

# HEALTH WORKFORCE REQUIREMENTS FOR UNIVERSAL HEALTH COVERAGE AND THE SUSTAINABLE DEVELOPMENT GOALS

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# HEALTH WORKFORCE REQUIREMENTS FOR UNIVERSAL HEALTH COVERAGE AND THE SUSTAINABLE DEVELOPMENT GOALS

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# **Abbreviations**

AEGR average exponential growth rate
DALY disability-adjusted life-year
DEA data envelopment analysis
DTP3 diphtheria—tetanus—pertussis
GHE Global Health Estimates

GHWA Global Health Workforce Alliance

ICT information and communications technology

ILO International Labour Organization

IV instrumental variable

MDG Millennium Development Goal

**OECD** Organisation for Economic Co-operation and Development

SDG Sustainable Development Goal SEM simultaneous equation method WHO World Health Organization

# Glossary

Demand. The number of health workers that the health system (both public and private) can support in terms of funded positions or economic demand for services. Demand correlates with the economic capacity of a country, with higher levels of resource availability resulting in greater demand for health services and thus for health workers to provide them.

**Health workers**. All people engaged in actions whose primary intent is to enhance health.

**Need.** The number of health workers required to attain the objectives of the health system. There are various approaches to calculating this number — for example, it is sometimes estimated based on a threshold of minimum availability of health workers to address priority population health issues, or in relation to the specific service delivery profile and requirements of a health system. "Need" for health workers is defined in this analysis as the number of health workers required to meet the threshold defined within this paper.

**Needs-based shortage.** The situation in which the number of health workers needed to meet population health needs exceeds the available supply of health workers.

**Supply.** The number of health workers that are available in a country. Future supply can be estimated taking into account a variety of parameters, including education capacity, attrition and retention.

# **Executive summary**

#### Introduction

A health workforce of adequate size and skills is critical to the attainment of any population health goal. However, countries at all levels of socioeconomic development face, to varying degrees, difficulties in the education and training, deployment, retention and performance of their health workforce.

The World Health Organization (WHO) Global Strategy on Human Resources for Health: Workforce 2030 sets out the policy agenda to ensure a workforce that is fit for purpose to attain the targets of the Sustainable Development Goals (SDGs). This background paper analyses the quantitative implications of and requirements for its implementation.

#### **Methods**

Twelve key population health indicators identified by WHO and the World Bank as proxies of health needs for universal health coverage and the health targets of the SDGs were selected: family planning, antenatal care coverage, skilled birth attendance, DTP3 (diphtheriatetanus-pertussis) immunization, tobacco smoking, potable water, sanitation, antiretroviral therapy, tuberculosis treatment, cataract surgery, diabetes, and hypertension treatment. Building on previous approaches for estimating minimum thresholds of health worker requirements, a number of health workers estimated to be needed to achieve the median level of attainment (25%) for a composite index comprising the 12 selected indicators above, weighted according to the global burden of disease, was derived through regression analysis. Current and projected future needs for health workers were computed on the basis of this threshold, and compared with the (current and future) stock of health workers on the basis of data from the WHO Global Health Observatory to estimate needs-based shortages.

#### **Results**

The resulting "SDG index threshold" of 4.45 doctors, nurses and midwives per 1000 population was identified as an indicative minimum density representing the need for health workers.

In 2013 (latest available data) the global health workforce was over 43 million. The supply projections, based on current trends and under the assumptions made in the model, point to a significant growth (55%) leading to an aggregate number by 2030 of 67.3 million health workers.

Globally, the needs-based shortage of health care workers in 2013 is estimated to be about 17.4 million, of which almost 2.6 million are doctors, approximately 9 million are nurses and midwives, and the remainder represent all other health worker cadres. The largest needs-based shortages of health workers are in South-East Asia at 6.9 million and Africa at 4.2 million. The shortage in absolute terms is highest in South-East Asia due to the large populations of countries in this Region, but in relative terms (i.e. taking into account population size) the most severe challenges are in the African Region. The global needs-based shortage of health care workers is projected to be still more than 14.5 million in 2030 (a decline of only 17%).

#### Limitations

In contextualizing and correctly interpreting the findings of these analyses, it is necessary to acknowledge important limitations.

- The development of global estimates of needs has to rely on some level of standardization of the model specifications and its underlying assumptions, while the actual picture may be more varied across and within countries.
- The model assumes that the ratios between numbers of physicians, nurses/midwives and other health workers will follow recent trends. A renewed focus on a more diverse skills mix and a greater role for community health workers in some settings may conversely result in an increase of these relative to the number of nurses/midwives and physicians in future.
- Estimates are based on health workforce data reported by countries to WHO. Due to differences in definitions of health workers and multiple possible sources of data, for some countries health workforce data reported in other databases may differ significantly from the data used by WHO for this analysis.

 While efforts were made to collect the best available evidence to inform the analysis, it was not possible to find a strong empirical basis for every variable in the modelling strategy adopted. In such instances, expert knowledge informed the modelling.

#### Interpretation

By including coverage of noncommunicable diseases in the SDG index, this analysis represents a step forward in terms of identifying health workforce requirements for universal health coverage and the SDGs. The identification of a higher threshold of minimum health workforce availability requirements resulted in greater needs (and needs-based shortages) than all previous estimates. This increase reflects the staffing needed to deliver a more comprehensive range of health services and a transition to people-centred integrated health care.

Current trends of health worker production and employment will not have sufficient impact on reducing the needs-based shortage of health care workers by 2030, particularly in some countries: in the African Region the needs-based shortage is actually forecast to worsen between 2013 and 2030, while it will remain broadly stable in the Eastern Mediterranean Region.

On current trends, by 2030 some parts of the world would face a substantial and widening mismatch between the number of health workers needed to provide essential services (need), the availability of health professionals (supply) and the countries' capacity to employ them (demand): in the African Region, where many countries are

confronted with fiscal space challenges, a modest growth in the capacity to employ workers is likely to lead to a shortage based on economic demand, with the overall supply of health workers remaining constrained. Both demand and supply will, however, fall short of population needs.

Greater investments will be required in these contexts to boost market-based demand and supply, and to align them more closely with population health needs.

#### Conclusions and recommendations

These projections and simulations should be understood as a note of caution against complacency. Maintaining the status quo in health worker production and employment is expected to result in too slow a progress (or even a worsening gap, especially in countries that are already lagging behind in their health outcomes) and continuing global imbalances. Substantial efforts are required in the "recruitment, development and training and retention of the health workforce in developing countries" to better align health workforce production and deployment to population needs.

Improving the availability of health workers should be accompanied by corresponding efforts to enhance their distribution, accessibility, performance and productivity. There is potential for greater efficiency in the health workforce by adopting a more diverse and sustainable skills mix geared to service delivery models emphasizing the primary health care approach.

### 1. Introduction

Health systems can only function with health workers; improving health service coverage and health outcomes depends on a fit-forpurpose and fit-to-practise health workforce (1). The need for health workers globally is expected to grow significantly in the coming decades as a result of a confluence of factors, including population growth, ageing, changing epidemiology and new technologies. On the horizon are new challenges, including increased prevalence of noncommunicable diseases that require a lifetime of care and management; meeting the health needs of adolescents in "youth bulge" countries; and building resilient public health systems everywhere that can respond quickly and flexibly to epidemics such as Ebola or Middle East respiratory syndrome, as well as contributing to the progressive realization of universal health coverage (2). Efforts to scale up essential interventions to achieve the health-related targets of the Sustainable Development Goals (SDGs) and universal health coverage are likely to be thwarted by insufficient availability of health workers in low- and middle-income countries.

The new World Health Organization (WHO) Global Strategy on Human Resources for Health: Workforce 2030 (the Global Strategy) examines the contemporary evidence and provides policy options and recommendations for transformative actions to effectively tackle the most significant health workforce challenges in the decades to come (3). This background paper was commissioned to inform the Global Strategy by examining and quantifying the health workforce needs for this ambitious agenda. More specifically, it attempts to contribute to the evidence base to address the following policy question:



In the context of the transition from the Millennium Development Goals (MDGs) to the SDGs, what are the needs (and the corresponding shortage) of health workers now, and what will they be in 2030 if present trends continue?

The purpose of this report is to help inform countries and the global community in developing appropriate, sustainable and cost-effective strategies to eliminate needs-based shortages. This analysis recognizes that health workforce availability in adequate numbers is only a precondition to effective service coverage: equally important are other attributes of the health workforce, including its *accessibility, the acceptability* of the care it provides, and its *quality* and performance (1).

# 2. Overview of methodology

This analysis was conducted according to a sequential approach, which entailed:

- 1. development of a novel approach to estimate health worker needs in 2013 and forecast to 2030;
- 2. estimation of the current (2013 data) stock of health workers, and projections to 2030 on current trends;
- 3. calculation of the needs-based shortage of health workers in 2013 and forecast of the same to 2030.

#### 2.1 Scope

The relevance of this analysis applies to the health workforce at large. The quantitative estimates on which it is based are disaggregated according to three subgroups: "physicians", "nurses/midwives", and "other cadres". For the purpose of this report, "other cadres" refers to the seven other cadres of health workers in the WHO Global Health Workforce Statistics database: dentistry personnel, pharmaceutical personnel, laboratory health workers, environment and public health workers, community and traditional health workers, health management and support health workers, and other health workers (which include "medical assistants, dieticians, nutritionists, occupational therapists, medical imaging and therapeutic equipment technicians, optometrists, ophthalmic opticians, physiotherapists, personal care workers, speech pathologists and medical trainees") (4). The report presents findings according to WHO regional groupings of countries and according to the World Bank-defined income groupings of countries. The estimates refer to health workers in both the public and private sectors.

