



WHO recommendations
**non-clinical
interventions to
reduce unnecessary
caesarean sections**

Web annex 1:
**Strategies to reduce
caesarean sections
identified in
the scoping review**



**World Health
Organization**

The guideline recommendations are available at
<http://www.who.int/reproductivehealth>

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INTERVENTIONS	NUMBER OF STUDIES
EDUCATIONAL INTERVENTIONS	
Education of health professionals	10
Education of women in pregnancy	9
Education of the community	2
MANAGEMENT OF LABOUR INTERVENTIONS	
Continuous support in labour	22
Implementation of intrapartum care guidelines	21
Active management of labour	15
Specific physical ambiance during labour/delivery	5
Systematic X-ray pelvimetry in women with previous caesarean	1
Non-pharmacological pain relief	1
Computer-generated partogram	1
REGULATORY/ADMINISTRATIVE INTERVENTIONS	
Audit and feedback	16
Peer review	10
Goal setting for caesarean rates	4
Mandatory second opinion for caesarean indication	3
Financial incentives	2
Public dissemination of caesarean rates	2
24-hour in-house physician coverage	1
Opinion leaders to encourage guideline use	1
OTHERS	
Midwife-led continuity-of-care model	15
Exercise in pregnancy	6
Hospital quality improvement programme	4