgium.

Mr. Mas-Alòs, presents the work topic Workplace physical activity toolkit for small-to-medium sized enterprises (SMEs), a collaboration with WHO/Europe. This toolkit aimed to be used within the WHO European Region beyond the EU countries. He mentions how this project is backed with evidence and aligns with the EU physical activity recommendations at the workplace. It is intended to benefit employers, employees, and the community. Mr. Mas-Alòs refers to Proper & van Mechelen 2007 paper on effectiveness and economic impact of worksite interventions to promote physical activity and healthy diet. It emphasises that:

- PA and diet improve behaviour and health outcomes
- Reduction of costs (healthcare & indirect)
- Interventions in high income countries

Mr. Mas-Alòs then proceed to update on the progress of the WG since Odense 2019, which set the structure in identifying and mapping the purpose of the WG and aims and scope to produce a practical toolkit, including content and design criteria tailored to the needs of SMEs.

He further describes the continued efforts that the WG has made with the toolkit, methods and the eDelhi Panel of experts assessing the feasibility on 740 initiatives extracted. Currently, they are in the review process and waiting on feedback from experts, after this, the aim is to conclude barriers and motivators for SME initiatives.

Mr. Mas-Alòs, concludes thanking the continuous collaboration with WHO/Europe on the development of the toolkit. Next, Ms. Wendel-Vos closes the session, thanking Mr. Mas-Alòs for the presentation. She further mentions her interest and importance of this study in exploring the literature to cover potential limitations in only published data.

2.5.5 Working group on Policy approaches to physical activity promotion

Ms. Wendel-Vos hands over the floor to Petru Sandu, National Institute of Public Health, Romania who leads the working group on Policy Approaches to Physical Activity Promotion.

He starts by briefly summarizing the takeover of this group which was originally called National Approaches working group, and the result of previous discussions on small collaborative partnerships.

Mr. Sandu kindly calls for interested members in policy approaches to contact him and highlights the question on how to approach people interested in joining working groups, following up on last year’s questions regarding GDPR. He mentions lack of access to contact lists has led to inability to assess progress in PA WG members local or national work.

Mr. Sandu proceeds to update on the LoGoPas project.
E+S small collaborative partnership was intended to end this summer however is running 2020-2022 – 18m with a 12m extension.

The aim of the project was to explore the current legally binding roles and responsibilities of local governments in PA and sport promotion, and to support an increase in these roles and consecutive actions by sharing examples of good practice and proposing a set of criteria for evaluation of these actions.

Mr. Sandu presented the progress of the project and its partners:

**Progress**
- Literature review finalized; municipalities/case-studies selected
- Desk research finalized
- Ongoing interviews with local stakeholders
- Planning LSM and international meetings

**Partners**
- Friedrich-Alexander-Universitaet Erlangen-Nuernberg
- Liikunnan Ja Kansanterveyden Edistamissaatio LIKES
- HEPA Romania
- University Cote D’ Azur
- Kogakuin University
- The Box Sports Club

He concluded that this project was hit hard by pandemic restrictions, especially in reaching and engaging stakeholders due to the limited capacity to meet in person/network, which was the main strategic goal of the project.

Ms. Wendel-Vos takes the floor to thank Mr. Sandu for bringing up the topic regarding contacting members and how important it is to have a method that ensures communication between groups. She kindly refers to Anna Chalkley whose working groups has explored an alternative and asks her to provide her feedback during her presentation.

**2.5.6 Working group on Exchange of experiences in physical activity and sport promotion in children and adolescents**

Ms. Chalkley starts the presentation about her experience using Microsoft Teams for the working group hosted by WHO/Europe. She mentions she is happy to follow up in the Steering Committee meeting to discuss this further.