# 2.2 Identification of health worker needs to meet universal health coverage and SDG-related targets

The first step in the analysis was to identify a minimum threshold of health worker numerical availability in relation to health targets in the SDGs. We chose to base the threshold on the sum of doctors and nurses/midwives per 1000 population. This was done for two reasons: (a) to be consistent with the health worker threshold from the 2006 World health report and previous research; and (b) due to the lack of adequate data on the numbers of other cadres of health workers. We recognize that other health workers are critical to the cost-effective delivery of quality health services and we include them in our analyses through a fixed ratio. The analysis was informed by earlier research on the identification of health workforce needs (5–9), as well as by an alternative methodology based in a broader social protection approach to estimate health workforce requirements to attain universal health coverage developed by the International Labour Organization (ILO) (10, 11). The approach used for this analysis, however, marks a departure from prior work in that it represents an entirely novel methodology that identifies health worker minimum availability in relation to attaining high coverage of selected health services used as tracer indicators for universal health coverage (see Annex 1 for details). In developing empirical estimates of minimum requirements of health workers, alternative methodological approaches have been tested.

The approach used in the base case scenario resulted in the identification of an *SDG composite index threshold,* consisting of the estimated number of skilled health workers needed to reach the minimum proportion of achievement of high coverage (defined as 80% or above) for 12 selected health indicators linked to the health SDG. The minimum proportion of achievement was set to correspond

with the median rank of all countries in achievement of the 12 tracers: family planning, antenatal care coverage, skilled birth attendance, DTP3 (diphtheria—tetanus—pertussis) immunization, tobacco smoking, potable water, sanitation, antiretroviral therapy, tuberculosis treatment, cataract surgery, diabetes, and hypertension treatment (see also Figure 1). These indicators had been identified as tracers for universal health coverage in the joint WHO-World Bank 2015 universal health coverage monitoring report, and were adopted for the purpose of this analysis (12). Their relative importance to the development of the SDG index was determined on the basis of the contribution of the diseases to which they refer to the global burden of disease. The value of the SDG composite threshold thus identified was determined to be 4.45 doctors, nurses and midwives per 1000 population.

The second approach to identifying a threshold is a *simultaneous* equation method (SEM), which is better suited to reflect that health workers typically would jointly cover several of the above health services. Coverage data limitations, however, only allowed this technique to be applied to three indicators: sanitation, DTP vaccine coverage, and four antenatal care visits, using as instrumental variables country factors, including availability of fresh water (for sanitation), country latitude (for DTP), and adolescent fertility rate (for antenatal care). We estimated equations that simultaneously

solved the thresholds, resulting in values of 3.99 (sanitation), 0.6 (DTP), and 2.97 (antenatal care) doctors, nurses and midwives per 1000 population. The antenatal care threshold of 2.97 skilled health workers per 1000 population was selected as the value for the SEM threshold, given the weak theoretical and empirical link between health worker availability and sanitation coverage.

The third threshold uses *data envelopment analysis (DEA)*, which derives an efficiency score based on attaining the greatest rate of coverage for SDG tracer indicators per health worker density. Of the 192 countries with sufficient data to contribute to DEA, the 20 most efficient countries yielded a DEA threshold of 2.56 doctors, nurses and midwives per 1000 population.

These different estimates, together with previous ones – described in Box 1 – illustrate the variability in results by applying different conceptual and methodological approaches. Given that data limitations restricted the applicability and evidence base of the SEM model to few services and of the DEA model to few countries, the results obtained through these approaches could not be regarded as representative of countries at large. For these reasons, the estimate based on the SDG index (4.45 doctors, nurses and midwives per 1000 population) was chosen as a basis for the remainder of the analysis.

#### Box 1. Prior thresholds for health worker needs

The 2006 *World health report* identified a minimum health worker density of 2.3 skilled health workers (physicians and nurses/ midwives) per 1000 population, which was considered generally necessary to attain high coverage (80%) of skilled birth attendance. For nearly 10 years, the 2.3 workers per 1000 threshold has galvanized support and enabled policy-makers and advocates to push for goals and countries to measure their progress. However, this threshold has its limitations in the SDG era: it is based on a single health service (assisted deliveries) that is provided episodically, and its focus is on maternal and newborn health, whereas the SDG agenda refers to a broader range of services, including noncommunicable diseases.

To reflect the broader nature of universal health coverage, the ILO has developed an alternative method to identify a minimum threshold of health worker availability, rooted in an approach that identifies vulnerable countries in terms of their social protection systems and outcomes. Based on this approach, reflected in the *World social security report 2010–2011 (13)* and in a background paper for the 2010 *World health report*, the threshold, termed as a "staff access deficit indicator", identified a minimum workforce availability of 3.4 skilled health workers per 1000 population. This value has subsequently been updated to 4.1 per 1000 *(11)*. The ILO approach, while linked more explicitly to the policy ambition of universal health coverage in the context of broader social protection, does not have a direct empirical link with health service coverage.

Other similar thresholds exist. For instance, a value of 5.9 skilled health professionals (midwives, nurses and physicians) per 1000 population was identified as the workforce requirement for the Ending Preventable Maternal Deaths initiative, which entails reducing global maternal deaths to 50 per 100 000 live births by 2035 (14).

# 2.3 Estimated current and forecasted supply of health workers

To estimate each country's current stock of health workers, we retrieved health workforce figures from the WHO Global Health Observatory. Yearly workforce density data were obtained from the WHO Global Health Observatory database for 210 countries and territories. We used 2013 as the base year and used the most recent year of data available for each country. For each country, we calculated the population density of physicians and nurses/midwives for the most recent year for which there were data and adjusted the number to the 2013 populations of these countries. For countries with missing data on health workers (i.e., no values since 2008), we imputed numbers of physicians and nurses/midwives based on average density of physicians and nurses/midwives for each of the four World Bank-designated income groups.

Next, we used available "other cadres" data to estimate, for each World Bank-defined income level, a cadre multiplier that, when multiplied by the total number of physicians and nurses/midwives in that country, provides the estimate of "all other cadres" supply. This process yielded the following "other cadres" multipliers: high income (0.373), upper middle income (0.406), lower middle income (0.549), and low income (0.595).

Supply of health workers was calculated at the country level and aggregated and reported by WHO region and World Bank income group.

The supply of physicians and nurses/midwives was projected to 2030 based on historical data on the increase in densities of physicians and nurse/midwives in each country. To forecast supply, a linear growth rate model was adopted, which assumes that the historical growth rate of physicians and nurses/midwives per capita for each country will continue into the future at the same rate each year; this was

done to avoid underestimating future supply and, as a consequence, overestimating future shortages (see Annex 2 for more details).

#### 2.4 Current and forecasted needsbased shortages of health workers

We used the three thresholds developed in the sections above (SDG composite index, SEM, and DEA) to determine the magnitude of health worker needs-based shortages, taking into account projected population and health workforce growth (15). United Nations projected population growth numbers were used to estimate the former (16), while the forecasted supply of health workers to 2030 was computed through step 2 described above.

We built scenarios to take account of different country contexts and trends. The magnitude of the needs-based shortage of health workers was calculated at the country level and aggregated and reported by WHO region and World Bank income group for each of the different thresholds (see Annex 3).

# 2.5 Estimating annual average exponential growth rates to overcome needs-based shortages

To assess the feasibility of overcoming needs-based shortages in countries with a value of health worker density below the SDG index value of 4.45 skilled health workers per 1000 population, we calculated the annual average exponential growth rate (AEGR) in supply that would be needed to reach the SDG threshold by 2030. AEGR growth rates were calculated using the formula [ln(n2030/s2013)-ln(s2030/s2013)]/(2030-2013).

Consistently with prior analysis (1), we categorized the level of growth required as low (less than 1%), solid (between 1% and 4.9%), very solid (between 5% and 9.9%) and extraordinary (AEGR greater than 10%).

## 3. Results

### 3.1 A novel SDG-based estimate of health worker needs

The 2006 World health report developed a method for estimating health worker needs that was based on the density necessary to achieve 80% coverage of essential health services (such as births with a skilled health worker and immunization), finding that a health worker density of 2.3 skilled health workers (physicians and nurses/midwives) per 1000 population was generally necessary to attain high coverage.

Applying a similar logic, but extending it to a broader range of health services that the SDG agenda requires, we designed a new "SDG index threshold" based on 12 selected tracer indicators, which include noncommunicable diseases; reproductive, maternal, newborn and child health; and infectious diseases (Table 1). Figures 1 and 2 graphically show the results of the methodology that was implemented in this analysis to determine the needs-based target for "skilled health workers". For the purpose of this report, "skilled health workers" refers to physicians and nurses/midwives. The graph is based on an analysis for tracer indicators in the composite SDG index, which were weighted according to their respective contribution to the global burden of disease.

