

14. How old are you?

_____ Years

15. Are you ...?

- 1 Female
- 2 Male

16. Were you born in this country?

- 1 Yes
- 2 No
- 3 Don't Know

17. Were both of your parents born in this country?

- 1 Yes
- 2 No
- 3 Don't Know

18. How many years of formal education (grade school, high school, college, and/or technical school) have you successfully completed?

_____ Years

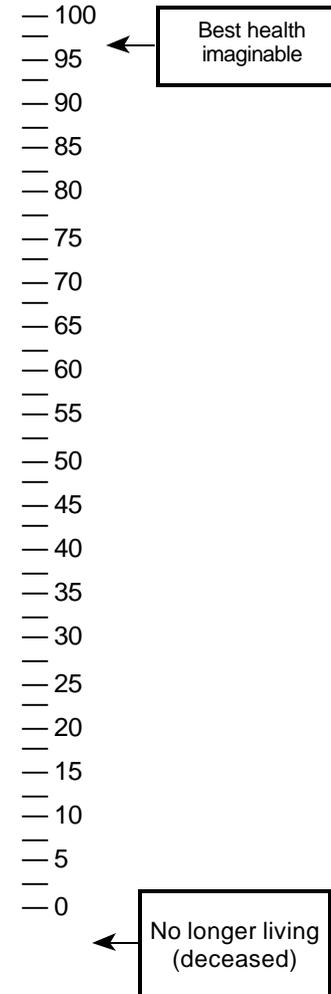
19. Are you of Hispanic, Latino, or of Spanish origin?

- 1 Yes
- 2 No
- 3 Don't Know

20. What race(s) do you consider yourself to be? (Circle all that apply)

- 1 White
- 2 Black or African American
- 3 Asian
- 4 Native Hawaiian or other Pacific Islander
- 5 American Indian or Alaska Native
- 6 Some other race

4. Please place an arrow (◄) by the number on this scale that best represents your health today, where 100 is the Best Health Imaginable and 0 is No Longer Living (deceased).



5. There are different types of places you can get health services. Looking at the list below, please indicate the number of times you went to each of them in the last 30 days for your personal medical care. Write "0" for those that you did not use.

Times Used

- _____ General Practitioners
- _____ Dentists
- _____ Specialists
- _____ Physiotherapists
- _____ Chiropractors
- _____ Traditional Healers
- _____ Clinic (staffed mainly by nurses, operating separately from a hospital)
- _____ Hospital outpatient unit
- _____ Hospital inpatient services
- _____ Pharmacy (where you talked to someone about your care and did not just purchase medicine)
- _____ Home Health Care Services
- _____ Other (Specify) _____
- _____ Don't Know

6. Are you covered by any public or private health insurance funds for visits to doctors or other health care providers where you do not stay overnight (outpatient care)?

- 1 Yes
- 2 No
- 3 Don't Know

7. Are you covered by any public or private health insurance funds for hospital care?

- 1 Yes
- 2 No
- 3 Don't Know

1. In general, how would you rate your health today? *(Please circle the number of your answer.)*

- 1 Very Good
- 2 Good
- 3 Moderate
- 4 Bad
- 5 Very Bad

2. Next, please think about just the last 30 days and answer the following questions by circling the appropriate answer for each question.

In the last 30 days ...	None	Mild	Medium	Severe	Extreme
how much difficulty did you have with moving around?	None	Mild	Medium	Severe	Extreme
how much difficulty did you have with self-care, such as washing or dressing yourself?	None	Mild	Medium	Severe	Extreme
how much difficulty did you have with work or household activities? .	None	Mild	Medium	Severe	Extreme
how much pain or discomfort did you have?	None	Mild	Medium	Severe	Extreme
how much distress, sadness, or worry did you experience?	None	Mild	Medium	Severe	Extreme
how much difficulty did you have with concentrating or remembering things?	None	Mild	Medium	Severe	Extreme
how much difficulty did you have with personal relationships or participation in the community? . .	None	Mild	Medium	Severe	Extreme

3. In the last 30 days, how many days were you completely unable to: *(Please write the number of your answer in the blank.)*

Do any household work: _____ days
 Go to work: _____ days

If not employed, please check here

21. Please provide this information for all the people in your household, starting with yourself.

Household Member No.	Relation to You (e.g., wife, son, mother)	Gender (F for Female; M for Male)	Age (Years)	Education (Number of Years)
yourself				
2				
3				
4				
5				
6				
7				
8				
9				
10				

22. Which income category does your household fall into (net income, before taxes, and other deductions)?

- 1 Less than \$20,000
- 2 \$20,000 to \$39,999
- 3 \$40,000 to \$59,999
- 4 \$60,000 to \$79,999
- 5 \$80,000 to \$99,999
- 6 \$100,000 or more

9. Here are some health situations that people sometimes face. For each one, how would you rate how much pain and discomfort this person has? (Please circle one answer for each.)

