INTERESTED IN HEALTHY CITIES?

Learn all about Healthy Cities. Here are some of the major documents obtainable from WHO:


Join a Healthy City network and receive the network newsletter, by contacting your Healthy City Coordinator at your nearest WHO Regional Office:

WHO Regional Office for Africa
P.O. Box No 6, Brazzaville, Congo.
Fax: (242) 83 94 00 or 01.

WHO Regional Office for the Americas/Pan American Sanitary Bureau
525 23rd Street NW, Washington, DC 20037, USA. Fax: (1) 202 223 5971.

WHO Regional Office for the Eastern Mediterranean
P.O. Box 1517, Alexandria 21511, Egypt.
Fax: (203) 483 8916.

WHO Regional Office for Europe
8 Scherfigsvej, DK-2100 Copenhagen Ø.
Fax: (45) 39 17 18 18.

WHO Regional Office for South-East Asia
World Health House, Indraprastha Estate, Mahatma Gandhi Road, New Delhi 110002, India.
Fax: (91) 11 331 8607/332 7972.

WHO Regional Office for the Western Pacific
P.O. Box 2932, Manila 1099, Philippines.
Fax: (632) 521 3036/526 0279.

Eleven European cities started working together in 1986 to create new approaches to public health that were grounded in the principle of Health for All. Stemming from this beginning, the global Healthy Cities movement has flourished and prospered under the leadership of WHO. More and more cities are joining in the drive to promote the health and improve the quality of the life of their citizens. This page offers practical suggestions on how a city can create its own project, with a view to becoming a Healthy City.

TWENTY STEPS TO DEVELOP A HEALTHY CITY PROJECT

Taking Action
1. Increase health awareness
2. Advocate strategic planning
3. Mobilize intersectoral planning
4. Encourage community participation
5. Promote innovation
6. Secure healthy public policy

Getting Organized
7. Appoint a committee
8. Link health status to living conditions
9. Define project work
10. Set up an office
11. Plan strategy and develop a city health plan
12. Build capacity
13. Establish accountability

Getting Started
14. Build a support group
15. Understand ideas and health – environment links
16. Know the city
17. Identify potential project partners
18. Decide on the organization
19. Prepare a proposal
20. Get approval