The relationship between skilled health worker density and the selected SDG tracer conditions achieved approximates a log linear relationship (Figure 1). On the vertical access, we show the per cent of all the SDG tracer conditions whose coverage is achieved, and on the horizontal access the number of skilled health workers per 1000 population. The analysis for this graph is derived from the results of 210 countries and territories; however, many countries did not have complete data (see Annex 1 for detailed methodology). The findings indicate that a skilled health worker density of 4.45 per 1000 population corresponds to the median achievement level (Figure 2) – of 25% – of attainment of 80%

Table 1. The 12 selected tracer indicators in the SDG index threshold and their primary classification

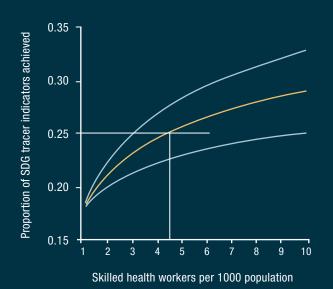
SDG TRACER INDICATOR	CLASSIFICATION
Antenatal care	RMNCH
Antiretroviral therapy	ID
Cataract treatment	NCD
Diabetes treatment	NCD
DTP3 immunization	RMNCH
Family planning	RMNCH
Hypertension treatment	NCD
Potable water	ID
Sanitation	ID
Skilled birth attendance	RMNCH
Tobacco smoking	NCD
Tuberculosis treatment	ID

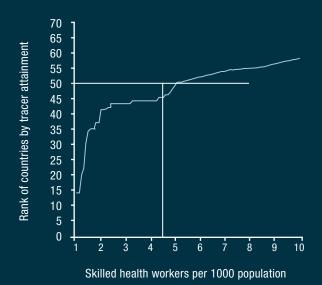
Abbreviations: infectious disease (ID); reproductive, maternal, newborn and child health (RMNCH); noncommunicable disease (NCD).

coverage for the 12 selected SDG tracer indicators. This density level was used throughout the remainder of this analysis to identify needs-based shortages, because the alternative thresholds developed through the DEA and SEM models were more vulnerable to data limitations. SEM would yield plausible estimates only when they were restricted to two or three indicators with minimal missing data. Further, none of the indicators with sufficient data to be included in the SEM methods referred to noncommunicable disease conditions, and therefore did not reflect the addition of noncommunicable diseases in the SDGs compared to the MDGs.

Figure 1. Results from the SDG index composite needs-based method: proportion of 12 selected SDG tracer indicators achieved as a function of health workers per 1000 population (n = 210 countries and territories)

Figure 2. SDG composite method: percentile rank order of countries according to level of 12 SDG tracer indicators achieved (n = 210 countries and territories)





Notes: The yellow curve shows the regression coefficient of health workers; the light blue curves show the upper and lower 95% confidence interval of health workers. Skilled health workers are defined as physicians and nurses/midwives. The SDG tracer indicators were weighted by the global burden of disease each tracer intends to address. The resulting target number is 4.45 skilled health workers that achieve the median score (25%) of SDG tracer indicator attainment for all countries analysed.

Note: Skilled health workers are defined as physicians/nurses/midwives. The SDG tracer indicators were weighted by the global burden of disease each tracer intends to address. The resulting threshold value is 4.45 skilled health workers, which matches the 50th percentile (median) rank of SDG tracer attainment for all countries.

The goal of 25% (0.25) of selected tracer indicators being met was selected because it represents the median level of the SDG index attainment.

Data sources: Authors' calculations based on published WHO data. For detailed methods see Annex 1.

# 3.2 Total numbers of health workers needed to meet the SDG index threshold, estimated for 2013 and forecasted for 2030

We used the SDG-based threshold to estimate the total number of health workers that would be needed in 2013 (just over a total of 46 million) and in 2030 (54 million) if the density of skilled health workers were to correspond to the identified SDG index threshold (Table 2). These figures serve only an illustrative purpose, as many countries (especially upper middle-income and high-income ones) already have a higher density of health workers than the SDG index threshold.

Table 2. Total numbers of health workers needed (total need) to reach the SDG threshold estimated for 2013 and forecasted for 2030 (by income group and WHO region)

	PHYSI	CIANS	NURSES/MIDWIVES OTHER CA		CADRES	TOTAL HEALTH WORKERS			
INCOME	2013	2030	2013	2030	2013	2030	2013	2030	% CHANGE
High	1 612 259	1 704 610	4 058 748	4 291 235	2 115 214	2 236 375	7 786 221	8 232 220	6%
Upper middle	3 069 815	3 354 235	7 728 044	8 444 051	4 386 610	4 793 032	15 184 469	16 591 318	9%
Lower middle	3 274 396	4 088 220	8 243 062	10 291 805	6 323 837	7 895 573	17 841 295	22 275 598	25%
Low	991 190	1 403 036	2 495 252	3 532 045	2 075 236	2 937 510	5 561 678	7 872 591	42%
REGION	REGION								
Africa	1 080 315	1 629 671	2 719 618	4 102 581	2 099 504	3 190 020	5 899 437	8 922 272	51%
Americas	1 229 723	1 411 814	3 095 741	3 554 141	1 743 590	2 007 081	6 069 054	6 973 036	15%
E. Mediterranean	797 180	1 068 102	2 006 845	2 688 871	1 419 049	1 911 927	4 223 074	5 668 900	34%
Europe	1 146 722	1 175 823	2 886 792	2 960 050	1 610 861	1 653 833	5 644 375	5 789 706	3%
South-East Asia	2 382 718	2 811 979	5 998 325	7 078 959	4 612 661	5 450 093	12 993 705	15 341 032	18%
Western Pacific	2 311 002	2 452 713	5 817 784	6 174 532	3 415 232	3 649 535	11 544 018	12 276 780	6%
Total	8 947 661	10 550 101	22 525 105	26 559 136	14 900 897	17 862 489	46 373 663	54 971 726	19%

Data sources: Authors' calculations from WHO Global Health Observatory data.

# 3.3 Estimated current supply of health workers (2013)

In order to calculate the needs-based shortage of health workers according to the SDG index threshold in 2013 and 2030, we calculated the current (2013) number of health workers as well as the forecasted total number of health workers in 2030, using WHO Global Health Observatory 2013 data.

The estimates thus derived indicate (Table 3) that in 2013 (latest available data) the global health workforce was over 43 million. This includes 9.8 million physicians, 20.7 million nurses/midwives, and approximately 13 million other health workers. The global nurse/midwife to physician ratio was 2:1.

A population density analysis of these data shows that Africa and South-East Asia, which are the world's poorest regions and which also have the greatest burdens of preventable disease, have the lowest density of health workers (health workers per 1000 population) (2.2 and 3.3 respectively), and that Europe and the Americas, the wealthiest and healthiest regions, have the greatest density of health workers (14.0 and 9.6 respectively) (Table 4).

There is also a clear gradient by income groups – the physician density varies from 0.3 per 1000 in low-income to 2.9 in high-income

countries (a 10-fold difference), the nurse/midwife density varies from 0.6 per 1000 to 7.1 per 1000 (a 12-fold difference), and the other cadres density varies from 0.5 to 3.8 (an almost 8-fold difference). The total density of health workers ranges from 1.5 per 1000 in low-income countries to almost 14 in high-income countries (a 9-fold difference); the global average density is approximately 6.2 health workers per 1000 population.

These averages however mask important disparities within income groups and regions (Table 5), with a 60-fold difference in minimum and maximum density values in low-income countries and the African Region, and 15–20-fold differences in, respectively, the European Region and high-income countries.

If instead of considering the minimum and maximum values, ranges are defined on the basis of the 25th and 75th percentile (Table 6), the spread is much narrower but substantial nevertheless: the density values for the 25th and 75th percentiles are very similar in high-income countries and relatively close in the European Region, but there is nearly 2-fold difference in density across other income groups and in the South-East Asia Region, a 3-fold difference in the African Region, and a nearly 4-fold difference in the Region of the Americas and the Eastern Mediterranean Region, and for the world as a whole.

Table 3. Workforce supply in 2013

	PHYSICIANS	NURSES/MIDWIVES	ALL OTHER CADRES	TOTAL HEALTH WORKERS
INCOME	2013	2013	2013	2013
High	3 725 300	9 102 000	4 784 314	17 611 614
Upper middle	3 880 669	6 603 520	4 259 087	14 743 276
Lower middle	1 977 455	4 489 725	3 550 824	10 018 004
Low	225 326	490 446	426 040	1 141 812
REGION				
Africa	225 120	1 039 709	620 315	1 885 144
Americas	2 025 041	4 692 099	2 637 289	9 354 429
Eastern Mediterranean	785 629	1 295 020	979 097	3 059 747
Europe	2 909 051	6 166 372	3 628 980	12 704 403
South-East Asia	1 142 872	2 867 630	2 195 336	6 205 839
Western Pacific	2 721 036	4 624 862	2 959 246	10 305 145
World	9 808 749	20 685 693	13 020 264	43 514 706

Source: WHO Global Health Observatory and authors' calculations.

