Community home-based prevention of disability due to lymphatic filariasis

Man washing his leg with soap and water
Man being taught how to clean between the folds
Woman being helped to wash her leg
Man drying his leg
Man drying between the toes
Man drying between the folds
Woman elevating her leg while working
Man elevating his leg while working
Man elevating the leg while playing
Woman elevating the leg while breastfeeding her baby
Elevation of the leg by putting a pillow under the mattress
Elevation of the leg in bed

Exercise 1: rising up and down on your toes
Exercise 2: flexing the foot and making circles with the ankle

Woman suffering from acute attack
Cooling the leg during acute attack
Sufferer of acute attack taking tablets for fever
Applying antiseptic cream/ointment prescribed by a doctor or nurse

Further information can be obtained from the CDS Information Resource Centre.
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