This working group is led by Anna Chalkley and Elaine Murtagh. She reports on the Webinar: Using the International Children’s Accelerometry Database (ICAD) to better understand physical activity & health in young people held the 7th of April 2021, projects, and limitations the current restrictions have had on collecting primary data. She further mentions that members remain actively working to attain their objectives and looking forward to present some of the results during the conference next year.
Lastly, an application for use of ICAD data to explore a range of topics e.g., children’s 24-hour movement behaviours, accelerometry methodology, parental and family influences on children’s activity has been submitted this year.

For anyone interested in the new co-chair position, applications are now open. Please contact anna.chalkley@hvl.no and elaine.murtagh@ul.ie for more information.

Ms. Wendel-Vos remarks on the presentation thanking Anna for the updates and for those interested to please contact Anna and Elaine to apply.

2.5.7 Other Working Group Feedback

Ms. Wendel-Vos presents feedback from two working groups who could not participate in the 17th Annual Meeting.

**Working group on HEPA promotion in socially disadvantaged group** lead by Niamh Murphy and Annemarie Wagemakers updated that the WG is planning an online webinar this year.

**Working Group on Active Aging** lead by Katja Borodulin, Liesbeth Preller, and Filip Boen updated that they have prepared a symposium proposal that was accepted for the Nice meeting, under: “Active ageing from theory to practice: success stories from Belgium, Finland, Germany and the Netherlands”.

They are also planning to hold a WG meeting in Nice (2022), where the agenda will include the following points:

- Activities to support WHO healthy ageing decade and newly updated recommendations on physical activity & sedentary behavior
- Preparations for the 2023 HEPA in Belgium with healthy ageing as a potential important theme
- Other relevant themes, including corona-related issues for the aging population.

Lastly, the working group has prepared an Active Aging toolkit with participation from WG members, the toolkit is still a work in progress. Hopefully, it will be published in Nice 2022. Ms. Wendel-Vos closes this section of the meeting and hands over the floor to Anne Vuillemin from University Côte d’Azur, France.

2.6 Information on next conference in Nice 2022

Anne Vuillemin from University Côte d’Azur, Nice, France reports updates on the next year’s conference. The 17th annual meeting and 11th conference HEPA Europe, will be held on 31 August- 2 September 2022 in Nice, France, with the theme of an ecosystem approach to health enhancing physical activity promotion hosted by University Côte d’Azur, France.
Ms. Vuillemin presents the rescheduled conference due dates and new website covering further detailed information: [https://hepaeurope2022.sciencesconf.org/](https://hepaeurope2022.sciencesconf.org/), and key updates on keynote speakers, abstract submissions, and provisional programme.

She further reports that key updates on the conference were provided during the webinar held in April 2021 this year. During the webinar, keynote speakers confirmed their attendance. Plenary sessions will be held by Abby C. King, Audrey de Nazelle, Pr Irene, and Andreas Holtermann.

Ms. Vuillemin cites the total number of submissions and accepted abstracts.

<table>
<thead>
<tr>
<th>Submissions</th>
<th>Accepted</th>
</tr>
</thead>
<tbody>
<tr>
<td>19 Symposia</td>
<td>12 Symposia</td>
</tr>
<tr>
<td>123 Oral</td>
<td>13 Oral Sessions (composed of 7/8 communications)</td>
</tr>
<tr>
<td>37 Oral or Poster</td>
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<tr>
<td>27 Poster</td>
<td>60 Poster</td>
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</tbody>
</table>

Ms. Vuillemin notifies that the new deadlines for submission of abstracts are:

- Poster presentation: open, deadline 1st February 2022.
- Oral presentation: new call depends on the confirmation of the previous submitters (expected October 2021).

Oral presentations are open for revisions upon request. However please mail the request to: lior.saba@mcocongres.com

Ms. Vuillemin stressed the importance to confirm participation to ensure everyone’s place. It is possible to register from now.

Registration for presenters closes: 1 March 2022.