Table 4. Population-weighted density of health workers (per 1000 population) by cadre and income group, 2013

	PHYSICIANS	NURSES/MIDWIVES	ALL OTHER CADRES	TOTAL HEALTH WORKERS
INCOME	2013	2013	2013	2013
High	2.9	7.1	3.8	13.8
Upper middle	1.6	2.7	1.8	6.1
Lower middle	0.8	1.7	1.4	3.9
Low	0.3	0.6	0.5	1.5
REGION				
Africa	0.3	1.2	0.7	2.2
Americas	2.1	4.8	2.7	9.6
Eastern Mediterranean	1.2	2.1	1.6	4.9
Europe	3.2	6.8	4.0	14.0
South-East Asia	0.6	1.5	1.2	3.3
Western Pacific	1.5	2.5	1.6	5.6
World	1.4	2.9	1.8	6.2

Table 5. Range of 2013 health worker density (per 1000 population) estimates by cadre, income group and region (unweighted by population size)

		PHYSI	CIANS		NURSES/MIDWIVES ALL OTHER CADRES				TOTAL HEALTH WORKERS							
INCOME	MIN	MEAN	SD	MAX	MIN	MEAN	SD	MAX	MIN	MEAN	SD	MAX	MIN	MEAN	SD	MAX
High	0.9	3.3	1.1	8.0	0.1	7.1	3.3	17.4	0.4	3.9	1.5	9.2	1.6	14.2	5.4	33.7
Upper middle	0.1	1.7	1.1	6.7	0.6	3.8	2.1	10.6	0.6	2.3	1.2	6.4	2.1	7.8	4.1	22.0
Lower middle	0.1	0.9	1.1	4.7	0.4	1.9	2.2	12.4	0.3	1.5	1.7	8.3	0.7	4.3	4.7	23.4
Low	0.0	0.2	0.6	3.3	0.1	0.8	1.0	5.1	0.1	0.6	1.0	4.4	0.2	1.6	2.6	11.8
REGION	REGION															
Africa	0.0	0.3	0.6	3.1	0.1	1.3	1.4	5.8	0.1	0.7	0.8	3.3	0.2	2.4	2.7	12.1
Americas	0.1	2.1	1.3	6.7	0.1	3.8	2.6	9.3	0.3	2.3	1.3	6.4	0.8	8.2	5.0	22.0
E. Mediterranean	0.1	1.6	1.7	8.0	0.5	3.0	2.7	12.3	0.3	1.9	1.6	7.5	0.9	6.5	5.8	27.8
Europe	0.4	3.2	1.1	7.2	1.1	7.2	3.7	17.4	0.8	4.1	1.7	9.2	2.3	14.5	5.9	33.7
South-East Asia	0.1	0.7	0.9	3.3	0.2	1.8	1.5	4.9	0.3	1.3	1.2	4.4	0.8	3.8	3.4	11.8
Western Pacific	0.1	1.4	1.2	3.3	0.6	4.1	2.8	11.5	0.3	2.3	1.3	5.2	1.0	7.8	5.1	19.0
World	0.0	1.8	1.5	8.0	0.1	4.1	3.5	17.4	0.1	2.4	1.8	9.2	0.2	8.3	6.6	33.7

Note: values in the above table are not weighted by population size.

Table 6. Range (25th, 50th and 75th percentile) of 2013 health worker density (per 1000 population) estimates by cadre, income group, and region (unweighted by population size)

	Р	HYSICIAN	IS	NURSES/MIDWIVES		ALL OTHER CADRES			TOTAL HEALTH WORKERS			
INCOME	25TH	50TH	75TH	25TH	50TH	75TH	25TH	50TH	75TH	25TH	50TH	75TH
High	2.9	3.2	3.4	6.0	6.1	6.4	3.4	3.5	3.8	12.6	12.7	14.0
Upper middle	1.1	1.5	1.9	2.3	3.6	4.9	1.5	2.1	2.7	5.3	7.2	9.3
Lower middle	0.2	0.4	0.9	0.8	1.1	1.9	0.6	0.9	1.3	1.8	2.4	3.7
Low	0.0	0.1	0.1	0.4	0.5	0.7	0.3	0.3	0.5	0.7	0.8	1.3
REGION	REGION											
Africa	0.1	0.1	0.4	0.4	0.6	1.3	0.3	0.4	0.8	0.8	1.2	2.4
Americas	1.1	1.7	3.2	1.3	3.6	6.1	1.1	2.1	3.5	3.6	7.2	12.7
E. Mediterranean	0.5	1.4	2.3	0.8	2.8	3.6	0.8	1.9	2.4	2.2	6.2	8.3
Europe	2.7	3.2	3.6	5.6	6.1	7.7	3.5	3.6	4.5	12.0	12.8	15.6
South-East Asia	0.2	0.4	0.7	1.0	1.4	1.9	0.7	1.0	1.3	1.8	2.6	3.6
Western Pacific	0.4	1.2	2.3	1.7	3.6	6.0	1.3	2.1	3.5	3.6	6.3	12.0
World	0.4	1.5	3.2	1.0	3.6	6.1	0.8	2.1	3.5	2.3	7.2	12.7

### 3.4 Forecasted supply of health workers in 2030

We forecasted the supply of health workers by cadre, WHO region and income group in 2030. Table 7 displays the forecasted numbers and per cent change of health workers by income group in 2030 assuming that recent trends in training and employing health workers stay the same. The supply projections point, on current trends and under the assumptions made in the model, to a significant increase (55%) leading to an aggregate number by 2030 of 67.3 million health workers. This

comprises approximately 13.8 million physicians, 32.3 million nurses and 21.2 million other health workers. The change is expected to be higher in low-income (86%) and lower middle-income (82%) than in upper middle-income (54%) and high-income (38%) countries. The European Region and the Region of the Americas, currently with the highest densities, are forecasted to experience lower increments in absolute numbers (32% and 50%, respectively) than the other regions, where the number of health workers is forecasted to increase by 63% to 75%.

Table 7. Total number of health workers by cadre and income group estimated for 2013 and forecasted for 2030

	Р	HYSICIANS		NURSES/MIDWIVES		ALL 0	ALL OTHER CADRES			TOTAL HEALTH WORKERS		
INCOME	2013	2030	% CHANGE	2013	2030	% CHANGE	2013	2030	% CHANGE	2013	2030	% CHANGE
High	3 725 300	4 422 896	19%	9 102 000	14 068 566	55%	4 784 314	5 802 191	21%	17 611 614	24 293 653	38%
Upper middle	3 880 669	5 429 426	40%	6 603 520	9 460 135	43%	4 259 087	7 752 690	82%	14 743 276	22 642 251	54%
Lower middle	1 977 455	3 462 485	75%	4 489 725	8 118 565	81%	3 550 824	6 685 479	88%	10 018 004	18 266 529	82%
Low	225 326	477 981	112%	490 446	643 491	31%	426 040	1 000 229	135%	1 141 812	2 121 702	86%
REGION												
Africa	225 120	543 105	141%	1 039 709	1 538 462	48%	620 315	999 289	61%	1 885 144	3 080 856	63%
Americas	2 025 041	2 437 323	20%	4 692 099	8 168 758	74%	2 637 289	3 404 424	29%	9 354 429	14 010 505	50%
Eastern Mediterranean	785 629	1 262 257	61%	1 295 020	1 782 107	38%	979 097	2 207 977	126%	3 059 747	5 252 342	72%
Europe	2 909 051	3 477 093	20%	6 166 372	8 526 072	38%	3 628 980	4 810 782	33%	12 704 403	16 813 947	32%
South-East Asia	1 142 872	1 917 786	68%	2 867 630	5 236 768	83%	2 195 336	3 734 116	70%	6 205 839	10 888 670	75%
Western Pacific	2 721 036	4 155 222	53%	4 624 862	7 038 590	52%	2 959 246	6 084 001	106%	10 305 145	17 277 813	68%
World	9 808 749	13 792 788	41%	20 685 693	32 290 757	56%	13 020 264	21 240 589	63%	43 514 706	67 324 134	55%

Data sources: Authors' calculations from WHO estimates. For detailed methods see Annex 2.

#### 3.5 Current and forecasted needsbased health worker shortages in relation to the SDG index threshold

Globally, there are more than enough health workers to meet the SDG index threshold, but due to the uneven distribution of health workers, there are countries in all income groups with needs-based shortages, including the majority of low- and lower middle-income countries. For the purpose of this analysis, we focused the identification of needs-based shortages exclusively on the countries with health worker densities currently below the SDG index threshold.

Needs-based shortages are defined by the SDG index threshold estimates for 2013 and forecasts for 2030 that were presented in Table 2, minus the supply estimates that were presented in Tables 3 and 7. "Surpluses" in countries above the threshold were not computed towards the accumulation of totals.

Table 8 shows that globally the needs-based shortage of health care workers in 2013 was estimated to be approximately 17.4 million, of which almost 2.6 million were doctors, about 9 million were nurses and midwives, and the remainder were all other health worker cadres. The larger needs-based shortages of health workers were in South-East Asia at 6.9 million and Africa at 4.2 million. The shortage in absolute terms is highest in South-East Asia due to the large populations of countries in this region, but in relative terms (i.e. taking into account population size) the most severe challenges are in the African Region. Under the assumptions made in the model and described in the preceding sections, the global needs-based shortage of health care workers is projected to be still above 14.5 million in 2030 (a decline of only 17%). Hence, current trends of health worker production and employment will not have sufficient impact on reducing the needs-based shortage of health care workers by 2030, particularly in some countries. In the African Region - and in lowincome countries - the needs-based shortage is actually forecasted

Table 8. Estimated and forecasted needs-based shortages by cadre, WHO region and income group in 2013 and 2030

		201	3			% CHANGE			
INCOME	PHYSICIANS	NURSES/ MIDWIVES	OTHER CADRES	TOTAL	PHYSICIANS	NURSES/ MIDWIVES	OTHER CADRES	TOTAL	IN SHORTAGE
High	4 681	54 577	22 103	81 361	5 751	62 726	7 553	76 031	-7%
Upper middle	147 324	2 595 002	916 470	3 658 796	157 652	1 429 033	225 606	1 812 291	-50%
Lower middle	1 605 781	4 271 368	3 220 726	9 097 875	1 153 478	3 191 629	2 228 875	6 573 983	-28%
Low	821 780	2 043 489	1 705 502	4 570 771	1 016 123	2 924 768	2 127 801	6 068 692	33%
REGION									
Africa	867 876	1 805 258	1 524 437	4 197 571	1 096 420	2 791 523	2 204 419	6 092 361	45%
Americas	47 404	516 073	209 942	773 419	65 407	463 697	111 154	640 258	-17%
E. Mediterranean	243 718	866 922	600 914	1 711 554	161 550	1 207 159	323 176	1 691 885	-1%
Europe	1 894	69 349	15 580	86 823	4 967	44 001	8 781	57 749	-33%
South-East Asia	1 290 326	3 154 646	2 461 500	6 906 471	963 978	1 866 055	1 861 488	4 691 521	-32%
Western Pacific	128 350	2 552 188	1 052 427	3 732 964	40 683	1 235 720	80 817	1 357 221	-64%
World	2 579 566	8 964 436	5 864 800	17 408 803	2 333 005	7 608 156	4 589 835	14 530 996	-17%

Note: This table includes only countries under the SDG index threshold.

