

14. How old are you?

\_\_\_\_\_ Years

15. Are you ...?

- 1 Female
- 2 Male

16. Were you born in this country?

- 1 Yes
- 2 No
- 3 Don't Know

17. Were both of your parents born in this country?

- 1 Yes
- 2 No
- 3 Don't Know

18. How many years of formal education (grade school, high school, college, and/or technical school) have you successfully completed?

\_\_\_\_\_ Years

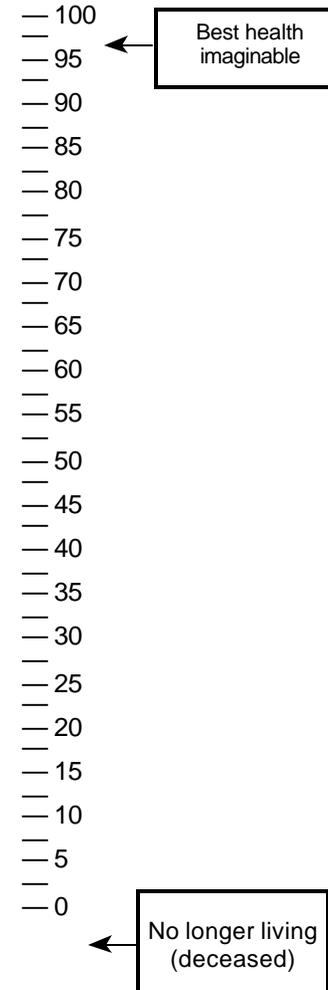
19. Are you of Hispanic, Latino, or of Spanish origin?

- 1 Yes
- 2 No
- 3 Don't Know

20. What race(s) do you consider yourself to be? (Circle all that apply)

- 1 White
- 2 Black or African American
- 3 Asian
- 4 Native Hawaiian or other Pacific Islander
- 5 American Indian or Alaska Native
- 6 Other (Please specify) \_\_\_\_\_

4. Please place an arrow (◁) by the number on this scale that best represents your health today, where 100 is the Best Health Imaginable and 0 is No Longer Living (deceased).



5. There are different types of places you can get health services. Looking at the list below, please indicate the number of times you went to each of them in the last 30 days for your personal medical care. Write "0" for those that you did not use.

**Times Used**

- \_\_\_\_\_ General Practitioners
- \_\_\_\_\_ Dentists
- \_\_\_\_\_ Specialists
- \_\_\_\_\_ Physiotherapists
- \_\_\_\_\_ Chiropractors
- \_\_\_\_\_ Traditional Healers
- \_\_\_\_\_ Clinic (staffed mainly by nurses, operating separately from a hospital)
- \_\_\_\_\_ Hospital outpatient unit
- \_\_\_\_\_ Hospital inpatient services
- \_\_\_\_\_ Pharmacy (where you talked to someone about your care and did not just purchase medicine)
- \_\_\_\_\_ Home Health Care Services
- \_\_\_\_\_ Other (Specify) \_\_\_\_\_
- \_\_\_\_\_ Don't Know

6. Are you covered by any public or private health insurance funds for visits to doctors or other health care providers where you do not stay overnight (outpatient care)?

- 1 Yes
- 2 No
- 3 Don't Know

7. Are you covered by any public or private health insurance funds for hospital care?

- 1 Yes
- 2 No
- 3 Don't Know

1. In general, how would you rate your health today? (Please circle the number of your answer.)

- 1 Very Good
- 2 Good
- 3 Moderate
- 4 Bad
- 5 Very Bad

2. Next, please think about just the last 30 days and answer the following questions by circling the appropriate number for each question.