<table>
<thead>
<tr>
<th>HEPA Europe Conference Registration Fees and Deadline</th>
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<tbody>
<tr>
<td>Registration Open</td>
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<tr>
<td>Until 31 March 2022</td>
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<tr>
<td>From 1st May 2022</td>
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<tr>
<td>Students*</td>
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<td>One day fee</td>
</tr>
</tbody>
</table>

* Undergraduate and master students only

Ms. Vuillemin declares that she is looking forward to welcoming all participants next year and if anyone has questions to contact her. She further thanks the Belgium colleagues for their acceptance to postpone their conference for another year. Next, Ms. Wendel-Vos comments on the continued efforts required to rescheduling for two years and greatly appreciates Ms. Vuillemin’s efforts.
2.7 Closing remarks

Ms. Wendel-Vos takes the floor for closing remarks, thanking everyone for their participation and highlights the issue of emails bouncing back, and for those participating in the meeting to assist the STC in reconnecting with the main contact of the institution or providing the correct email address.

Next, Ms Wendel-V kindly thanks the Steering Committee members stepping down from their role on the committee; Tommi Vasankari – VC, UKK Institute, Finland, Andrea Backović Juričan, Natl. Inst. of Public Health, Slovenia, Winfried Banzer, Olympics Sports Confederation, Germany, Niamh Murphy, Waterford Inst. Technology, Ireland, Narcis Gusi, University Extremadura, Spain, and Willem van Mechelen, Amsterdam Public Health, the Netherlands. She states that it has been a pleasure working together over the years and hopes everyone will be able to meet during the conference in Nice and have a face-to-face farewell.

Ms. Chalkley takes the floor on behalf of the Network to thank Ms. Wendel-Vos for her commitment and dedication to the network as Chair. Emphasising that her leadership has strengthened the collaboration with WHO/Europe and help grow the network. Furthermore, the network is happy to have her as vice chair to continue her longstanding work in strengthening the network and its potential.

Ms. Wendel-Vos thanks the STC family for putting up with her for more than a decade and wishes good luck to the new STC Members and looks forward to seeing everyone in Nice in 2022.

She proceeds to close the meeting and say farewell to her position as chair of the network from 2017-2021.

Ms. Wendel-Vos on behalf of HEPA Europe thanked all participants for their active participation and availability to meet today given the circumstances. She additionally thanked the Steering Committee, the WHO Regional Office for Europe, the working groups and project leaders.

Meeting closed.
3. Annex

Annex 1: Detailed programme of the meeting

HEPA Europe Annual Meeting 2021

PROGRAMME

Friday, 3 September 2021

14:00-14:05 Opening and welcome
Wanda Wendel-Vos, Chair HEPA Europe

14:05-14:15 Welcome and update from WHO
Kremlin Wickramasinghe, WHO European Office for the Prevention & Control for NCDs

14:15-14:20 Information on new applications for membership
Wanda Wendel-Vos, Chair HEPA Europe

14:20-14:30 Elections of the Steering Committee
Wanda Wendel-Vos, Chair HEPA Europe

14:30-14:35 Input from Early Career group
Anna Chalkley

14:35-14:45 Input from Working Groups
Working group leaders

15:10-15:20 Information on next conference in Nice 2022
Anne Vuillemin, Université Côte d’Azur, Nice, France

15:20-15:30 Closing remarks
Wanda Wendel-Vos, Chair HEPA Europe
Annex 2: List of member institutions of HEPA Europe