How do you rate how much pain and discomfort this person has?
(Please circle your answer.)



Mark has joint pains that are present almost all the time. They are at their worst in the first half of the day. Taking medication reduces the pain though it does not go away completely. The pain makes moving around, holding and lifting things quite uncomfortable. None Mild Moderate Severe Extreme

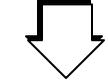
Phil has pain in the hip that causes discomfort while going to sleep. The pain is there throughout the day but does not stop him from walking around. None Mild Moderate Severe Extreme

Jim has back pain that makes changes in body position very uncomfortable. He is unable to stand or sit for more than half an hour. Medicines decrease the pain a little, but it is there all the time and interferes with his ability to carry out even day-to-day tasks. None Mild Moderate Severe Extreme

Laura has a headache once a month that is relieved one hour after taking a pill. During the headache she can carry on with her day-to-day affairs None Mild Moderate Severe Extreme

9. (continued)

How do you rate ho much pain and discomfort this person has?
(Please circle one answer for each.)



Tom has a toothache for about 10 minutes, several times a day. The pain is so intense that Tom finds it difficult to concentrate on work.. . . . None Mild Moderate Severe Extreme

Patricia has a headache once a week that is relieved 3-4 hours after taking a pill. During the headache she has to lie down and cannot do any other tasks. None Mild Moderate Severe Extreme

Steve has excruciating pain in the neck radiating to the arms that is very minimally relieved by any medicines or other treatment. The pain is sharp at all times and often wakes him from sleep. It has necessitated complete confinement to the bed and often makes him think of ending his life None Mild Moderate Severe Extreme

8. Here are some everyday situations that people sometimes face. For each one, how would you rate this person's difficulty with self-care? (Please circle one answer for each.)

How do you rate this person's difficulty with self-care?
(Please circle your answer.)



John cannot wash, groom or dress himself without personal help. He has no problems with eating. None Mild Moderate Severe Extreme

Peter can wash his face and comb his hair but cannot wash his whole body without help. He needs assistance with putting clothes on over his head, but can put garments on the lower half of his body. He has no problems with eating. None Mild Moderate Severe Extreme

Rachel feels pain and discomfort while washing and in combing her hair. As a result, she neglects her personal appearance. She needs assistance with putting on and taking off clothes. She has no problems with eating. None Mild Moderate Severe Extreme

Helen keeps herself neat and tidy. She requires no assistance with cleanliness, dressing and eating. None Mild Moderate Severe Extreme

12. Next, please tell us how much emphasis should be given to each of these goals by also distributing 100 points. Remember, each goal can get any number of points, from 0 to 100, but the total **MUST** add up to 100.

How many of your 100 points should be given to each?

Improve the average level of health in the U.S. _____

Improve the equality of health and health care in the U.S. _____

Total = 100 points

13. Finally, here are two final goals. Please tell us how much emphasis each of these goals should get in the U.S. by distributing 100 points for them.

How many points would you give to each?

The average level of people's rights for dignity, confidentiality, and the right to choose their own health provider. _____

Equality among all in people's rights for dignity, confidentiality, and the right to choose their own health provider. _____

Total = 100 points

10. Listed below are three possible goals for health care in the United States. We want to know which of these goals you think is the most and least important. Please put a "1" in the box for the goal you think is "Most Important," a "2" in the box for the "Second Most Important," and a "3" for the "Least Important."

- Improve the health of everyone. This goal means:
 - \$ All people live longer with less illness.
 - \$ There is more equality in people's health, their illnesses, and how long they live.

- Improve how people are treated when they receive health care. This goal means:
 - \$ Rights of the individual for dignity, autonomy, confidentiality, and clear communication are respected.
 - \$ Basic amenities—adequate social support and people's choice of a health care provider.
 - \$ All people are treated equally.