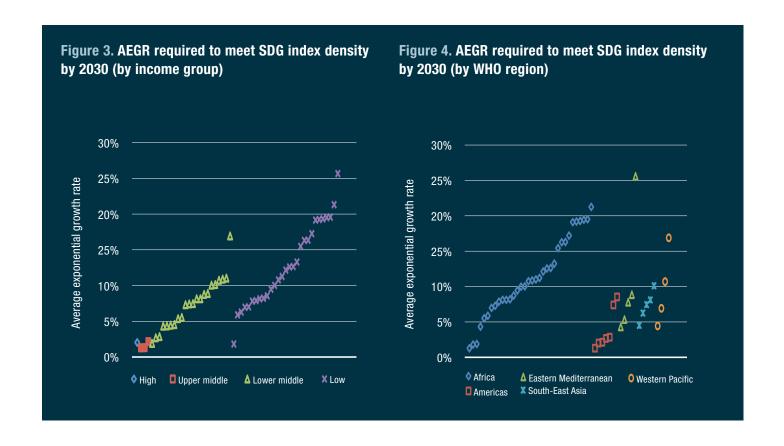
Data sources: Authors' calculations from WHO estimates. For detailed methods see Annex 2.

to worsen (by 45% and 33%, respectively) between 2013 and 2030, while it will remain broadly stable in the Eastern Mediterranean Region.

Figures 3 and 4 show the annual average exponential growth rate (AEGR) in the size of the health workforce that would be needed to eliminate the needs-based shortages by 2030, by income group and

by WHO region. The African Region and low-income countries require the greatest annual increase rates in their stock of health workers to meet the SDG index threshold.

Globally, out of 55 countries, 12 will require a solid (between 1% and 4.9%) AEGR; 21 a very solid (between 5% and 9.9%) AEGR; and 22 an extraordinary (greater than 10%) AEGR.



## 4. Discussion

#### 4.1 Limitations

In contextualizing and correctly interpreting the findings of this analysis, it is necessary to acknowledge explicitly its most important limitations.

- The development of global estimates of needs has to rely on some level of standardization of the model specifications and its underlying assumptions, whereby it is assumed, for instance, that different countries have similar health care production functions, or that cadres of health workers that have the same or a similar classification have overlapping roles and tasks. The actual picture may be more varied, limiting the validity of these generic assumptions.
- Similarly, needs have been estimated to be the same across all
  countries, whereas the national patterns of burden of disease,
  as well as its demographic structure, are known determinants of
  variance in health services use (and, indirectly, of health workforce
  requirements).
- The model assumes that the ratios between numbers of physicians, nurses/midwives, and other cadres of health workers will follow recent trends. The required other cadres and the optimal skills mix differ per context. As the heterogeneous group of other cadres is essential in moving health service coverage and public health gains forward, a renewed focus on a more diverse skills mix, and a greater role for community-based practitioners (17), may conversely result in an increase of these relative to the number of nurses/midwives and physicians in future.
- While efforts were made to collect the best available evidence
  to inform the analysis, for many key variables in the modelling
  strategy adopted it was not possible to find a strong empirical
  basis. In such instances expert knowledge informed the
  modelling. Lack of comprehensive data on other aspects, such as
  geographical distribution within countries and gender composition,
  restricted the scope of the analysis.
- The SDG composite index value is highly sensitive to different thresholds of attainment of service coverage.

- Data used for the analysis were largely derived from databases
  that are populated by WHO with data reported by countries; the
  validity of the estimates produced is therefore correlated to the
  validity of the data on individual variables from the individual
  countries on which they are based. Due to differences in definitions
  of health workers and multiple possible sources of data, for some
  countries health workforce data reported in other databases may
  differ significantly from the data used by WHO for this analysis.
- For many of the key variables, and particularly health worker stock and production, data were not available for a significant number of countries, which made it necessary to resort to imputation techniques. The absence of data on some cadres (such as community-based practitioners) was particularly detrimental, as it made it impossible to factor in this cadre in the modelling adopted, resulting in estimates that may not fully capture the reality and the potential of a more diverse and composite skills mix in the delivery of health care services. A similar consideration applies to the grouping of "other cadres" of health workers, for which empirical evidence was largely absent, and modelled estimates had to be produced based on a minority of countries with sufficient data available.

Caution is therefore warranted in interpreting the analysis, in light of the variable quality of the underlying data, and considering the intrinsic uncertainty that surrounds any estimates developed making extensive use of modelling and imputation techniques.

## 4.2 Interpretation: estimating health worker needs

This analysis defined a threshold of health worker needs in a new way, using a combination of 12 SDG-related indicators. By including coverage of noncommunicable diseases in its requirements, the SDG index sets a higher standard of access to health workers, resulting in greater needs (and needs-based shortages) than previous estimates. The difference is particularly stark if the new threshold is compared to past analyses based on requirements for skilled attendance at birth and immunization, which resulted in the identification of a much lower requirement of 2.3 skilled health workers (physicians and nurses/midwives) per 1000 population.

The SDG index threshold of 4.45 skilled health workers (physicians and nurses/midwives) per 1000 population represents an almost doubling of the indicative number of skilled health workers needed to meet health needs. This increase reflects the staffing needed to deliver the comprehensive range of health services incorporated in the ambition of the SDG goal on health and well-being *(18, 19)*. The figure is not dissimilar from other benchmarks of health worker density developed in relation to the universal health coverage goal (such as the 4.11 threshold proposed by the ILO). The ambition of the SDGs, and the health workforce implications arising from it, is the critical driver behind the increased need.

The SDG index threshold does take into account some of the increased need for health workers due to global ageing and global economic growth. Noncommunicable diseases rise with average age and income. Therefore older and wealthier populations will demand that health systems expand beyond provision of basic preventive and maternal and child services to provide noncommunicable disease services, and the SDG threshold will more accurately reflect demand for health workers (20).

However, the blanket adoption in the model of the SDG index threshold assumes similar patterns of disease across countries and over time, whereas both epidemiologic and population patterns are and will keep on evolving (21).

The SDG index threshold can support the development of global estimates, aggregate analyses and cross-country comparisons. It should not however be used as a benchmark for planning at national level, as it does not reflect the heterogeneity of countries in terms of baseline conditions, health system needs, optimal workforce composition and skills mix. It is important that use of the SDG index threshold does not result in an exclusive focus on physicians and nurses/midwives while underinvesting in community-based health workers and other cadres. Every country should consider its unique epidemiology, demography, finances and health system set-up, and the existing numbers, distribution, and skills mix of health workers, in the planning of the workforce it will need to meet the SDGs by 2030.

# 4.3 Current and forecasted supply of health workers

Our estimate of the current and projected future stock of health workers shows that, despite increased production, population growth in some contexts is outstripping the increase in health workers, resulting in lower density of health workers (health workers per 1000 population). This phenomenon is strongest in low-income countries.

Our estimate of health worker needs also does not take into account how technology, such as information and communication technology (ICT) (22), or new drugs or treatments may influence the demand for health workers and their training. Innovation may enable differing approaches to the skills mix, which will hopefully improve the efficiency of the health workforce.

#### 4.4 Current and forecasted needsbased shortage of health workers

The current and forecasted health worker shortages based on needs identified through the SDG index threshold are greatest in the poorest regions of the world with the greatest burden of preventable disease and the fewest resources. Importantly, on current trends the gap is expected to widen by 2030 in low-income countries, while it is expected to reduce in middle- and high-income countries. The 22 countries facing the most challenging conditions might require maintaining for 15 years an annual AEGR of skilled health workers in excess of 10%, an ambitious task with considerable policy and financing implications. Despite evidence that some countries are achieving important health gains in spite of low density of skilled health workers (23), in some cases also thanks to the contribution of community-based health workers and other cadres (24), these supply and needs-based shortage projections caution against complacency, as maintaining a status quo in health worker production and employment is expected to result in a worsening gap in some of the most disadvantaged countries in the world.

#### 4.5 Research agenda

This analysis has highlighted the need for improving basic information on availability and distribution of existing health workers.

In many countries, even basic information fields, such as health worker stock and distribution, are largely limited to physicians, nurses and midwives, despite the growing role played by other cadres. Data on geographical distribution within countries, gender composition and other critical aspects are similarly limited and fragmented. More evidence is needed on all these aspects, which would allow more robust aggregate estimates like those developed in this analysis, but also, and more importantly, significant improvements in the capacity of countries to understand the conditions and opportunities in their national health labour markets. Crucially, this evidence should be developed not through one-off special studies and surveys, but rather through putting in place country-level mechanisms — embedded in national structures and processes and designed to be sustainable — to collate, analyse and use data on a routine basis.

