

14. How old are you?  

\_\_\_\_\_ Years
15. Are you ...?  

1 Female

2 Male
16. Were you born in this country?  

1 Yes

2 No

3 Don't Know
17. Were both of your parents born in this country?  

1 Yes

2 No

3 Don't Know
18. How many years of formal education (grade school, high school, college, and/or technical school) have you successfully completed?  

\_\_\_\_\_ Years
19. Are you of Hispanic, Latino, or of Spanish origin?  

1 Yes

2 No

3 Don't Know
20. What race(s) do you consider yourself to be? (Circle all that apply)  

1 White

2 Black or African American

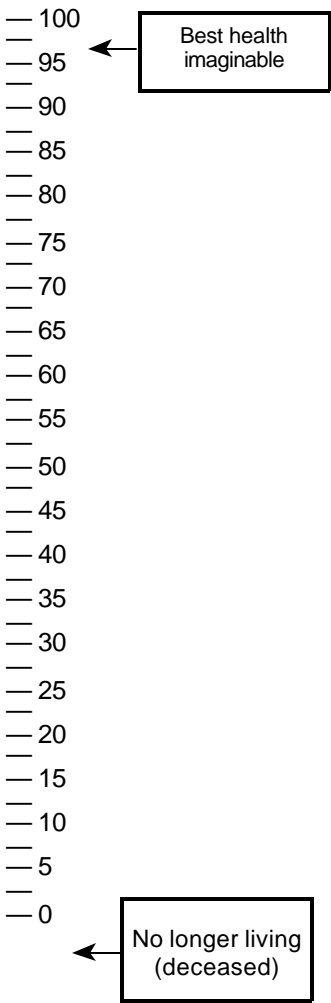
3 Asian

4 Native Hawaiian or other Pacific Islander

5 American Indian or Alaska Native

6 Other (Please specify) \_\_\_\_\_

4. Please place an arrow (°) by the number on this scale that best represents your health today, where 100 is the Best Health Imaginable and 0 is No Longer Living (deceased).



5. There are different types of places you can get health services. Looking at the list below, please indicate the number of times you went to each of them in the last 30 days for your personal medical care. Write “0” for those that you did not use.

Times Used	
_____	General Practitioners
_____	Dentists
_____	Specialists
_____	Physiotherapists
_____	Chiropractors
_____	Traditional Healers
_____	Clinic (staffed mainly by nurses, operating separately from a hospital)
_____	Hospital outpatient unit
_____	Hospital inpatient services
_____	Pharmacy (where you talked to someone about your care and did not just purchase medicine)
_____	Home Health Care Services
_____	Other (Specify) _____
_____	Don't Know

6. Are you covered by any public or private health insurance funds for visits to doctors or other health care providers where you do not stay overnight (outpatient care)?

- 1 Yes

2 No

3 Don't Know

7. Are you covered by any public or private health insurance funds for hospital care?

- 1 Yes

2 No

3 Don't Know

1. In general, how would you rate your health today? (Please circle the number of your answer.)

- 1 Very Good
- 2 Good
- 3 Moderate
- 4 Bad
- 5 Very Bad

2. Next, please think about just the last 30 days and answer the following questions by circling the appropriate answer for each question.

In the last 30 days ...	None	Mild	Medium	Severe	Extreme
	—	—	—	—	—
how much difficulty did you have with moving around? . . . . .	None	Mild	Medium	Severe	Extreme
how much difficulty did you have with self-care, such as washing or dressing yourself? . . . . .	None	Mild	Medium	Severe	Extreme
how much difficulty did you have with work or household activities? .	None	Mild	Medium	Severe	Extreme
how much pain or discomfort did you have? . . . . .	None	Mild	Medium	Severe	Extreme
how much distress, sadness, or worry did you experience? . . . . .	None	Mild	Medium	Severe	Extreme
how much difficulty did you have with concentrating or remembering things? . . . . .	None	Mild	Medium	Severe	Extreme
how much difficulty did you have with personal relationships or participation in the community? . .	None	Mild	Medium	Severe	Extreme

3. In the last 30 days, how many days were you completely unable to: (Please write the number of your answer in the blank.)

Do any household work: \_\_\_\_\_ days

Go to work: \_\_\_\_\_ days

If not employed, please check here ☐

21. Please provide this information for all the people in your household, starting with yourself.


Household Member No.	Relation to You (e.g., wife, son, mother)	Gender (F for Female; M for Male)	Age (Years)	Education (Number of Years)
yourself				
2				
3				
4				
5				
6				
7				
8				
9				
10				

22. Which income category does your household fall into (net income, before taxes, and other deductions)?

- 1 Less than \$20,000
- 2 \$20,000 to \$39,999
- 3 \$40,000 to \$59,999
- 4 \$60,000 to \$79,999
- 5 \$80,000 to \$99,999
- 6 \$100,000 or more

9. Here are some health situations that people sometimes face. For each one, how would you rate how much distress, sadness or worry this person experiences? *(Please circle one answer for each.)*