- Charge people what they can afford. This goal means:
 - \$ Everyone pays a fair share of the costs of health care.
 - \$ Healthy people share costs for the services for the ill.
 - \$ Higher income people pay some of the health care costs for lower income people.

11. Suppose you could tell our nation's doctors, insurance companies, and the government how much emphasis should be placed on achieving these goals. It would be most helpful to us if you did this by distributing "100 points" according to the emphasis you would like to see placed on achieving each goal. The more emphasis you want on a goal, the more points it should be given. You can give any number of points, from 0 to 100, to each goal, but the total **MUST** add up to 100.

How many of your 100 points would you give to each?

Improve the health of everyone. _____

Improve how people are treated when they receive health care. _____

Charge people what they can afford. _____

Total = 100 points

8. (Continued)

How do you rate this person's difficulty with self-care?
(Please circle your answer.)

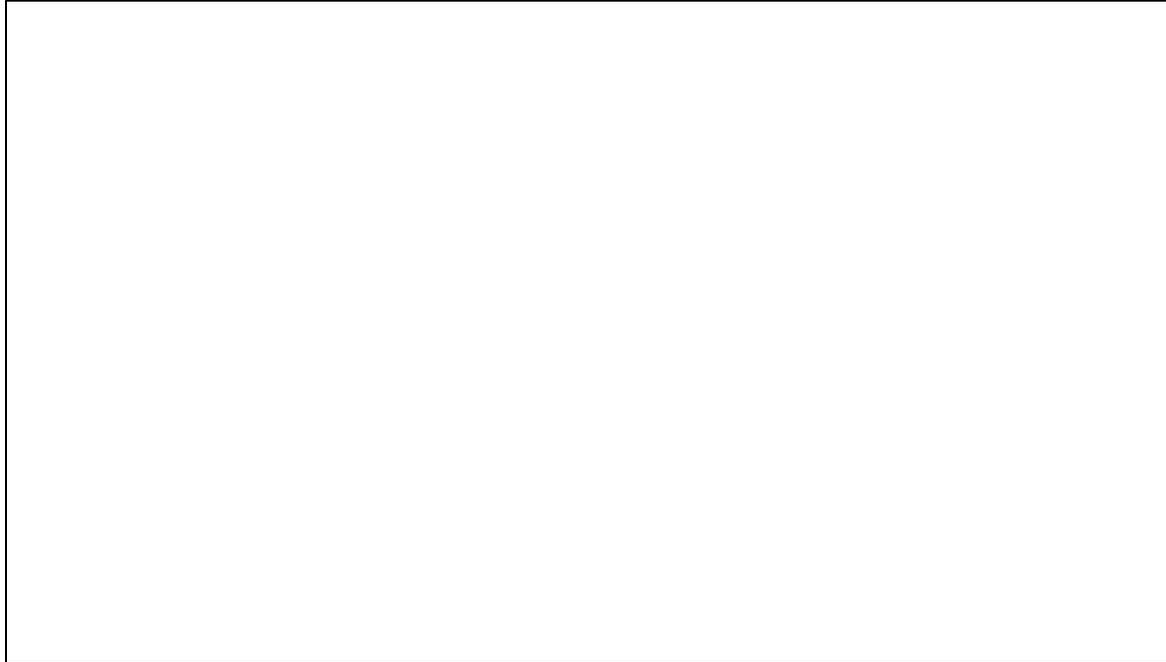


Anne takes twice as long as others to put on and take off clothes, but needs no help with this. She is able to bathe and groom herself, though that requires effort and leads to reducing the frequency of bathing to half as often as before. She has no problems with eating. None Mild Moderate Severe Extreme

Sue requires the constant help of a person to wash and groom herself and has to be dressed and fed.. None Mild Moderate Severe Extreme

Paul has no problems with cleanliness, dressing and eating. However, he has to wear clothes with special fasteners as joint problems prevent him from buttoning and unbuttoning clothes. None Mild Moderate Severe Extreme

Thank you very much for your help with this world-wide survey of people experiences in getting health care. If you would like to make any additional comments, please use this space.



Health Care Experiences in the United States: A Nationwide Survey of 5,000 adults

Please return your completed questionnaire to:

***The Social & Economic Sciences Research Center
Washington State University
PO Box 641801
Pullman, WA 99164-1801
USA***

Thank You!