



مَنْظَرُ الصَّحَّةِ الْعَالَمِيَّةِ

قرار

RESOLUTION

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REGIONAL COMMITTEE FOR THE  
EASTERN MEDITERRANEAN

EM/RC52/R.7  
September 2005

Fifty-second Session

Agenda item 6 (b)

**NONCOMMUNICABLE DISEASES: CHALLENGES AND STRATEGIC DIRECTIONS**

The Regional Committee,

Having discussed the technical paper on noncommunicable diseases: challenges and strategic directions<sup>1</sup>;

Recalling resolutions EM/RC41/R.6 on diabetes prevention and control, EM/RC43/R.12 on cancer prevention and control, and EM/RC45/R.7 on prevention and control of cardiovascular diseases;

Recognizing that prevention and care of noncommunicable diseases represent a challenging task, nationally and regionally and that the current burden of noncommunicable disease is a reflection of the population's exposure to the risk factors;

Concerned at the estimated projected burden of noncommunicable diseases in many countries of the Region and the lack of reliable epidemiological population studies of the major risk factors;

Being aware of the need to intensify regional and national strategies for developing and implementing successful and sustainable noncommunicable disease prevention and control policies, strategies and programmes;

1. **URGES** Member States to:

1.1 Prioritize noncommunicable disease in general, and hypertension and diabetes in particular, by establishing or strengthening a noncommunicable disease unit or department in the Ministry of Health;

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<sup>1</sup> Document No. EM/RC52/Tech.Disc.2

- 1.2 Develop and strengthen national surveillance systems for noncommunicable disease and noncommunicable disease risk factors and conduct studies on the health and economic burden of noncommunicable disease;
  - 1.3 Develop national strategies for advocacy, research and capacity-building in noncommunicable disease prevention and care;
  - 1.4 Integrate, in general, noncommunicable disease prevention and control, and in particular hypertension and diabetes, into primary health care;
  - 1.5 Apply and disseminate intervention knowledge and skills and experience gained from successful programmes in demonstration areas and continue sharing experience gained through community-based programmes with other Member States;
2. **REQUESTS** the Regional Director to continue providing technical support to Member States to develop comprehensive integrated policies, strategies and plans for noncommunicable disease prevention and care, facilitate exchange of information on successful programmes in the Region and elsewhere and promote applied research on the economic burden of noncommunicable disease.