In the last 30 days ...	None —	Mild —	Medium —	Severe —	Extreme —
how much difficulty did you have with moving around? . . . . .	None	Mild	Medium	Severe	Extreme
how much difficulty did you have with self-care, such as washing or dressing yourself? . . . . .	None	Mild	Medium	Severe	Extreme
how much difficulty did you have with work or household activities? . . . . .	None	Mild	Medium	Severe	Extreme
how much pain or discomfort did you have? . . . . .	None	Mild	Medium	Severe	Extreme
how much distress, sadness, or worry did you experience? . . . . .	None	Mild	Medium	Severe	Extreme
how much difficulty did you have with concentrating or remembering things? . . . . .	None	Mild	Medium	Severe	Extreme
how much difficulty did you have with personal relationships or participation in the community? . . . . .	None	Mild	Medium	Severe	Extreme

3. In the last 30 days, how many days were you completely unable to: (Please write the number of your answer in the blank.)

Do any household work: \_\_\_\_\_ days  
Go to work: \_\_\_\_\_ days

If not employed, please check here

21. Please provide this information for all the people in your household, starting with yourself.

Household Member No.	Relation to You (e.g., wife, son, mother)	Gender (F for Female; M for Male)	Age (Years)	Education (Number of Years)
yourself				
2				
3				
4				
5				
6				
7				
8				
9				
10				

22. Which income category does your household fall into (net income, before taxes, and other deductions)?

- 1 Less than \$20,000
- 2 \$20,000 to \$39,999
- 3 \$40,000 to \$59,999
- 4 \$60,000 to \$79,999
- 5 \$80,000 to \$99,999
- 6 \$100,000 or more

9. Here are some health situations that people sometimes face. For each one, how would you rate this person's difficulty with concentration and remembering things? (Please circle one answer for each.)

How do you rate this person's difficulty with concentration and remembering things?  
(Please circle your answer.)



Helena can remember details of events that have taken place or names of people she has met many years ago, and can do everyday calculations in her mind. During periods of anxiety lasting a few hours, she becomes confused and cannot think very clearly. . . . . None Mild Moderate Severe Extreme

Sue can only count money and bring back the correct change after shopping. Mental arithmetic is otherwise a problem. She can find her way around the neighborhood and knows where her own belongings are kept. . . . . None Mild Moderate Severe Extreme

Rob can do complex mathematical problems in his mind. He can pay attention to the task at hand for long uninterrupted periods of time. He can remember names of people, addresses, phone numbers, and such details that go back several years. . . . . None Mild Moderate Severe Extreme

Peter does not recognize even close relatives and cannot be trusted to leave the house unaccompanied for fear of getting lost. Even when prompted, he shows no recollection of events or recognition of relatives. . . . . None Mild Moderate Severe Extreme

9. (continued)

How do you rate this person's difficulty with concentration and remembering things?  
(Please circle one answer for each.)



Christian is very forgetful and often loses his way around places that are not very familiar. He needs to be prompted about names of close relatives and loses important things such as keys and money, as he cannot recollect where they have been kept. He has to make notes to remind himself to do even very important tasks. . . . . None Mild Moderate Severe Extreme

Tom finds it difficult to concentrate on reading newspaper articles or watching television programs. He is forgetful and once a week or so he misplaces important things such as keys or money. He spends a considerable amount of time looking for them, but is able to find them eventually. . . . . None Mild Moderate Severe Extreme

Henriette can pay attention to the task at hand for periods of up to one hour, with occasional distractions and can quickly return to the task. She can remember names of people she meets often, their addresses, and important numbers, but occasionally has to remind herself of the names of distant relatives or acquaintances. . . . . None Mild Moderate Severe Extreme

Julian is easily distracted, and within 10 minutes of beginning a task his attention shifts to something else happening around him. He can remember important facts when he tries, but several times a week finds that he has to struggle to recollect what people have said or recent events. . . . . None Mild Moderate Severe Extreme

8. Here are some household and work situations that people sometimes face. For each one, how would you rate this person's difficulty with doing work or household activities? (Please circle one answer for each.)

How do you rate this person's difficulty with  
Doing work or household activities?  
(Please circle your answer.)



