

Previous winners of the His Highness Sheikh Sabah Al-Ahmad Al-Jaber Al-Sabah Prize  
for Research in Health Care for the Elderly and in Health Promotion



Year	Decision of the Executive Board	Laureate
2023	<p>Decision <a href="#">EB 152(24)</a>: The Executive Board, having considered the report of the State of Kuwait Health Promotion Foundation Selection Panel,1 awarded the State of Kuwait Health Promotion Foundation’s His Highness Sheikh Sabah Al-Ahmad Al-Jaber Al-Sabah Prize for Research in Health Care for the Elderly and in Health Promotion for 2023 to the National Center for Chronic and Noncommunicable Disease Control and Prevention of China and Dr Abla Mehio Sibai from Lebanon for their outstanding contribution to research in the areas of health care for the elderly and in health promotion.</p>	<p><b>National Center for Chronic and Noncommunicable Disease Control and Prevention (China)</b></p> <p>The National Center for Chronic and Noncommunicable Disease Control and Prevention, part of the Chinese Center for Disease Control and Prevention, has hosted a department focusing on the health of older people since 2013. It delivers a broad range of programmes and activities that advance health promotion for older people, including the development of a death registry and conducting national surveillance for noncommunicable diseases and nationally representative surveys on health literacy in older age, which help to develop evidence-based policies. The National Center has also designed programmes to promote health literacy in response to the findings of these surveys, including a dedicated toolkit for older people. In addition to a pilot project on disabilities and prevention of dementia, the National Center has put together an innovative project to improve the mental and cognitive health of more than half a million older persons in both urban and rural areas. The project involves capacity-building of 2000 primary care staff and the establishment of a mental health database on older people, to better understand their needs. The National Center has also developed activities on health communication and health promotion, such as a health advocacy week dedicated to older people. The National Center has also conducted an ambitious body of research and has published a series of reports on the health of older persons.</p> <p><b>Dr Abla Mehio Sibai (Lebanon)</b></p> <p>Dr Abla Mehio Sibai is Dean of the Faculty of Health Sciences at the American University of Beirut in Lebanon. She is a well-known academic, lecturer and researcher on ageing and noncommunicable diseases in her country. Her numerous achievements span a remarkably broad range of areas, including research, data, policy, programme development and training, which form a holistic approach to the promotion of healthy ageing. She has developed innovative programmes that support lifelong learning and older people’s health and continued contribution to society, enrolling 600 older people every year at the University for Seniors at the American University of Beirut. Dr Sibai has directly contributed to training clinicians on healthy ageing and has advanced research on ageing by coauthoring hundreds of articles, 20 book chapters and 70 reports that have been frequently cited. She co-led the landmark WHO Global Burden of Disease Study in Lebanon (2000) and conducted the first national survey on noncommunicable diseases and risk factors, using the WHO STEPwise approach (2008–2010), the country’s main source of data for the Ministry of Public Health, informing advocacy, policy-making and programme planning for health promotion. Dr Sibai has led the development of the national strategy for older persons in Lebanon (2020–2030). In her work, she has been attentive to leaving no one behind, with a specific focus on older refugees in situations requiring a humanitarian response. In addition, she created the</p>

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		<p>Arab Ageing Network and the Centre for Studies on Ageing to provide appropriate platforms, networks and links between research and policy at the national, regional and international levels. She has made an outstanding contribution to older people’s health in Lebanon and the region.</p> <p>Report of the Selection Panels: <a href="#">EB152/44</a></p> <p><a href="#">News release</a></p>
