Module 1

Video 1: Why is disability inclusion important?
Why disability inclusion in health?

15% of the world’s population has some form of disability.

This number is growing due to NCDs, ageing, road traffic accidents and injury from conflicts.

Health services need to meet the needs of this growing population.

People with disability have the same right to health and to access health-care services as all other people.

Is necessary in achieving universal health coverage and SDG 3 – To ensure healthy lives and promote well-being for all at all ages.

Benefits the whole community – Increased coverage and effectiveness of health programmes; better health services for all.
People with disability... have the **same general health needs** as people without disability.

E.g. disease prevention, health promotion, treatment of illness and injury, palliative care.
Disability and health

People with disability...

May need health services for reasons related to their disability

E.g. rehabilitation, nutrition, wound care, orthopaedic management
People with disability...

Are at greater risk of **comorbid or secondary conditions** requiring health care
Disability and health

People with disability...

Are more likely to have **worse health outcomes**
People with disability...

Are more likely to have **unmet health-care needs** and be **excluded** from health services and health promotion activities.
Barriers to health services for people with disability

1. Attitudinal barriers
   - Stigma and discrimination; lack of knowledge and training of health workers; lack of inclusive policies; lack of inclusion in planning and decision-making

2. Physical barriers
   - Location of health services; lack of accessible transport; poor access to buildings, toilets, consulting rooms and furniture

3. Communication barriers
   - Lack of alternative formats of health information; use of jargon; poor signage

4. Financial barriers
   - Direct and indirect costs of accessing health care can be catastrophic for many people with disability
Step 3: Activity: Barriers to health care