How do you rate how much distress, sadness or worry this person experiences?  
*(Please circle your answer.)*



Jan feels nervous and anxious. She is depressed nearly every day for 3-4 hours thinking negatively about the future, but feels better in the company of people or when doing something that really interests her. . . . .	None	Mild	Moderate	Severe	Extreme
Carol remains happy and cheerful most of the time, but once a week feels worried about things at work. She gets depressed once a month and loses interest but is able to come out of this mood within a few hours. . . . .	None	Mild	Moderate	Severe	Extreme
Ken remains happy and cheerful almost all the time. He is very enthusiastic and enjoys life. . . . .	None	Mild	Moderate	Severe	Extreme

9. (continued)

How do you rate how much distress, sadness or worry this person experiences?  
*(Please circle your answer.)*



Roberta feels depressed all the time, weeps frequently and feels completely hopeless. She feels she has become a burden, feels it is better to be dead than alive, and often plans suicide. . . . .	None	Mild	Moderate	Severe	Extreme
Evan feels worried all the time about things at work and home, and feels that they will go wrong. He gets depressed once a week for a day, thinking negatively about the future, but is able to come out of this mood within a few hours. . . . .	None	Mild	Moderate	Severe	Extreme
John feels tense and on edge all the time. He is depressed nearly everyday and feels hopeless. He also has a low self esteem, is unable to enjoy life, and feels that he has become a burden... . . . .	None	Mild	Moderate	Severe	Extreme

8. Here are some everyday situations that people sometimes face. For each one, how would you rate this person’s difficulty with moving around? (Please circle one answer for each.)

How would you rate this person’s difficulty with moving around?  
(Please circle your answer.)

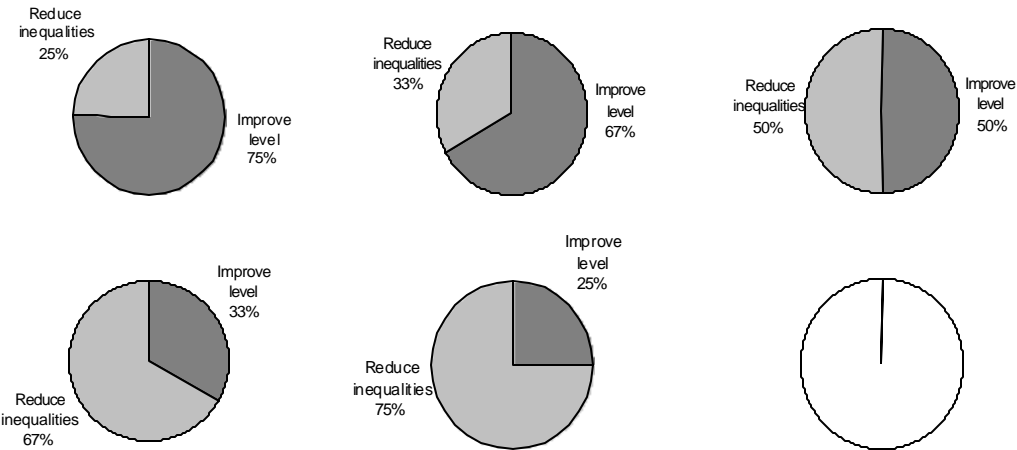
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Paul is an active athlete who runs long distance races of 15 miles twice a week and engages in soccer with no problems.. . . . None Mild Moderate Severe Extreme

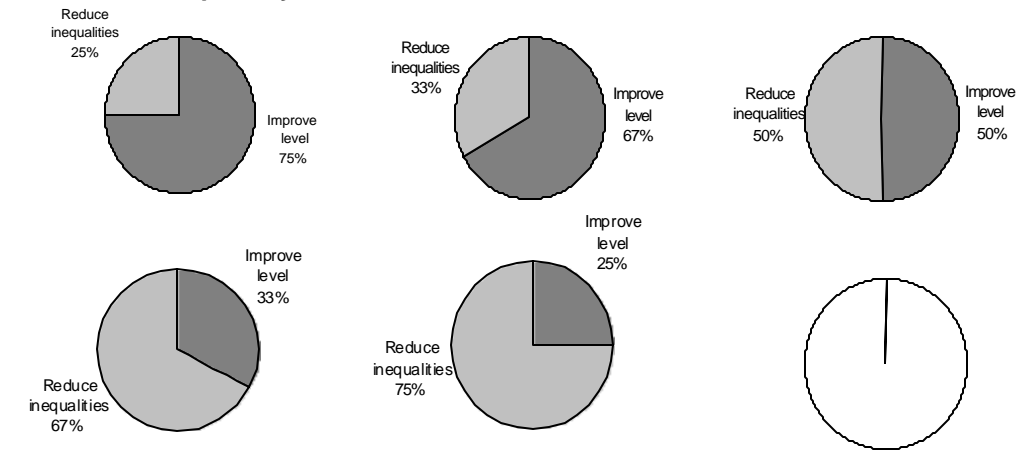
Margaret feels chest pain and gets breathless after walking distances of up to 200 yards, but is able to do so without assistance. Bending and lifting objects such as groceries produces pain . . . . . None Mild Moderate Severe Extreme

David is paralyzed from the neck down. He is confined to bed and must be fed and bathed by someone else . . . . . None Mild Moderate Severe Extreme

12. Next, please tell us how much importance should be given to these goals by dividing the pie in 2 slices. The two goals here are improving the average level of health vs. reducing inequalities in health. Remember, the larger the size of the slice, the more important the goal. You can pick one of the predrawn pies, or you can draw your own in the blank circle. Please circle the pie of your choice.