2022	<p>Decision <a href="#">EB150(20)</a>: The Executive Board, having considered the report of the State of Kuwait Health Promotion Foundation Selection Panel, awarded the State of Kuwait Health Promotion Foundation’s His Highness Sheikh Sabah Al-Ahmad Al-Jaber Al-Sabah Prize for Research in Health Care for the Elderly and in Health Promotion for 2022 to Dr Hanadi Khamis Mubarak Al Hamad from Qatar for her remarkable achievements in improving the care of older patients in Qatar.</p>	<p><b>Dr Hanadi Khamis Mubarak Al Hamad (Qatar)</b></p> <p>Dr Hanadi Al Hamad is the Chairperson of Geriatrics and Long-Term Care at the Hamad Medical Corporation, Qatar, and the Medical Director of Rumailah Hospital, Qatar, and the Qatar Rehabilitation Institute. She is the National Lead for the Healthy Ageing priority area at the Ministry of Public Health of Qatar. Dr Hanadi Al Hamad has achieved remarkable results in improving the care of older patients in Qatar. Through her leadership roles within different leading medical institutions, Dr Hanadi Al Hamad has vastly expanded the reach, timeliness, range and quality of services provided to patients. She has spearheaded the development of innovative programmes such as geriatric virtual clinics for older people and an urgent day-care unit. Beyond her clinical work, Dr Hanadi Al Hamad also leads an impressive research agenda that aims to optimize and continue to improve the treatment of older patients in the country as well as being involved in awareness raising and capacity-building activities.</p> <p>Report of the Selection Panels: <a href="#">EB150/44</a></p> <p><a href="#">News release</a></p>
2021	<p>Decision <a href="#">EB148(15)</a>: The Executive Board, having considered the report of the State of Kuwait Health Promotion Foundation Selection Panel, awarded the His Highness Sheikh Sabah Al-Ahmad Al-Jaber Al-Sabah Prize for Research in Health Care for the Elderly and in Health Promotion for 2021 to the National Center for Gerontology (China) for its outstanding contribution to research in the areas of health care for the elderly and in health promotion.</p>	<p><b>National Center for Gerontology (China)</b></p> <p>The National Center for Gerontology has been in operation since 2015 and is responsible for the prevention and control ageing-related diseases in China, primarily through: developing national strategies; leading critical research; promoting the health of elderly people in remote areas; training of health professionals; and international exchange activities in the area of ageing. A core focus of the Center’s work includes health education and health promotion for older people. In this regard, it has provided over 1600 training courses to medical personnel. In the past five years, it has delivered 1200 study courses to over 60 000 participants. Health professionals from underdeveloped areas are also accepted on training courses in Beijing on public health without charge. Research areas that the Center has focused on include mechanisms of ageing, ageing markers, patterns of health status in older age, and health promotion and maintenance of functional ability of older people.</p>

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		Report of the Selection Panels: <a href="#">EB148/43</a> <a href="#">News release</a>
<b>2020</b>	Decision <a href="#">EB146(28)</a> : The Executive Board, having considered the report of the State of Kuwait Health Promotion Foundation Selection Panel, awarded the His Highness Sheikh Sabah Al-Ahmad Al-Jaber Al-Sabah Prize for Research in Health Care for the Elderly and in Health Promotion for 2020 to Professor Gunhild Waldemar from Denmark for her outstanding contribution to research in the areas of health care for the elderly and in health promotion.	<b>Professor Gunhild Waldemar (Denmark)</b> Professor Gunhild Waldemar is a certified neurologist and a well-established researcher. Throughout her career, she has contributed substantially to research in health care for older adults, including in the areas of dementia diagnosis, inappropriate use of opioids and antipsychotics in older adults with dementia, the effect of early psychosocial counselling and support and the effect of exercise in people diagnosed with Alzheimer disease. She has actively contributed to the advancement of health care and quality of life of people with dementia through the development and implementation of different programmes and policy related activities. For example, in 2007 she established the Danish Dementia Research Centre, which she chairs. Professor Waldemar has supported the development of the dementia national action plans and has headed the development and launch of three successful initiatives in this area. Report of the Selection Panels: <a href="#">EB146/44</a> <a href="#">News release</a>
