Module 1

Video 2: What is disability?
Disability is present in all communities across **low-, middle-** and **high-income** countries

15% of the global population (**1 in 7 people**) have a **disability**

Women, **older people** and **poor people** are more likely to have a disability

20% of the **poorest people** in developing countries have a disability

Everyone will **experience conditions** that contribute to disability at some point in their lives
United Nations Convention on the Rights of Persons with Disabilities (UNCRPD)

First global legally binding instrument to **uphold rights of people** with disability
Defines disability as:

"the interaction between persons with impairments and attitudinal and environmental barriers that hinder their full and effective participation in society on an equal basis with others"
What is disability?

The International Classification of Functioning, Disability and Health (ICF)
ICF definitions:

**Impairment** = problems in body function or structure (e.g. physical, vision, hearing)

**Activity limitations** = difficulties in completing an everyday task or action (e.g. walking, eating)

**Participation restrictions** = problems experienced in engaging in everyday life situations (e.g. school, work, community activities)
Example using ICF

**Health condition**
Cerebral Palsy

**Body Functions & Structure**
Poor control of movement of limbs, trunk and mouth

**Activity Limitations**
- Walking
- Eating
- Speaking
- Catching a ball

**Participation Restrictions**
- School
- Family meals
- Church
- Sports

**Environmental Factors**
Inaccessible transport and buildings, community attitudes, poor family

**Personal Factors**
Age, gender, past experience (e.g. access to therapies, education, stimulation)
What is disability?

Summary

The ICF and UNCRPD recognize that disability is the interaction between impairments arising from a health condition and a person’s social and physical environment.
Step 5: Activity: What is disability?

Step 6: Activity: Identifying barriers in the patient’s journey