WHO has initiated a process to support Member States in the creation of national health workforce accounts — mechanisms that contain and dynamically measure priority data on the public and private health workforces in countries. National health workforce accounts include (a) national health workforce registries (data on every health worker in the country in both the public and private sectors); (b) data on health worker education (including number and output of schools, financing, recruitment and regulation); (c) labour market data (including salaries,

regulation, exit and entry into market); and (d) skills mix and efficiency data. Data on health worker migration, which all countries have committed to providing via the WHO Global Code of Practice on the International Recruitment of Health Personnel (25), would also help countries better understand the regional and global flow of health workers, providing a helpful input in the design and implementation of strategies so that health workers can be cost-effectively retained in low-income countries.

# 5. Conclusions and recommendations

Despite the caveats noted in the limitations section (4.1), this analysis represents the first attempt to define on an empirical basis the health workforce requirements associated with Sustainable Development Goal 3.

On current trends, the global health labour market is moving towards a deepening mismatch between needs, supply and demand, with most of the growth in supply concentrated in upper middle-income and high-income countries, alongside a worsening needs-based shortage in low-income countries. The growth in supply in some high- and middle-income countries will be outstripped by growing demand (26); this, together with persisting high wage differentials with low-income countries, will contribute to growing international mobility of health personnel, a trend already visible based on latest Organisation for Economic Co-operation and Development (OECD) data (27). Conversely, the growth in demand in low-income countries will be lower than the growth in need, requiring public sector intervention and international solidarity mechanisms to correct for the market failure of underproduction and underemployment of health workers in these contexts.

Countries should improve the coherence between their education, health, finance, labour and employment strategies, progressively moving towards a health workforce adequate in numbers, quality, competencies, distribution and performance, and able to meet today's and tomorrow's population health needs and expectations. An exclusive or over-restrictive focus on numerical shortages carries a risk of policy misalignment. Improved performance, productivity and quality are equally important in devising and implementing comprehensive workforce strategies.

Minimizing inefficiencies is a critical element of the response required, and a precondition for developing a robust investment

case: opportunities exist to ensure better value for money across the whole health workforce value chain, from planning to education, deployment and performance management. The countries with the greatest resource challenges should recognize that they may not have in the short and medium term the resources to train, employ and retain sufficient numbers of skilled health workers with their current skills mix or with the model of curative hospital-based care typical of most high-income countries (28). They should therefore consider innovations in their models of care and educational strategies that include greater reliance on mid-level providers (such as nurses, advanced-practice nurses and other physician substitutes) and community-based practitioners collaborating with skilled health professionals towards integrated primary health care delivery models (29, 30).

In parallel with improving efficiency of spending of current resources, some countries will have an opportunity to increase resource allocation for human resources for health investments through economic growth. Domestic spending on human resources for health averages 33.6% of total government expenditure on health in countries with available data; and government expenditure on health is in many low- and middle-income countries lower than the 4–5% of gross domestic product generally considered necessary to progress towards universal health coverage *(31)*.

In these settings, greater efforts to mobilize domestic resources are both necessary and possible, and should be supported by appropriate macroeconomic policies at national and global levels, complemented where necessary by international solidarity mechanisms. Funding levels should reflect the value of effective human resources for health to the country's economy by factoring in the potential for improved worker productivity in other sectors (32), and the broader socioeconomic returns of investing in health sector employment.

# Annex 1. A novel SDG-based benchmark of health worker needs

Three benchmarks for estimating current health worker needs

#### 1. SDG composite method

The first benchmark for estimating current health worker needs employs an "SDG composite" method. This method uses as a goal the number of health workers estimated to be needed to achieve 80% coverage for each of 12 SDG tracer indicators: family planning, antenatal care coverage, skilled birth attendance, DTP3 immunization, prevention of tobacco smoking, potable water, sanitation, antiretroviral therapy, tuberculosis treatment, cataract surgery coverage, hypertension treatment, and diabetes treatment. Annex 1 of the joint WHO and World Bank report on tracking universal health coverage provides a detailed definition of each of these tracer indicators (12). Each country can score a maximum of 12 points — 1 point for each tracer in which coverage of greater than 80% occurs.

Table A1.1 SDG tracer indicators, GHE causes and DALYs lost

SDG TRACER INDICATOR	GHE CAUSE	ESTIMATED DALYS (1000S)			
DTP3 immunization	Whooping cough Diphtheria Tetanus	12 017.7 (sum of all three)			
Tuberculosis treatment	Tuberculosis	43 612.7			
Antiretroviral therapy	HIV/AIDS	91 897.4			

Next, we weighted achievement of each of the SDG tracer indicators according to the global burden of disease that it intends to address. For three of the SDG tracer conditions, we identified specific rows in the WHO Global Health Estimates (GHE) summary tables with close correspondence to the SDG tracer indicators (33). Table A1.1 lists the three SDG tracer indicators, the specific row (or rows) used in the global burden of disease table, and the total disability-adjusted life-years (DALYs) lost worldwide due to that condition (or set of conditions).

For the remainder of the SDG tracer indicators, researchers do not agree on a direct correspondence to specific causes of DALYs. For instance, family planning, antenatal care coverage and skilled birth attendance all address a portion of neonatal mortality and maternal mortality during childbirth, but the relative assignment of a contribution of each of these health services to reducing specific causes of death and morbidity remains challenging.

### Family planning, antenatal care coverage and skilled birth attendance

The literature indicates that family planning, antenatal care coverage and skilled birth attendance services overlap in providing costeffective health benefits to mothers and newborns (34). We therefore used the sum of DALYs (in 1000s) due to maternal and all neonatal conditions (i.e. 256 730.5) as the DALYs that family planning, antenatal care coverage and skilled birth attendance services intend to address. We used an inclusive coverage for these three SDG tracer indicators, given previous literature that supports the potential of these interventions to address a variety of conditions (35). We assumed that each of the three services could address one third of the overall DALYs in this category. We note a key simplifying assumption that these services do not affect DALYs from other conditions (e.g. sexually transmitted infections).

#### Potable water and sanitation

We used global burden of disease estimates for water-related diseases and infectious diarrhoea from Prüss and colleagues to assign DALY weights for potable water and sanitation SDG tracer indicators (36). Prüss and colleagues (their Table 5) estimate a total of 5856 DALYs (in 1000s) attributable to the following water-related diseases: schistosomiasis, trachoma, ascariasis, trichuriasis and hookworm disease. They also estimate 76 340 DALYs (in 1000s) due to infectious diarrhoea, which is preventable by improved sanitation and drinking water. The ratio of infectious diarrhoea to water-related diseases, in terms of DALYs, is: 76 340 / 5856 = 13.0362

The WHO 2014 GHE summary tables includes DALY estimates for water-related diseases but not for infectious diarrhoea. We use the 13.0362 multiplier from Prüss and colleagues to estimate the current DALY burden due to infectious diarrhoea. Next, we sum the DALY burden for water-related diseases (i.e., schistosomiasis, trachoma, ascariasis, trichuriasis and hookworm disease) and infectious diarrhoea to provide the total DALYs the potable water and sanitation interventions intend to address. This process yields 134 019 DALYs (in 1000s). We partitioned these DALYs evenly across potable water and sanitation SDG tracer indicators (i.e., each tracer receives 50% attribution of addressing the DALYs), given that these services typically occur together and are both crucial for reducing water-related diseases and infectious diarrhoea.

#### **Tobacco smoking**

In their 2002 WHO report, Ezzati and colleagues (p. 2161) write: "The ... global burden of disease due to tobacco [is] 4.1% in 2000" (37). We use the 4.1% figure to calculate the overall DALYs attributable to tobacco smoking, given that WHO also uses this statistic online (38). We multiply the overall DALYs in the WHO GHE 2012 table by 4.1% to yield 112 141.6 (in 1000s). We note that more recent estimates of DALYs attributable to smoking appear in the literature (39). We remain open to applying another weight of the tobacco score according to WHO's preference.

#### **Cataracts**

The 2004 update of the WHO *Global burden of disease* report includes an analysis of sense organ disorders. Part 4 of the report states (p. 47): "Causes of vision loss are responsible for more than two thirds of the DALYs for sense organ disorders in women" *(40)*. We know of no male-specific estimate of DALYs due to vision loss. We therefore assume that men and women share the same incidence and causes of vision loss. Next, the WHO Global Initiative for the Elimination of Avoidable Blindness estimates that approximately 47% of cases of low vision and blindness are due to cataracts globally *(41)*. We apply these

estimates to the DALYs for "sense organ disorders" from the WHO 2014 GHE summary tables to estimate overall DALYs that cataract surgery coverage intends to address.

Global DALYs caused by sense organ disorders: 52 639.9 (in 1000s)

Vision loss responsible for \_\_\_ % of these disorders: 66%

Cataracts account for \_\_\_ % of vision loss: 47%

Cataract surgery coverage may address: 52 639.9 x 0.66 x 0.47

= 16 328.9 DALYs (in 1000s)

#### **Diabetes**

The 2010 global burden of disease assessment provides an estimate of global DALYs caused by diabetes: 46 857 (in 1000s) (39, Table 2). Given that this source does not provide an overall DALY estimate from all causes, we cannot know whether the overall DALY burden in the 2010 report is identical to the estimates in the WHO GHE summary tables that we use to derive all weights. To approximate this diabetes weight, we therefore multiplied the ratio of diabetes to tuberculosis¹ DALYs from Table 2 of the global burden of disease assessment (i.e., 46 857 / 49 399) by the number of DALYs due to tuberculosis (shown above in Table A1.1). This process gives the number of DALYs due to diabetes (i.e., 41 368, in 1000s), standardized to the WHO GHE DALY estimates.