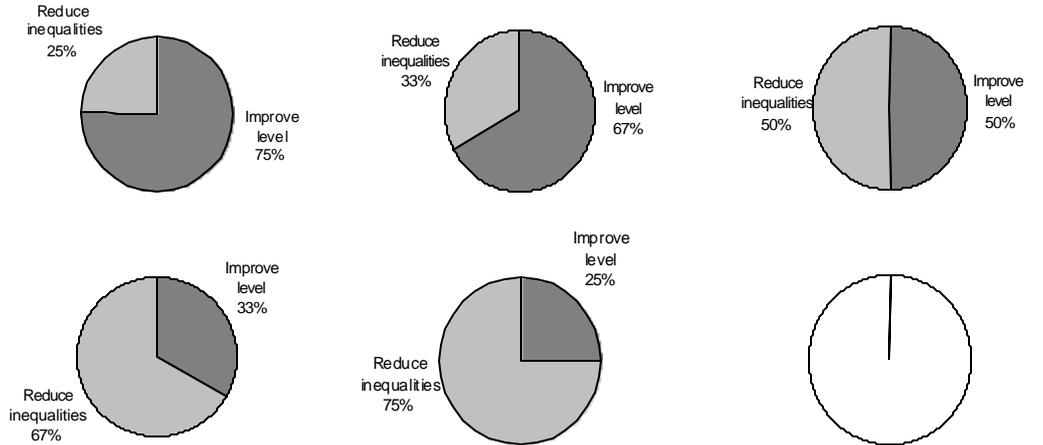
Maria is an accountant in the local bank. She is regularly at work. However, she makes minor errors in the accounts and tends to postpone tasks. She delays producing account statements and is late on deadlines. . . . . None Mild Moderate Severe Extreme

Karen is a teacher and has had to miss work for two weeks in the past month. Even now she feels tired and exhausted and cannot stand for long periods in the classroom. Colleagues notice that she is making serious mistakes in correcting papers. . . . . None Mild Moderate Severe Extreme

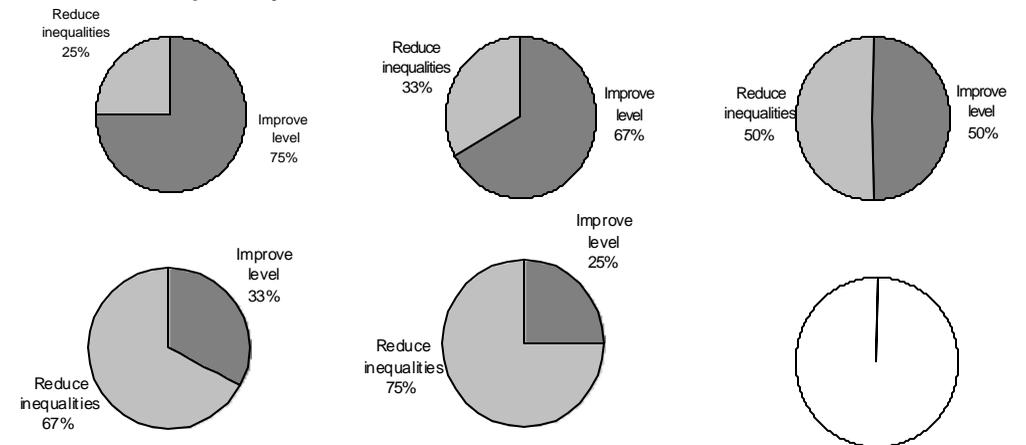
John is a teacher and goes to work regularly. He teaches the senior grades and takes classes for six hours each day. He prepares lessons and corrects exam papers. Students come to him for advice. . . . . None Mild Moderate Severe Extreme

Carol is a housewife who leaves most chores around the house half done. Even with domestic help she cannot complete important tasks in time, such as getting her son ready for school. Her husband has had to take over the cooking. . . . . None Mild Moderate Severe Extreme

12. Next, please tell us how much importance should be given to these goals by dividing the pie in 2 slices. The two goals here are improving the average level of health vs. reducing inequalities in health. Remember, the larger the size of the slice, the more important the goal. You can pick one of the predrawn pies, or you can draw your own in the blank circle. Please circle the pie of your choice.