- Abruzzo Regional Committee of the Italian Union of Sports for All (UISP)
- Active Cheshire, United Kingdom
- Active Living Association, Istanbul, Turkey
- Agaplesion Bethesda Hospital Ulm, Germany
- Artevelde University College Ghent, Belgium
- ASD Margherita Sport e Vita (MSV BASKET), Italy
- Austrian Health Promotion Foundation, a division of the Gesundheit Österreich GmbH, Vienna, Austria
- Austrian Mobility Research FGM-AMOR, Austria
- Babes-Bolyai University, Cluj-Napoca, Romania
- Baltic Region Healthy Cities Association, Finland
- Bradford Institute for Health Research, Born in Bradford birth cohort, United Kingdom
- British Heart Foundation National Centre (BHFNC) for Physical Activity and Health, School of Sport and Exercise Science, Loughborough University, United Kingdom
- Brno University of Technology, Centre of Sport Activities, Brno, Czech Republic
- Bursa Youth and Sports Provincial Directorate, Turkey
- Cardiff Metropolitan University, United Kingdom
- Catholic University, Faculty of Medicine, Centre for the Study and Therapy of Obesity, Rome, Italy
- Cavill Associates, Stockport Cheshire, United Kingdom
- Centre for Health, Sport University of Cologne, Germany
- Centre for Health, Exercise and Sport Sciences, Belgrade, Serbia
- Centre for Health Information Research and Evaluation (CHIRAL), School of Medicine, Swansea University, United Kingdom
- Centre for Primary Health Care Research (CPF), Lund University, Sweden
- Centre of Population Approaches for Noncommunicable Disease Prevention, University of Oxford, United Kingdom
- Centre for Public Health, School of Medicine, Queen’s University Belfast, United Kingdom
- Centre for Sport and Exercise Research, Staffordshire University, United Kingdom
- Centre for Transport Studies, University College London, United Kingdom
- Centre of research and evaluation (CEVAS), Rome, Italy
- Children's University Hospital, Department of Physiotherapy, Dublin, Ireland
- Clinical Science Institute, National University of Ireland, Galway
- College of Engineering, Swansea University, UK
- COPLEFC, Spain
- Cork Institute of Technology, Ireland
- Coventry University, Department of Biomolecular and Sports Sciences, United Kingdom
- Croatian Association "Sport for All", Zagreb, Croatia
- Croatian Institute of Public Health, Zagreb
- Croatian Sport Medicine Society, Zagreb, Croatia
- Cyprus Sport Organization, Nicosia
- Department of Epidemiology and Public Health, Swiss Tropical and Public Health Institute, Switzerland
- Department of Health, Federal Provincial Government of Catalonia, Barcelona, Spain
• Department of Health, Physical and Social Education, Lithuanian Sports University, Kaunas, Lithuania
• Department of Health Psychology and Methodology Research, Kosice, Slovakia
• Department of Health Sciences, University of Huddersfield, United Kingdom
• Department of Human Movement and Sport Sciences (DISMUS), University of Rome Foro Italico, Italy
• Department of Hygiene and Epidemiology, University of Ioannina, Greece
• Department of Physical Education and Sport Sciences, Democritus University of Thrace, Greece
• Department of Physical Education and Sport Sciences, Faculty of Education and Health Sciences, University of Limerick, Ireland
• Department of Prevention and Health Promotion, University of Bielefeld, School of Public Health, Germany
• Department of Primary Care & Population Health, Physical Activity Research Group, University College London, United Kingdom
• Department of Public Health, Faculty of Medicine, University of Ljubljana, Slovenia
• Department of Sport and Health Sciences, AIT, Ireland
• Department of Sport and Exercise Science, University of Stuttgart, Germany
• Department of Sport Medicine, Norwegian School of Sport Sciences, Oslo, Norway
• Department of Sports Medicine, J.W. Goethe University, Frankfurt, Germany
• Department of Sports Sciences, University Beira Interior, Covilhã, Portugal
• Directorate General for Public Health, Emilia- Romagna Region, Bologna, Italy
• Directorate Public Health, Ministry of Health, Sofia, Bulgaria
• Division of Health Research, Centre for Health Science, University of the Highlands & Islands, Inverness, United Kingdom
• Eddy Engelsman, the Hague, the Netherlands
• Edinburgh Napier University, United Kingdom
• European Centre of Studies and Initiatives (CESIE), Palermo, Italy
• European Lifestyle Medicine Organization (ELMO), Switzerland