#### **Hypertension**

In their 2010 global burden of disease assessment, Lim and colleagues estimate that hypertension accounts for 7.0% of global DALYs (42). We applied this proportion to overall DALYs in the WHO GHE summary tables to estimate 191 461 DALYs (in 1000s) attributable to hypertension.

#### Conversion of DALYs to SDG weights

We compile results from the calculations above in Table A1.2. The DALYs column lists the global burden of disease that each SDG tracer indicator intends to address. We then arrive at the "analytic weight" column by dividing DALYs by "sum DALYs".

The choice of tuberculosis is somewhat arbitrary. We could have chosen two other conditions, shown in Table A1.1 (i.e., HIV, DTP), with one-to-one correspondence to conditions shown in the WHO GHE summary tables. However, we chose tuberculosis, given that it ranked number 13 in all-cause DALYs, and diabetes ranked number 14 in all-cause DALYs. The assumption in using tuberculosis DALYs to standardize the diabetes weight is that the ratio of tuberculosis to diabetes DALY burden remains constant from 2012 to 2013. We view this assumption as reasonable.

The analytic weights sum to 1.0 and therefore produce internally consistent results when examining the 12 SDG tracer indicators. Application of the analytic weights to the SDG composite index scores (i.e., 0 or 1 for each of the 10 SDG tracers, depending on whether that country achieved 80% coverage) scales the SDG composite score from 0 to 1, rather than what we initially scored from 0 to 12. The analytic weights take into account the different health valuation of attainment of the SDG tracer indicators. For example, prevention of tobacco smoking addresses an over 12-fold greater disease burden worldwide than would DTP3 vaccination. For this reason, we weight achievement of the tobacco smoking SDG tracer indicator more heavily than we would the DTP3 tracer in the SDG composite analysis.

We acknowledge three limitations in attributing DALYs eliminated due to the attainment of SDG tracer indicators. First, these estimates are rarely available and therefore must be estimated from global burden of disease tables and primary source literature. Second, SDG tracer indicators may address more conditions than those described above (e.g., family planning may reduce the sexually transmitted infection burden). Third, attainment of an SDG is not likely to "eliminate" the DALY burden for that particular condition. In light of these caveats, we view the analytic weights as an attempt to partition the SDG tracer indicators across the health domains they intend to address.

#### Regression method to derive health worker needs

We specified a straightforward linear regression equation in which we modelled the country's SDG composite score as a function of the

Table A1.2 Conversion of DALYs to SDG weights

SDG TRACER	DALYS	SUM DALYS WITHIN SDGS	ANALYTIC
INDICATOR	(1000S)	(1000S)	WEIGHT
Tobacco smoking	112 141.60	899 575.1	0.12
Tuberculosis	43 612.70	899 575.1	0.05
Family planning	85 575.98	899 575.1	0.10
Skilled birth attendance	85 575.98	899 575.1	0.10
Antenatal care	85 575.98	899 575.1	0.10
Antiretroviral therapy	91 897.40	899 575.1	0.10
DTP3 immunization	12 017.70	899 575.1	0.01
Potable water	67 009.52	899 575.1	0.07
Sanitation	67 009.52	899 575.1	0.07
Cataract	16 328.90	899 575.1	0.02
Diabetes	41 368.45	899 575.1	0.21
Hypertension	191 461.30	899 575.1	0.05

natural logarithm of health workers. Here, we operationalize health workers as the sum of physicians, nurses and midwives. The log-linear functional form coheres with the notion of diminishing returns to additional health workers as the total number of health workers becomes very large.

With the regression: sdg12bindaly=loghw, we yield the following coefficients:

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Parameter	arameter Estimate		t-value	Pr > Itl	
Intercept	0.1777565078	0.01445341	12.30	< .0001	
loghw	0.0484154515	0.00854614	5.67	< .0001	

We would like all countries to have a workforce that lies at least at the median of sdg12 attainment for the whole sample. The median sdg12 attainment score is 0.25 (out of the maximum possible score of 1.0). Solving for health workers here gives us 4.45 physicians and nurses/midwives per 1000. If, alternatively, we used the inner quartile values of the sdg12 attainment score (i.e., 25th and 75th percentile), we would have a range of 0.31 to 35.1 MDs/nurses/midwives per 1000 as a target. This wide range illustrates the sensitivity of the SDG composite results to setting different thresholds of attainment.

# 2. Simultaneous equation method (SEM)

We employed a regression strategy in which the SDG tracer indicators are modelled as a function of the logarithm of health workers. However, most health workers address more than one of the 12 SDG tracer indicators. For this reason, we applied a sophisticated regression strategy that takes this multitasking into account. We used a simultaneous equation model that allows for the possibility that health workers jointly cover many of the 12 SDG tracer indicators.

SEM differs from basic linear regression in two key ways. First, two to three equations are solved simultaneously, given the dependency of all equations on one another. Second, inclusion of instrumental variables (IVs), which predict the dependent variable but are not related to the other equations, are required to properly identify the main coefficient of interest.

We began with identifying a subset of the 12 SDG tracer indicators that met the following criteria: less than 25% of countries have missing data on the tracer; tracer covers distinct health services; and correlation analysis indicates a strong candidate for use of an instrumental variable. Based on these criteria, we used the following

three tracers: proper sanitation, DTP vaccine coverage, and four antenatal care visits.

IV data are retrieved from the World Bank database and the CIA World Factbook. We include definitions of the IVs here:

Annual freshwater withdrawals, total (billion cubic meters).

Annual freshwater withdrawals refer to total water withdrawals, not counting evaporation losses from storage basins. Withdrawals also include water from desalination plants in countries where they are a significant source. Withdrawals can exceed 100% of total renewable resources where extraction from non-renewable aquifers or desalination plants is considerable or where there is significant water reuse. Withdrawals for agriculture and industry are total withdrawals for irrigation and livestock production and for direct industrial use (including withdrawals for cooling thermoelectric plants). Withdrawals for domestic uses include drinking water, municipal use or supply, and use for public services, commercial establishments and homes. The Pearson correlation coefficient between sanitation and freshwater withdrawals = 0.34.

Average latitude.<sup>2</sup> Average latitude is found for each country. We then take its absolute value. Previous literature shows that the viral and bacterial burden correlates positively with distance from the equator. The Pearson correlation coefficient between DTP coverage and absolute latitude = 0.31.

Adolescent fertility rate. This is calculated as births per 1000 women aged 15–19 years. Literature finds that this measure correlates inversely with family planning, women's health and infant health in general. The Pearson correlation coefficient between antenatal care and adolescent fertility = -0.52.

We solve these equations in the SEM framework:

- proper sanitation = constant + loghealthworkers + income\_level + (IV)cubic feet of freshwater delivered
- dtpvaccinecoverage = constant + loghealthworkers + income\_ level + (IV)country's average latitude in absolute value
- proper antenatalcare = constant + loghealthworkers + income\_ level + (IV)adolescent fertility rate.

We find interpretable results for each coefficient; the Hausman test suggests that two-stage least squares estimation fits the data better

than does ordinary least squares; and the IVs are all statistically significant in the final model.

If we use the two-stage least squares coefficients, and solve for the relevant thresholds for each tracer condition (i.e., 80% coverage for DTP, 80% coverage for proper sanitation, and 80% coverage for antenatal care), we find the following health worker levels (physicians and nurses/midwives only):

DTP: 0.60 per 1000; antenatal care: 2.97 per 1000; sanitation: 3.79 per 1000.

The Global Health Workforce Alliance (GHWA) Working Group noted that the literature concerning the relation between health workforce and a country's level of proper sanitation is not as strong as that for antenatal care. For this reason, the GHWA Working Group chose the antenatal care indicator to derive the SEM measure of target health workers: 2.97 workers per 1000.

#### 3. Data envelopment analysis (DEA)

A third estimate of health worker needs uses data envelopment analysis (DEA), a non parametric estimation strategy to identify a country's efficiency in covering the 12 SDG tracer indicators. DEA borrows from tools in economics and operations management to identify groups that maximize the utility of their existing resources to achieve a desired end. In our scenario, countries serve as the "group", and health workers per 1000 are the "inputs" that produce health service coverage. Countries are then ranked by DEA according to an efficiency score, which is calculated by the maximum number of SDG coverage indicators achieved per health worker in that country.

The DEA analysis, performed with the "dea" command in STATA, ranked all countries. Of the 192 countries with sufficient data to be analysed, we identified the top 20 countries as exemplary in their efficiency. These 20 countries include representation from the Americas, Africa, South-East Asia and the Western Pacific Regions. If we take the maximum value of physicians and nurses/midwives from this list of exemplary countries, we find a total of 2.56 physicians and nurses/midwives per 1000. This result coheres with the notion that DEA seeks efficiency and ranks countries favourably if they attain many SDGs with relatively few health workers.

<sup>2</sup> Source: CIA World Factbook.

# Annex 2. Methods for projecting supply

The supply of physicians and nurses/midwives can be projected to 2030 based on historical data on the increase in densities of physicians and nurses/midwives (per 1000 population) in each country. To forecast supply, we employ a linear growth rate model due to the large numbers of missing data for many countries. This model assumes that the historical growth rate of physicians and nurses/midwives per capita for each country will continue into the future at the same rate of growth.