<b>2019</b>	Decision <a href="#">EB144(14)</a> : The Executive Board, having considered the report of the State of Kuwait Health Promotion Foundation Selection Panel, awarded The State of Kuwait Health Promotion Foundation's His Highness Sheikh Sabah Al-Ahmad Al-Jaber Al-Sabah Prize for Research in Health Care for the Elderly and in Health Promotion for 2019 to the Aging and Fragility in the Elderly Group of the Research Institute of La Paz Hospital of Spain for its outstanding contribution to research in the areas of health care for the elderly and in health promotion.	<b>Aging and Fragility in the Elderly Group of the Research Institute of La Paz Hospital (Spain)</b> The Aging and Fragility in the Elderly Group of the Research Institute of La Paz Hospital in Madrid, established in 2006, is a multidisciplinary group of 20 researchers. The mission of the Group is to promote and improve the quality of research in the field of geriatric primary care through epidemiological studies on frailty and chronic diseases affecting elderly people. One of its most outstanding projects is the clinical study of hip fractures in elderly people, which is undertaken by the working group on the National Registry of Hip Fractures. This working group, established in 2016, is integrated into and coordinated by the Aging and Fragility in the Elderly Group. The working group comprises a multidisciplinary research group of 190 specialists from 61 Spanish hospitals who have collected demographic, epidemiological and health care details of over 14,000 patients who have been affected by hip fracture pathology. The information contained in this registry has served to establish the most effective interventions and has led to the revision of clinical guidelines. These revised evidence-based practices have already contributed to the reduction of complications and mortality in orthogeriatric patients, average time spent in hospital and the number of specialist consultations. Report of the Selection Panels: <a href="#">EB144/40</a> <a href="#">News release</a>

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<p><b>2018</b></p>	<p>Decision <a href="#">EB142(16)</a>: The Executive Board, having considered the report of the State of Kuwait Health Promotion Foundation Selection Panel, awarded the His Highness Sheikh Sabah Al-Ahmad Al-Jaber Al-Sabah Prize for Research in Health Care for the Elderly and in Health Promotion for 2018 to Association El Badr, Association d'aide aux malades atteints de cancer (the El Badr Association, Cancer Patient Association) of Algeria for providing a very good example of the involvement of civil society in social and humanitarian actions.</p>	<p><b>Association El Badr, Association d'aide aux malades atteints de cancer (the El Badr Association, Cancer Patient Association) (Algeria)</b></p> <p>The Association is being recognized as a very good example of the involvement of civil society in social and humanitarian actions. The Association's general objectives are to inform and raise awareness in the general population, and to help patients with cancer. It runs a tobacco use control programme and each year organizes "Never the first cigarette", an annual awareness campaign against tobacco use, aimed at pupils and students in primary schools, high schools and colleges. It offers breast cancer screening and organizes various awareness activities. The Association invests in preventive actions, early detection of cancer and providing medical services to patients affected by cancer, in both hospitals and day clinics, offering psychological and logistical support, ranging from blood transfusion services and medicines, to colostomy bags and nappies. It helps patients in their relations with the social insurance services and the social protection services and obtains social insurance coverage for poor and uninsured patients. In 2011 it inaugurated the first house to receive and accommodate cancer patients.</p> <p>Report of the Selection Panels: <a href="#">EB142/30</a> <a href="#">News release</a></p>
<p><b>2016</b></p>	<p>Decision <a href="#">EB138(9)</a>: The Executive Board, having considered the report of the State of Kuwait Health Promotion Foundation Selection Panel, awarded the His Highness Sheikh Sabah Al-Ahmad Al-Jaber Al-Sabah Prize for Research in Health Care for the Elderly and in Health Promotion for 2016 to Dr Michal Novák from Slovakia for his outstanding contribution over the past 30 years to research on the causes and treatment of Alzheimer's disease.</p>	<p><b>Dr Michal Novák (Slovakia)</b></p> <p>Dr Novák was nominated by the Ministry of Health of Slovakia for his outstanding work over the past 30 years on the treatment of Alzheimer's disease. Among his outstanding achievements, he is recognized for having created a monoclonal antibody (MN423) that was instrumental in the discovery of the tau protein as the prime candidate for the causative molecule of Alzheimer's disease. Dr Novák has launched various initiatives that focus on improving the scientific understanding of the disease, standards for medical tools for its identification and treatment, and the quality of social care and structures available, and also on ensuring optimum care at all stages of the patient's illness. In 1996, Dr Novák founded the Institute of Neuroimmunology of the Slovak Academy of Sciences, known now as the Alzheimer's Disease Centre. Dr Novák has also contributed to the improved quality of services provided to Alzheimer's disease patients and their relatives in Slovakia. In 1998, in collaboration with the Ministry of Health and a group of psychiatrists, Dr Novák set up the first Slovak national diagnostic centre for Alzheimer's disease patients. He also founded and currently serves as President of the Slovak Alzheimer's Society.</p> <p>Report of the Selection Panels: <a href="#">EB138/49</a></p>