• European Network of Active Living for Mental Health (ENALMH), Belgium
• European Physical Education, Glarus, Switzerland
• Faculty for Sport and Physical Education, Niksic, Montenegro
• Faculty of Kinesiology, University of Zagreb, Croatia
• Faculty of Motor Sciences, University of L’Aquila, Italy
• Faculty of Physical Education and Sport Sciences, Semmelweis University, Hungary
• Faculty of Physical Education, University of Rzeszow, Poland
• Faculty of Sport, University of Lorraine, Nancy, France
• Faculty of Sport and Exercise Medicine, Edinburgh, United Kingdom
• Faculty of Sport and Physical Education, University of Sarajevo, Bosnia and Herzegovina
• Faculty of Sport, University of Ljubljana, Slovenia
• Faculty of Sports Sciences, University of Nice Sophia Antipolis (UNS), France
• Faculty of Sports Studies, Masaryk University, Czech Republic
• Federal Office of Public Health, Bern, Switzerland
• Fédération Luxembourgeoise des Associations de Sport de Santé (FLASS), Luxembourg
• FederSwiss Organisation Sport for all, Switzerland
• Finnish Age Institute, Finland
Finnish Olympic Committee, Finland
Finnish Sports Confederation Valo, Helsinki
Fit for Life Program / LIKES Research Center for Sport and Health Sciences, Jyväskylä, Finland
Free University (VU) Medical Center, Department of Public and Occupational Health, Amsterdam, the Netherlands
French Society for Public Health, Laxou, France
Geneva Youth Health Service, Switzerland
Gerlev Physical Education and Sports Academy, Slagelse, Denmark
Greater Glasgow and Clyde NHS Board, Scotland, United Kingdom
Hanze University of Applied Sciences Groningen, Groningen, the Netherlands
Health and Society Academic Unit, University of Wageningen, the Netherlands
Health Service Executive, Health Promotion Department, Ireland
HealthQWest, School of Health and Social Care, Glasgow Caledonian University, United Kingdom
Hellenic Bipolar Organisation, Athens, Greece
HEPA Macedonia, National Organization for the Promotion of Health-Enhancing Physical Activity, Skopje, the former Yugoslav Republic of Macedonia
IASIS NGO, Greece
Ilkka Vuori, Tampere, Finland (individual member)
Institute of Biomedicine, University of Leon, Spain
Institute of Engineering in Health of Lille, France
Institute of Epidemiology, Biostatistics and Prevention, University of Zurich, Switzerland
Institute of Sport Sciences and Clinical Biomechanics, University of Southern Denmark, Odense, Denmark
Institute of Sports and Sports Science, Karlsruhe Institute of Technology (KIT), Germany
Institute of Sports Sciences, University of Lausanne, Switzerland
Institute of Technology Carlow, Ireland
International Health Consulting, Berlin, Germany
Israel Center of Sport Clubs, Ramat Gan
Italian Federation for Aerobics and Fitness (FIAeF), Rome, Italy
Knowledge Centre for Sport, Ede, The Netherlands
Laboratory of Exercise & Sport Psychology Department of Human Kinesiology, Catholic University Leuven, Belgium
League of Fitness Dietitians and Nutritionists, Kiev, Ukraine
Leicester Diabetes Centre, United Kingdom
Luxembourg Institute of Health
Malta Council for Sports
Medical Centre Division Sports and Rehabilitation, Ulm University, Germany
Medical School Hamburg, Germany
Ministry of Health, North Macedonia
Ministry of Health, Rome, Italy
Ministry of Health, Slovenia
Ministry of Health, Welfare and Sport, The Hague, the Netherlands
Ministry of Social Affairs and Health, Helsinki, Finland
Ministry of Sport and Tourism, Warsaw, Poland
Montenegrin Sports Academy
National Board of Health, Copenhagen, Denmark
National Center for Disease Control and Public Health, Tbilisi, Georgia
National Center of Public Health, Kazakhstan
National Institute for Health and Welfare (THL), Helsinki, Finland
National Institute for Public Health and the
Environment (RIVM), Bilthoven, the Netherlands
• National Institute of Physical Education of Catalonia (INEFC), Lleida, Spain
• National Institute of Public Health, Ljubljana, Slovenia
• National Koranyi Institute of Pulmonology, Hungary
• National University of Physical Education and Sport of Ukraine, Kiev, Ukraine
• Natural England, Peterborough, United Kingdom
• Natural Resources Wales, Cardiff Bay, United Kingdom
• NHS Health Scotland, Edinburgh, United Kingdom
• Norwegian Directorate for Health and Social Affairs (SHDIR), Department of Physical Activity, Oslo, Norway
