Training course on the inpatient management of severe acute malnutrition: Module 7. Involving mothers in care

Web Annex.

Sample discharge card

<table>
<thead>
<tr>
<th>Date</th>
<th>Place</th>
<th>Weight</th>
<th>Height</th>
<th>% Wt for age</th>
</tr>
</thead>
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**Instructions for Feeding at Home**

**What to feed?**

- Include recipe if needed

**How much and how often?**

**Medications and Supplements**

- Give once daily

**Give: drops**

- Multivitamin preparation with food

**Give 1 tablet twice daily for 1 month**

**Other:**

**Next immunization**

**Vitamin A:**

- Bring child for a dose every six months

**Next dose vitamin A:**

- Include date if needed

**Immunizations Given**

- Include dates if needed

**Danger Signs - Bring child for immediate care if:**

- Diarrhea more than 3 times a day
- Fever
- Difficulty breathing
- Swelling in legs
- Puffy eyes

**Come for scheduled follow-up visits**

<table>
<thead>
<tr>
<th>Date</th>
<th>Place</th>
<th>Reason for Visit</th>
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</table>

**Page 1**
BCG: Bacillus Calmette–Guérin vaccine; DPT: diphtheria-pertussis-tetanus vaccine; OPV: oral poliomyelitis vaccine.

WHO/HEP/NFS/21.15
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