

158th Session of WHO Executive Board Meeting

2nd to 7th February 2026, Geneva



**Ministry of Health & Family Welfare
Government of India**

Intervention by India

Agenda Item 7: Mental health - Implementation of related resolutions and decisions

(Word Count: 121)

Thank you chair,

India recognizes the growing global burden of mental health conditions and endorses that mental health must be addressed through a rights-based, people-centred and community-driven approach.

Chair

India's Tele-MANAS initiative provides round-the-clock, toll-free tele-mental health counselling, improving access, reducing stigma and addressing service gaps, particularly in underserved areas. Task-sharing approaches and digital capacity-building initiatives are supporting non-specialist health workers in delivering community-based mental healthcare.

Chair

India recommends further strengthening technical assistance and capacity-building for the implementation of tools such as Mental Health Gap Action Programme (mhGAP), the Quality Rights initiative and community-based service delivery frameworks, particularly in low- and

middle-income countries. Promoting task-sharing and the use of digital mental health solutions would further address resource constraint challenges.

Thank you!