• Norwich Medical School, University of East Anglia, United Kingdom
• Olympics Sports Confederation, Frankfurt, Germany
• Omron Healthcare Europe B.V., Hoofddorp, the Netherlands
• Organisation for Applied Scientific Research (TNO), Quality of Life, Department Physical Activity and Health, Leiden, the Netherlands
• Outdoor Recreation Northern Ireland, United Kingdom
• Paavo Nurmi Centre, Turku, Finland
• Palacký University, Faculty of Physical Culture, Olomouc, Czech Republic
• Panhellenic Association of Physiotherapists (PPTA), Greece
• Partnership for Public Health, Sarajevo, Bosnia and Herzegovina
• Paths to Health, Alloa, United Kingdom
• Pekka Oja, Tampere, Finland (individual member, representing the former HEPA European network, 1996-2001)
• Physical Activity and Health Group, Faculty of Medicine, University of Lisbon, Portugal and Coaching,
• Physical Activity for Health Research Centre (PAHRC), University of Edinburgh, United Kingdom
• Physical activity and Sports Medicine, Division of Physiotherapy, Karolinska Institute, Huddinge, Sweden
• Physical Education Area, University of the Balearic Islands, Palma de Mallorca, Spain
• Play Wales, Cardiff, United Kingdom
• Professional Associations for Physical Activity (YFA), Karolinska Institute, Sweden
• Public Health Institute, Reykjavik, Iceland
• Public Health Wales, Physical Activity Network for Wales, Cardiff, United Kingdom
• Red Branch, Co. Clare, Ireland
• Research & Innovation, University of Copenhagen, Denmark
• Research Centre on Child Motor Development, Verona, Italy
• Research Centre in Physical Activity Health and Leisure, Faculty of Sports Sciences, University of Porto, Portugal
• Research Unit Physical Activity, Ghent University, Belgium
• School of Health and Human Performance, Dublin City University, Ireland
• School of Health and Science, Dundalk Institute of Technology, Ireland
• School of Health Sciences, Örebro University, Sweden
• School of Sport and Exercise Sciences, University of Birmingham, United Kingdom
• School of Sport Sciences and Technology, Hacettepe University, Ankara, Turkey
• Secretary General for Sport, Department of the Vice-Presidency, Federal Provincial Government of Catalonia, Barcelona, Spain
• Special Secretariat for Sports-for-all and Nutrition, Athens, Greece
• Sports Academy, University of Ulster, United Kingdom
• State Research Centre for Preventive Medicine, Ministry of Health, Moscow, Russian Federation
• State Secretariat for Sport, Ministry of Human Resources, Budapest, Hungary
• Steno Diabetes Centre Copenhagen, Denmark
• Superior Sports Council, Sub directorate General for Sports and Health, Madrid, Spain
• Sustrans, Bristol, United Kingdom
• Swiss Federal Office of Sports, Magglingen, Switzerland
• Team Healthy Nutrition and Physical Activity, Flemish Institute of Health Promotion and Disease Prevention, Brussels, Belgium
• Tel-Aviv University, Ramat Aviv, Israel
• The Swedish National Institute of Public Health, Ostersund
• Transport Studies, Oxford University, United Kingdom
• University of Akdeniz, Faculty of Medicine, Department of Family Medicine, Antalya, Turkey
• University of Bradford, Great Britain
• University Center for Interdepartmental Research of Physical Activity CURIAMO, Perugia, Italy
• University Medical Polyclinic, Lausanne, Switzerland
• University College Dublin, School of Public Health, Physiotherapy and Sport Science, Ireland
• University of Erlangen, Institute for Sport Science and Sport, Erlangen, Germany
• University of Extremadura, Rectorate of Caceres, Spain
• University of Foggia, Italy
• University of Gloucestershire, Faculty of Applied Sciences, United Kingdom
• University of Graz, Institute of Sports Science, Austria
• University of Iceland, Department of Physiotherapy, Reykjavik
• University Pierre and Marie Curie Paris6 (UPMC), Hôtel-Dieu Hospital, Department of Nutrition, France
• University of Primorska, Faculty of Health Sciences, Slovenia
• University Ramon Llull, Barcelona, Spain
• University of Tartu, Institute of Sport Science and Physiotherapy, Estonia
• Urho Kekkonen (UKK) Institute for Health Promotion Research, Tampere, Finland
• Waterford Institute of Technology, School of Health Sciences, Ireland
• Welsh Institute of Physical Activity, Health and Sport (WIPAHS), Great Britain
• West Lothian Council Active Schools, Bathgate, United Kingdom
• Willibald Gebhardt Institute, Essen, Germany
• Yoga Union, Slovenia