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<p><b>2015</b></p>	<p>Decision <a href="#">EB136(10)</a>: The Executive Board, having considered the report of the State of Kuwait Health Promotion Foundation Selection Panel, awarded the State of Kuwait Prize for Research in Health Promotion for 2015 to Dr Alaa Eldien Mohamed El Ghamrawy of Egypt, who is being honoured for his personal contribution to the creation of the National Programme for Rheumatic Heart Disease (RHD) in Egypt.</p>	<p><b>Dr Alaa Eldien Mohamed El Ghamrawy of Egypt</b></p> <p>Dr Alaa Eldien El Ghamrawy is nominated by the Ministry of Health for his personal contribution to the creation of the National Programme for Rheumatic Heart Disease (RHD) in Egypt. In 2003, Dr El Ghamrawy noted that over 60% of the total heart operations in Al Mahalla Hospital Cardiac Centre, where he was working, could be attributed to rheumatic heart disease. A group of dedicated physicians undertook a small-scale initiative for the early detection and appropriate treatment and prevention of rheumatic heart disease. The local community’s awareness and appreciation of rheumatic heart disease activities encouraged local initiatives for screening and early detection of the condition. This activity extended to rural areas. Civil society helped equip the initiative with mobile units, which included medical devices, and laboratory and computer equipment. In 2005, the Ministry of Health recognized the magnitude of the problem and established a national control programme for rheumatic heart disease, which includes training programmes for health care professionals throughout the country, including physicians, internists, paediatricians and community workers. Since the establishment of the programme, studies have shown a notable decrease in the incidence of heart operations due to rheumatic heart disease.</p> <p>Report of the Selection Panels: <a href="#">EB136/41</a> <a href="#">News release</a></p>
<p><b>2013</b></p>	<p>Decision <a href="#">EB132(7)</a>: The Executive Board, having considered the report of the State of Kuwait Health Promotion Foundation Selection Panel, awarded the State of Kuwait Prize for Research in Health Promotion for 2013 to Dr Wang Guiqi from China for his significant contribution to early detection and treatment of oesophageal cancer, one of the most common forms of cancer in China, particularly in high-risk rural areas.</p>	<p><b>Dr Wang Guiqi (China)</b></p> <p>Dr Wang is being honoured for his significant contribution to early detection and treatment of oesophageal cancer, one of the most common forms of cancer in China, particularly in high-risk rural areas. Dr Wang and his colleagues have provided training courses for local and voluntary health professionals. 2100 health professionals from 28 provinces have been trained in endoscopy, pathology, epidemiology, and treatment for early oesophageal cancer. This increased screening capacity has optimized the primary health care system for cancer prevention and control in rural areas, including for the disadvantaged population. Dr Wang recommends an integrated strategy to cover cancer control and chronic disease screening, and the involvement of communities in planning, management, and evaluation of health promotion in the control of chronic disease.</p> <p>Report of the Selection Panels: <a href="#">EB132/35</a></p>
<p><b>2012</b></p>	<p>Decision <a href="#">EB130(13)</a>: The Executive Board, having considered the report of the State of Kuwait Health Promotion Foundation</p>	<p><b>Dr Eltahir Medani Elshibly (Sudan)</b></p> <p>The candidate’s career has been dedicated to a wide range of family health issues, from breastfeeding promotion to HIV prevention and nutrition. He has worked at the clinical level for the Ministry of Health and in research.</p>

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	<p>Selection Panel, awarded the State of Kuwait Prize for Research in Health Promotion for 2012 to Dr Eltahir Medani Elshibly from Sudan for his dedication to a wide range of family health issues, from breastfeeding promotion to HIV prevention and nutrition.</p>	<p>The candidate has numerous publications which include articles in international peer-reviewed journals. Report of the Selection Panels: <a href="#">EB130/32</a></p>