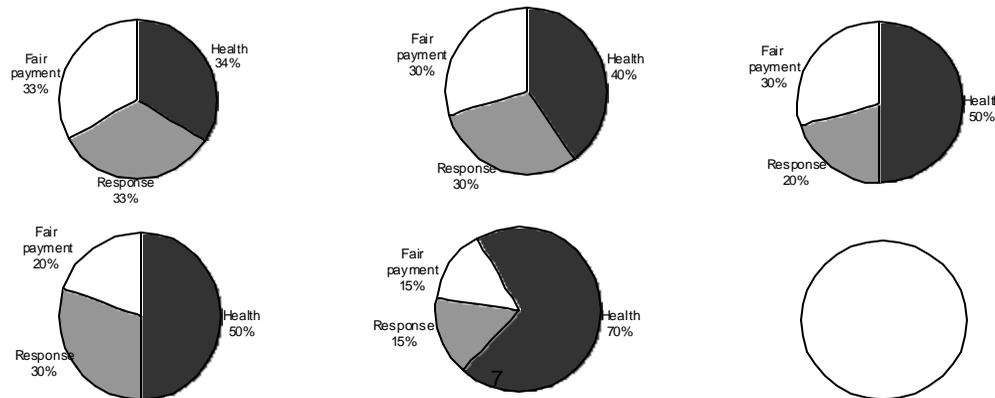
13. Also, please tell us how much importance should be given to these goals by dividing the pie in 2 slices. The two goals here are improving the average level of people's rights for dignity, confidentiality and the right to choose their own doctor vs. reducing inequalities in people's rights for dignity, confidentiality and the right to choose their own doctor. Remember, the larger the size of the slice, the more important the goal. You can pick one of the pre-drawn pies, or you can draw your own in the blank circle. Please circle the pie of your choice.



10. Listed below are three possible goals for health care in the United States. We want to know which of these goals you think is the most and least important. Please put a "1" in the box for the goal you think is "Most Important," a "2" in the box for the "Second Most Important," and a "3" for the "Least Important."

- Improve the health of everyone. This goal means:
  - All people live longer with less illness.
  - There is more equality in people's health, their illnesses, and how long they live.
  
- Improve how people are treated when they receive health care. This goal means:
  - Rights of the individual for dignity, autonomy, confidentiality, and clear communication are respected.
  - Basic amenities—adequate social support and people's choice of a health care provider.
  - All people are treated equally.
  
- Charge people what they can afford. This goal means:
  - Everyone pays a fair share of the costs of health care.
  - Healthy people share costs for the services for the ill.
  - Higher income people pay some of the health care costs for lower income people.

11. Suppose you could tell our nation's doctors, insurance companies, and the government how much importance should be placed on achieving these goals. The pie below represents the U.S. health system. Each slice represents how important you think each goal is. If you had to divide up the pie, how big a slice would you give to health (improving the health of everyone), how big to response (how people are treated), and how big to fair payment (charging people what they can afford)? The more important you think a goal is, the larger the slice it should be given. You can pick one of the predrawn pies, or you can draw your own in the blank circle. Please circle the pie of your choice.



8. (Continued)

How do you rate this person's difficulty with Doing work or household activities?  
(Please circle your answer.)



Doris is a housewife and does most of the cooking and cleaning around the house. About once a week she leaves tasks half done. Her cooking has deteriorated and the house is not as clean as it used to be. She also takes about twice as long to do the chores. . . . .