International member organizations:
• European Non-Governmental Sports Organisation (ENGSO), Paris, France
• International Physical Activity and the Environment network (IPEN), Ghent University, Ghent, Belgium

Observers:
• European Cyclists' Federation (ECF), Brussels, Belgium
• European Health and Fitness Association, Brussels, Belgium
• Fighting Inactivity Committee, European College of Sports and Exercise Physicians (ECOSEP), Thessaloniki, Greece
• International Nordic Walking Federation (INWA), Helsinki, Finland
• Street Games, Manchester, United Kingdom
• Hungarian School Sport Federation, Budapest
• Faculty of Health Sciences, Camilo Jose Cela University, Madrid, Spain

• Progress Health Partnerships, Wigan Lancs, United Kingdom
Annex 3: List of HEPA Europe member meeting participants

The following list includes those who have attended the 17th Annual HEPA Europe meeting on 3 September 2021.

<table>
<thead>
<tr>
<th>Anja Frei</th>
<th>Alexis Lion</th>
</tr>
</thead>
<tbody>
<tr>
<td>University of Zurich, Epidemiology, Biostatistics and Prevention Institute, Switzerland</td>
<td>Luxembourg Institute of Health, Strassen, Luxembourg</td>
</tr>
<tr>
<td><strong>Anne Vuillemin</strong></td>
<td><strong>Aurélie Van Hoye</strong></td>
</tr>
<tr>
<td>University Côte d’Azur, France</td>
<td>Faculty of Sport Sciences, University of Lorraine, France</td>
</tr>
<tr>
<td><strong>Anna Chalkley</strong></td>
<td><strong>Andrea Backović Juričan</strong></td>
</tr>
<tr>
<td>Loughborough University, United Kingdom</td>
<td>National Institute of Public Health, Slovenia</td>
</tr>
<tr>
<td><strong>Dana Abeldinova</strong></td>
<td><strong>Berkant Atasoy</strong></td>
</tr>
<tr>
<td>National Center of Public Health, Kazakhstan</td>
<td>Bursa Youth and Sports Provincial Directorate, Turkey</td>
</tr>
<tr>
<td><strong>Danilo Lamacchia</strong></td>
<td><strong>Bengt Kayser</strong></td>
</tr>
<tr>
<td>Italy</td>
<td>University of Lausanne, Institute of Sport Sciences, Switzerland</td>
</tr>
<tr>
<td><strong>Elaine Murtagh</strong></td>
<td><strong>Catherine Blake</strong></td>
</tr>
<tr>
<td>University of Limerik, Department of Physical Education and Sport Sciences, Ireland</td>
<td>University College Dublin, School of Public Health Physiotherapy and Sports Science, Ireland</td>
</tr>
<tr>
<td><strong>Lia Skhirtladze</strong></td>
<td><strong>Catherine Sharp</strong></td>
</tr>
<tr>
<td>National Center for Disease Control and Public Health, Tbilisi, Georgia</td>
<td>Bristol, United Kingdom</td>
</tr>
<tr>
<td><strong>Greco Spartaco</strong></td>
<td><strong>Kelly Mackintosh</strong></td>
</tr>
<tr>
<td>ASD Margherita Sport e Vita (MSV BASKET), Italy</td>