<p><b>2011</b></p>	<p>Decision <a href="#">EB128(5)</a>: The Executive Board, having considered the report of the State of Kuwait Health Promotion Foundation Selection Panel, awarded the State of Kuwait Prize for Research in Health Promotion for 2011 to both Mr Wang Dechen of China and to the Association Tchadienne Communauté pour le Progrès for their outstanding contributions to research in health promotion.</p>	<p><b>Mr Wang Dechen (China)</b></p> <p>Mr Wang has made a significant contribution to health promotion research and health-care services in the region of Ningxia, China. He is the Director of the Institute of Health Education, Vice President of the Health Education Association, and Secretary-General of the Tobacco Control Association of the Ningxia Hui Autonomous Region. Mr Wang has been involved in many health literacy programmes sponsored by the Ministry of Health and has published widely on a variety of health-related subjects. He has also been involved in designing health education posters and DVDs. More than two million copies of his books and other material have been printed and distributed to urban and rural households and workplaces all over the Ningxia Hui Autonomous Region. Since 2005 Mr Wang has been contributing to the development of the tobacco control policy in Ningxia Hui Autonomous Region and has promoted the establishment of regulations on banning smoking in public places and banning smoking in public traffic. Through his efforts, more than 8000 taxis and buses have joined the “smoke free traffic” movement, and more hospitals and schools are becoming smoke free.</p> <p><b>Association Tchadienne Communauté pour le Progrès (Chad)</b></p> <p>The Association Tchadienne Communauté pour le Progrès opened the Goundi Hospital and in 1990 it launched the Integrated Health Programme. In 2003-2004 it established the Good Samaritan University Training and Health-Care Centre and University/Faculty of Medicine. The main objectives of the Association Tchadienne Communauté pour le Progrès are to participate in the Government’s efforts to train medical and paramedical professionals and to extend the integrated health system in accordance with the Alma-Ata Declaration. The main achievements of the Association are its innovative self-financing scheme, which allows patients to have access to quality care at reduced rates; the quality of training offered to physicians and nurses in the university teaching hospital; the Association’s innovative loan scheme for students with low incomes; and its retention scheme for skilled workers, which allows enrolment into its institutions on condition of working for 10 years in a health structure which is recognized by the Faculty.</p>

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		Report of the Selection Panels: <a href="#">EB128/29</a>
<b>2009</b>	Decision <a href="#">EB124(5)</a> : The Executive Board, having considered the report of the State of Kuwait Health Promotion Foundation Selection Panel, awarded the State of Kuwait Prize for Research in Health Promotion in 2009 to the National Centre for Workplace Health Promotion, Nofer Institute of Occupational Medicine (Poland) and Dr Shaikha Salim Al Arrayed (Bahrain) for their outstanding contribution to research to health promotion.	<p><b>National Centre for Workplace Health Promotion, Nofer Institute of Occupational Medicine (Poland)</b></p> <p>The National Centre for Workplace Health Promotion is responsible for the development and coordination of activities of the National Network for Workplace Health Promotion in Poland. It has an interdisciplinary team of researchers and implementers, specializing in the fields of sociology of health and medicine, public health and political science and their teaching. It is also the National Contact Office for the European Network for Workplace Health Promotion and is a member of COST, the intergovernmental framework for European Cooperation in Science and Technology. The Centre is responsible for the development of plans and strategies and carries out systematic research and analysis of the status and conditions of health promotion in Poland, producing information for use in consultations on health promotion projects in enterprises, training of professionals and the creation of social and political support for improved health promotion in Poland and the region. Among its various achievements is the launch in 2002 of a new area of research into the needs of older employees. The Centre has developed a unique database on health promotion activities carried out in Polish enterprises. New problems identified from research and regular surveys are investigated, catalogued and monitored.