None Mild Moderate Severe Extreme

Mathew is a clerk in the local government office. He maintains ledgers with no errors and keeps them up-to-date. However, he ends up not doing any work for a day once every two weeks or so because of a migraine headache. . . . .

None Mild Moderate Severe Extreme

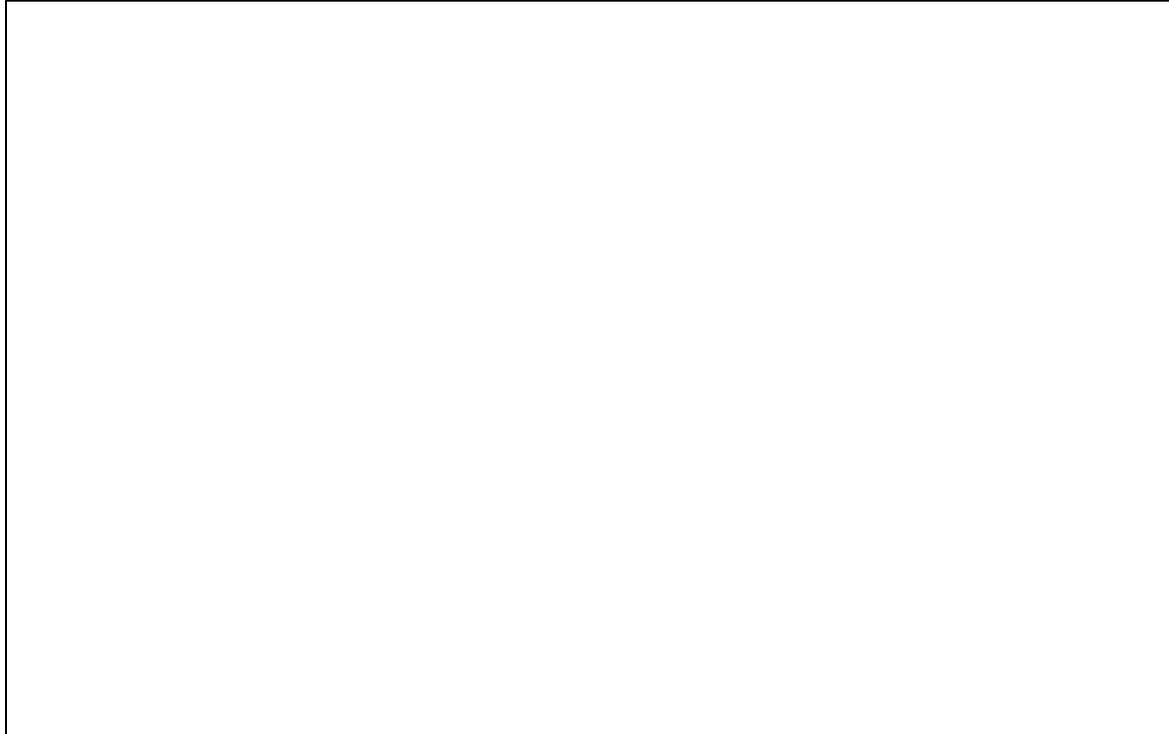
Jack is a clerk at the local post office. He just sits around all day and cannot engage in any work. He cannot sort letters, manage the counter or interact with customers. His employers are considering replacing him. . . . .

None Mild Moderate Severe Extreme

Dan is a mason in a building firm. Three to four times per week he is noticed to leave his bricklaying tasks incomplete. With help and supervision, he is able to use his skills to finish the walls of the buildings well. . . . .

None Mild Moderate Severe Extreme

Thank you very much for your help with this world-wide survey of people experiences in getting health care. If you would like to make any additional comments, please use this space.



Please return your completed questionnaire to:

*The Social & Economic Sciences Research Center  
Washington State University  
PO Box 641801  
Pullman, WA 99164-1801  
USA*

***Thank You!***

## **Health Care Experiences in the United States: A Nationwide Survey of 5,000 adults**