<td>Welsh Institute of Physical Activity, Health and Sport (WIPAHS), Great Britain</td>
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<tr>
<td><strong>Marie Murphy</strong></td>
<td><strong>Matleena Livson</strong></td>
</tr>
<tr>
<td>University Ulster, Great Britain</td>
<td>Finish Olympic Committee, Finland</td>
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<tr>
<td><strong>Niamh Murphy</strong></td>
<td><strong>Petru Sandu</strong></td>
</tr>
<tr>
<td>Waterford Institute of Technology, Department of Health Sport and Exercise Science, Waterford, Ireland</td>
<td>Babes-Bolyai University, Cluj-Napoca, Cluj, Romania</td>
</tr>
<tr>
<td><strong>Sebastià Mas Alòs</strong></td>
<td><strong>Suzana Pustivsek</strong></td>
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<tr>
<td>National Institute of Physical Education of Catalonia (INEFC), Lleida, Spain</td>
<td>National Institute of Public Health, Slovenia</td>
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<tr>
<td>Sylvia Titze</td>
<td>Sanja Sazdovska</td>
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<tr>
<td>Institute for Movement Sciences, Sport and Health, University of Graz, Austria</td>
<td>Ministry of Health, North Macedonia</td>
</tr>
<tr>
<td>Tena Matolic</td>
<td>Thanos Loules (IASIS NGO)</td>
</tr>
<tr>
<td>University of Zagreb, Faculty of Kinesiology, Croatia</td>
<td>IASIS NGO, Greece</td>
</tr>
<tr>
<td>Wanda Wendel-Vos</td>
<td>Willem van Mechelen</td>
</tr>
<tr>
<td>National Institute for Public Health and the Environment (RIVM), Bilthoven, The Netherlands</td>
<td>Free University (VU) Medical Centre Amsterdam - Department of Public and Occupational Health, Netherlands</td>
</tr>
</tbody>
</table>

**WHO Regional Office for Europe Attendees**

**Kremlin Wickramasinghe**
Nutrition, Physical Activity and Obesity  
WHO European Office for Prevention and Control of Noncommunicable Diseases

**Stephen Whiting**
Nutrition, Physical Activity and Obesity  
WHO European Office for Prevention and Control of Noncommunicable Diseases

**Aram Babayan**
WHO European Office for Prevention and Control of Noncommunicable Diseases

**Keeva Duffey**
Nutrition, Physical Activity and Obesity  
WHO European Office for Prevention and Control of Noncommunicable Diseases

**Adriana Pinedo**
Nutrition, Physical Activity and Obesity  
WHO European Office for Prevention and Control of Noncommunicable Diseases

**Kakha Gvinianidze**
WHO Country Office, Georgia
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**WHO European Office for the Prevention and Control of Noncommunicable Diseases**

9, Leontievsky pereulok  
125009 Moscow, Russian Federation  
Tel.: +7 (495) 7872117  
Email: NCDoffice@who.int  
Website: www.euro.who.int/en/NCDoffice