</p> <p><b>Dr Shaikha Salim Al Arrayed (Bahrain)</b></p> <p>Dr Al Arrayed, Head of both the Genetic Department in the Salmaniya Medical Complex and the National Committee for Control of Hereditary Diseases, has made significant contributions to health research, health training and health-care services in her country and in the Eastern Mediterranean Region, with a focus on the elimination of genetic diseases and the care of those affected by them. Over the past 25 years, she has successfully implemented the country's hereditary blood diseases control programme, achieving a 60% to 70% reduction of prevalence among newborns. Increased knowledge among the general population has also considerably reduced the rate of consanguinity. Dr Al Arrayed has organized and directed health education and awareness campaigns for groups ranging from the general public to health professionals and policy-makers and health authorities. Information booklets have been produced and distributed widely. Good working partnerships have been built with religious scholars and legislators. This programme, the first in the Region, has been used as a model in other regions.</p> <p>Report of the Selection Panels: <a href="#">EB124/26</a></p>
<b>2008</b>	Decision <a href="#">EB122(6)</a> : The Executive Board awarded the State of Kuwait Prize for	<p><b>Dr Zaza Metreveli (Georgia)</b></p> <p>Dr Zaza Metreveli is the Chief of the Department of Anaesthesiology, Intensive Care Medicine and Critical Care</p>

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	<p>Research in Health Promotion in 2008 to Dr Zaza Metreveli (Georgia) and Dr Chuon Chantopheas (Cambodia) for their outstanding contribution to health development.</p>	<p>Medicine at the Gudushauri National Medical Centre in Tbilisi, where he has shown leadership in establishing health services to meet the priority needs of the population of Georgia, particularly in the field of emergency medicine, anaesthesiology and critical care, and in maternal health care. During states of national emergency and conflict, he made a significant contribution to national welfare. Dr Metreveli is also recognized for providing specific training in critical care and emergency medicine for large numbers of emergency rescuers and the police, developing online programmes in telemedicine and training courses for physicians and rescue staff. He has successfully involved the community and community services in emergency preparedness and emergency procedures. Further aspects of his work in emergency medicine and critical care have been the guidelines and manuals for use in catastrophes, and the leading roles he played in disaster situations in the Islamic Republic of Iran, Pakistan and Turkey between 2003 and 2006.</p> <p><b>Dr Chuon Chantopheas (Cambodia)</b></p> <p>Dr Chuon Chantopheas is Deputy Head of the Technical Bureau of the National Laboratory for Drug and Food Quality Control at the Ministry of Health and has played a leading role in raising awareness about the consequences of food-borne diseases, a major cause of ill-health in Cambodia. She has gained an international reputation in the region for informing the community on how to take preventive action and using mass communication media. She has been recognized as an expert in this field, both nationally, and by FAO and WHO, and invited to address international meetings and public forums on food-borne disease. Dr Chuon Chantopheas has also initiated laboratory research to identify contaminants and harmful substances in food, leading to the development of national guidelines and a handbook on chemical substances and microbiologicals in food, used for public information and for training. Her efforts have been focused on assisting rural communities and small businesses in this low-income developing country to produce and process safe food and reduce the incidence of food-borne disease.</p> <p>Report of the Selection Panels: <a href="#">EB122/35</a></p>
<p><b>2006</b></p>	<p>Decision <a href="#">EB117(7)</a>: The Executive Board awarded the State of Kuwait Prize for Research in Health Promotion for 2006 to the Early Psychosis Intervention Programme (Singapore).</p>	<p><b>Early Psychosis Intervention Programme (Singapore)</b></p> <p>The Early Psychosis Intervention Programme in Singapore is a comprehensive, integrated, high-quality and patient-centred programme, which focuses on the early detection of psychosis and the subsequent provision of evidence-based treatment by a multidisciplinary team of psychiatrists, psychologists, case managers, social workers, nurses and occupational therapists, so as to maximize the chances of recovery, as well as minimize the costs of the illness. The general objectives of the programme are to raise awareness of the early signs and symptoms of psychosis and reduce the stigma associated with the illness; establish strong links with primary health-care providers to work as "partners" in the detection, referral and management of patients suffering from</p>



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		<p>psychosis; detect and manage psychosis at an early stage; reduce the duration of untreated psychosis; and improve the outcome and quality of life of those with psychosis and therefore reduce the burden of care for their families.</p>
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