

*This report contains the collective views of an international group of experts and does not necessarily represent the decisions or the stated policy of the World Health Organization.*

WORLD HEALTH ORGANIZATION  
TECHNICAL REPORT SERIES

No. 149

JOINT FAO/WHO  
EXPERT COMMITTEE ON  
NUTRITION

Fifth Report

	Page
1. Introduction . . . . .	3
2. Staffing changes . . . . .	5
3. Joint conferences and committees . . . . .	5
4. Nutrition services . . . . .	7
5. Requirements for calories . . . . .	8
6. Requirements for proteins . . . . .	9
7. Food consumption and planning . . . . .	10
8. Supplementary feeding . . . . .	14
9. Food technology . . . . .	16
10. Food additives . . . . .	18
11. Protein malnutrition and preventive measures . . . . .	19
12. Beriberi . . . . .	25
13. Pellagra . . . . .	27
14. Endemic goitre . . . . .	28
15. Nutrition and anaemia . . . . .	29
16. Nutritional disorders of the eye with special reference to avitaminosis A . . . . .	32
17. Nutrition and infection . . . . .	35
18. Criteria for assessing the state of nutrition and food consumption of population groups . . . . .	37
19. Diet and atherosclerosis . . . . .	38
20. Education and training in nutrition . . . . .	40
21. Nutrition in maternal and child health programmes . . . . .	46
22. Anthropometry applied to nutrition . . . . .	49
23. Calcium intakes and strontium 90 . . . . .	49
24. Organization and evaluation of programmes . . . . .	51
Annex. FAO Technical Assistance Programme in nutrition and food technology . . . . .	53

WORLD HEALTH ORGANIZATION

PALAIS DES NATIONS

GENEVA

1958