Table A2.1 Physicians per 1000 population data outliers

COUNTRY	YEARS
Bhutan	2012
Bahrain	2005, 2011
Bolivia	2001
Cabo Verde	2004
Cameroon	2004
Central African Republic	2004
Congo	1998
Ghana	2004
Guinea-Bissau	2004
Guyana	2004
Micronesia	2009
Saint Lucia	1999
Samoa	1999
Sierra Leone	2004
Swaziland	2000
Zambia	2004

Data on physician density from the WHO Global Health Observatory database for 210 countries and territories were first cleaned to remove obvious outliers due to misreporting. In each of the country-year observations listed in Table A2.1, outliers were replaced with missing data so that estimated growth rates would not be unduly influenced by arbitrary substitution.

Missing data points for physicians and nurses/midwives per 1000 population between any two real data points were linearly interpolated. We then estimated the following equations for each country from time  $t = \{1990, \dots 2013\}$ :

- (Eq. 1) Physicians per 1000 population  $t = \alpha_0 + \alpha_1 * year + \epsilon_1$
- (Eq. 2) Nurses/midwives per 1000 populationt =  $\beta_0 + \beta_1 * year_+ + \epsilon_+$

where  $\varepsilon_t$  is the random disturbance term and  $\alpha_0$ ,  $\beta_0$ ,  $\alpha_1$  and  $\beta_1$  are unknown parameters, with the last two parameters representing the linear growth rates to be estimated from the model.

The following rules were applied to predict future (2014–2030) values of worker densities:

- Where at least two data points were available, the estimated linear trend was extended into the future until 2030 using the estimated coefficients for  $\alpha$  and  $\beta$ .
- If the estimated linear growth was found to be too large or too small, the country's growth rate was replaced with aggregate medians, and then the median growth rate was applied to the last available observation for that country (i.e. most recent year).
- For physicians: If a given country's linear growth rate was larger or smaller than 1 standard deviation from the mean growth rate for all countries, the median region income-specific growth was substituted.

- For nurses/midwives: For nurses, there was large overdispersion
  of the linear growth rate distribution. Consequently, if a country's
  linear growth rate was larger than 80% or smaller than 20% of the
  growth rate distribution, then the median region income-specific
  growth was substituted.
- For both physicians and nurse/midwives: If the predicted density in 2030 resulted in a negative number, that country's growth rate was also replaced with the corresponding median region incomespecific growth.
- If there was just one point for a country (and thus linear growth rate could not be estimated), the same median substitution for the growth rate as described above was applied.

 When no observations were available before 2013 (i.e., no empirical data at all for both physicians and nurses/midwives), neither the physicians nor nurse/midwives supply was projected. Instead, the mean 2030 predicted supply density across a comparable group of countries was substituted.

The projected supply of physicians and nurses/midwives per 1000 population for each future year was then multiplied by forecasted population (medium fertility assumptions) in that year to obtain the absolute numbers of physicians and nurses/midwives. We again apply income group-specific multipliers to the combined sum of physicians and nurses/midwives ratios per 1000 to obtain estimates of all other health workers.

# Annex 3. Current and forecasted estimates of needs-based shortage of health workers

Based on the methodologies outlined in Annex 2, three alternative sets of estimates of health workforce needs-based shortages were developed, according to the thresholds of minimum health worker availability related to, respectively, the SDG index (Table A3.1), the simultaneous equation method (SEM) (Table A3.2), and the data envelopment analysis (DEA) model (Table A3.3).

Table A3.1 Estimated and forecasted SDG threshold-based health worker shortages by cadre, income group and region, 2013 and 2030 (threshold value = 4.45)

	2013				2030			
INCOME GROUP	MDS 2013	NURSES & MIDWIVES 2013	OTHER CADRES 2013	TOTAL 2013 SHORTAGE	MDS 2030	NURSES & MIDWIVES 2030	OTHER CADRES 2030	TOTAL 2030 SHORTAGE
High	4 681	54 577	22 103	81 361	5 751	62 726	7 553	76 031
Upper middle	147 324	2 595 002	916 470	3 658 796	157 652	1 429 033	225 606	1 812 291
Lower middle	1 605 781	4 271 368	3 220 726	9 097 875	1 153 478	3 191 629	2 228 875	6 573 983
Low	821 780	2 043 489	1 705 502	4 570 771	1 016 123	2 924 768	2 127 801	6 068 692
Total	2 579 566	8 964 436	5 864 800	17 408 803	2 333 005	7 608 156	4 589 835	14 530 996
	2013				2030			
REGION	MDS 2013	NURSES & MIDWIVES 2013	OTHER CADRES 2013	TOTAL 2013 SHORTAGE	MDS 2030	NURSES & MIDWIVES 2030	OTHER CADRES 2030	TOTAL 2030 SHORTAGE
Africa	867 876	1 805 258	1 524 437	4 197 571	1 096 420	2 791 523	2 204 419	6 092 361
Americas	47 404	516 073	209 942	773 419	65 407	463 697	111 154	640 258
Eastern Mediterranean	243 718	866 922	600 914	1 711 554	161 550	1 207 159	323 176	1 691 885
Europe	1 894	69 349	15 580	86 823	4 967	44 001	8 781	57 749
South-East Asia	1 290 326	3 154 646	2 461 500	6 906 471	963 978	1 866 055	1 861 488	4 691 521
Western Pacific	128 350	2 552 188	1 052 427	3 732 964	40 683	1 235 720	80 817	1 357 221
Total	2 579 566	8 964 436	5 864 800	17 408 803	2 333 005	7 608 156	4 589 835	14 530 996

Table A3.2 Estimated and forecasted SEM threshold-based health worker shortages by cadre, income group and region, 2013 and 2030 (threshold value = 2.97)

		20	13			20	30	
INCOME GROUP	MDS 2013	NURSES & MIDWIVES 2013	OTHER CADRES 2013	TOTAL 2013 SHORTAGE	MDS 2030	NURSES & MIDWIVES 2030	OTHER CADRES 2030	TOTAL 2030 SHORTAGE
High	_	34 820	11 794	46 614	_	40 083	-	40 083
Upper middle	62 053	777 424	51 174	890 651	58 414	90 062	83 588	232 064
Lower middle	637 893	1 723 820	1 275 325	3 637 038	328 099	1 224 759	633 682	2 186 540
Low	506 053	1 248 505	1 044 388	2 798 946	592 292	1 790 015	1 240 191	3 622 498
Total	1 206 000	3 784 569	2 382 680	7 373 250	978 806	3 144 918	1 957 460	6 081 184
`		20	13		2030			
REGION	MDS 2013	NURSES & MIDWIVES 2013	OTHER CADRES 2013	TOTAL 2013 SHORTAGE	MDS 2030	NURSES & MIDWIVES 2030	OTHER CADRES 2030	TOTAL 2030 SHORTAGE
Africa	527 253	1 006 372	885 358	2 418 983	613 729	1 578 703	1 247 968	3 440 399
Americas	17 121	223 798	84 450	325 368	15 580	196 663	29 199	241 442
Eastern Mediterranean	88 601	490 600	317 634	896 836	71 735	610 276	145 409	827 419
Europe	796	1 946	1 506	4 248	636	_	1 230	1 866
South-East Asia	508 591	1 186 280	949 543	2 644 414	255 518	668 874	490 836	1 415 228
Western Pacific	63 639	875 573	144 189	1 083 401	21 609	90 403	42 819	154 831
Total	1 206 000	3 784 569	2 382 680	7 373 250	978 806	3 144 918	1 957 460	6 081 184

Table A3.3 Estimated and forecasted DEA threshold-based health worker shortages by cadre, income group and region, 2013 and 2030 (threshold value = 2.56)

		20	13		2030			
INCOME GROUP	MDS 2013	NURSES & MIDWIVES 2013	OTHER CADRES 2013	TOTAL 2013 SHORTAGE	MDS 2030	NURSES & MIDWIVES 2030	OTHER CADRES 2030	TOTAL 2030 SHORTAGE
High	-	29 663	9 106	38 769	-	34 141	_	34 141
Upper middle	42 888	337 170	22 034	402 091	38 237	59 502	54 686	152 424
Lower middle	392 923	1 023 559	737 949	2 154 431	257 889	860 254	498 130	1 616 273
Low	418 547	1 028 314	861 241	2 308 103	481 632	1 475 717	1 008 584	2 965 932
Total	854 358	2 418 706	1 630 330	4 903 395	777 758	2 429 613	1 561 399	4 768 771
		20	13		2030			
REGION	MDS 2013	NURSES & MIDWIVES 2013	OTHER CADRES 2013	TOTAL 2013 SHORTAGE	MDS 2030	NURSES & MIDWIVES 2030	OTHER CADRES 2030	TOTAL 2030 SHORTAGE
Africa	435 227	785 147	708 555	1 928 929	509 833	1 258 322	1 040 312	2 808 468
Americas	13 327	170 704	53 356	237 387	10 000	143 143	19 191	172 334
Eastern Mediterranean	64 671	393 200	242 129	700 000	53 758	473 108	109 560	636 426
Europe	583	1 411	1 095	3 089	-	_	-	_
South-East Asia	291 928	656 694	530 691	1 479 312	187 211	499 345	358 801	1 045 358
Western Pacific	48 622	411 550	94 505	554 677	16 956	55 694	33 535	106 186
Total	854 358	2 418 706	1 630 330	4 903 395	777 758	2 429 613	1 561 399	4 768 771

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