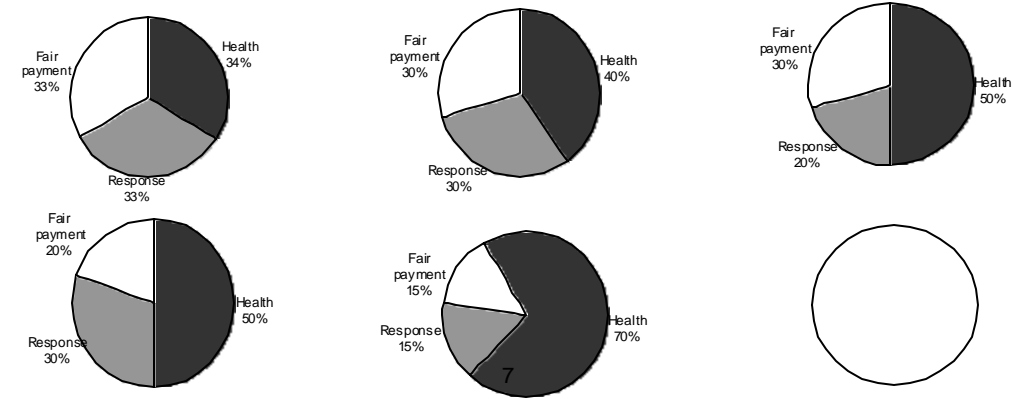
13. Also, please tell us how much importance should be given to these goals by dividing the pie in 2 slices. The two goals here are improving the average level of people’s rights for dignity, confidentiality and the right to choose their own doctor vs. reducing inequalities in people’s rights for dignity, confidentiality and the right to choose their own doctor. Remember, the larger the size of the slice, the more important the goal. You can pick one of the pre-drawn pies, or you can draw your own in the blank circle. Please circle the pie of your choice.



10. Listed below are three possible goals for health care in the United States. We want to know which of these goals you think is the most and least important. Please put a “1” in the box for the goal you think is “Most Important,” a “2” in the box for the “Second Most Important,” and a “3” for the “Least Important.”

- ☐ Improve the health of everyone. This goal means:
  - All people live longer with less illness.
  - There is more equality in people’s health, their illnesses, and how long they live.
- ☐ Improve how people are treated when they receive health care. This goal means:
  - Rights of the individual for dignity, autonomy, confidentiality, and clear communication are respected.
  - Basic amenities—adequate social support and people’s choice of a health care provider.
  - All people are treated equally.
- ☐ Charge people what they can afford. This goal means:
  - Everyone pays a fair share of the costs of health care.
  - Healthy people share costs for the services for the ill.
  - Higher income people pay some of the health care costs for lower income people.

11. Suppose you could tell our nation’s doctors, insurance companies, and the government how much importance should be placed on achieving these goals. The pie below represents the U.S. health system. Each slice represents how important you think each goal is. If you had to divide up the pie, how big a slice would you give to health (improving the health of everyone), how big to response (how people are treated), and how big to fair payment (charging people what they can afford)? The more important you think a goal is, the larger the slice it should be given. You can pick one of the predrawn pies, or you can draw your own in the blank circle. Please circle the pie of your choice.



8. (Continued)

How would you rate this person’s difficulty with moving around?  
(Please circle your answer.)



Mary has no problems with moving around or using her hands, arms and legs. She jogs 3 miles twice a week without any problems . . . . . None Mild Moderate Severe Extreme

Rob is able to walk distances of up to 200 yards without any problems but feels breathless after walking half of a mile or climbing up more than one flight of stairs. He has no problems with day-to-day physical activities, such as carrying food from the market . . . . . None Mild Moderate Severe Extreme

Louis is able to move his arms and legs, but requires assistance in standing up from a chair or walking around the house. Any bending is painful and lifting is impossible. . . . . None Mild Moderate Severe Extreme

Thank you very much for your help with this world-wide survey of people experiences in getting health care. If you would like to make any additional comments, please use this space.



## **Health Care Experiences in the United States: A Nationwide Survey of 5,000 adults**

**Please return your completed questionnaire to:**

***The Social & Economic Sciences Research Center  
Washington State University  
PO Box 641801  
Pullman, WA 99164-1801  
USA***

***Thank You!***