Outline

- T&CM situation in SEAR
- Region’s priority areas and progress
- Challenges & opportunity
- Experience and lessons learnt
T&CM situation in SEAR

- 11 Member States (MSs) accounts for 25% of global population
- 10 MSs: National policy, regulation on T&CM products
- 9 MSs: National office & program in health ministries; formal education system
- 7 MSs: co-located T&CM services along with allopathic medical care; 5 MSs: health insurance
- 7 MSs: Research Institutes
- 6 MSs: Pharmacopeia/monographs;
- 5 MSs: Essential Medicine policy;
- 4 MSs: Safety monitoring system
Region’s priority areas

- WHO Global T&CM strategy 2014-2023 (2014)
  1. Build knowledge base
  2. Strengthen regulatory system
  3. Promote UHC through integration

- Regional resolution SEA/RC67/R3 on T&CM (2014)
- Regional meeting on T&CM in Oct., 2015
- Region’s priority areas (2015)
  - Research capacity building
  - M&E on TM system performance
  - Safety & Quality monitoring for T&CM products
  - Integration
1. Research capacity building

- **Regional workshops** on T&CM research methodologies for the WHO South-East Asia in 2019 & 2022

- **Country case studies**
  - A systematic review on T&CM research against COVID-19 in India, 2021;
  - Implementation study on Integration of T&CM into health system for combating COVID-19 pandemic in India, 2021.

- **Several T&CM journals** shared with MSs regularly since 2015

- **A regional guideline on T&CM research methodologies** for the WHO South-East Asia is under development (2022-23)
2. Monitoring and Evaluation system

Regional consultations on T&CM data in 2017 and 2021:

- Developed M&E framework;
- 52 Indicators and metadata;
- DHIS2-based T&CM data collection tool;
- Country and regional dashboard;
- Country data collection is in progress in 2022-23
## M&E Framework for T&CM

**Traditional and Complementary Medicine (T&CM) Indicator Monitoring Framework for South-East Asia**

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### Service Delivery Outputs

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<td>Service delivery</td>
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<td>Service delivery</td>
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### T&CM Framework for T&CM

- **Physical Infrastructure**
  - T&CM facility density
  - Nr and density of health facilities offering T&CM

- **T&CM products**
  - Availability of T&CM products
  - Nr of T&CM products included in the national essential medicines list

- **Manufacturing of T&CM products**
  - T&CM products are regulated by national medicines regulatory authorities

- **Advertising of T&CM products**
  - Existence of a regulatory mechanism to oversee advertising and labelling of T&CM products

- **T&CM resource protection and promotion of sustainable use**
  - Existence and continuing development of a mechanism and database to protect traditional knowledge and associated genetic resources

- **Information and research**
  - T&CM indicator monitoring
  - Existence of a functional T&CM indicator reporting body

- **T&CM safety monitoring**
  - Existence of a national adverse event reporting system for T&CM products

- **T&CM research**
  - Existence of a national body to oversee T&CM-related researches

- **Management of population health**
  - Existence of a communication mechanism to provide public information related to T&CM

### Health workforce

- Number and density of registered formally trained T&CM practitioners
- Density of registered informal traditional healers

### Accreditations and training institutions

- Existence of a national mechanism to ensure quality of T&CM education and training
- Existing professional development
  - Continuation of professional development

### Service delivery

- Service delivery
  - Improving quality
  - Existence of T&CM practice guidelines

### Health Objectives

- Access to services
  - Percentage of population who report problems in accessing T&CM services when they have a healthcare need

- Utilization of T&CM services
  - Nr of outpatient department visits for T&CM services per capita

- Integrated care
  - Nr of health facilities providing both T&CM and modern medicine services

- Management of population health
  - Existence of a communication mechanism to provide public information related to T&CM

### Quality and safety

- T&CM adverse events reported
  - Nr of reported T&CM-related adverse events for T&CM products

- Continuity of care
  - Percentage of patients who report having a regular T&CM provider

### People-centered care

- Shared decision-making
  - Percentage of patients who report being involved in decisions about their T&CM care and treatment

52 Indicators

- 27 Core indicators
- 25 Reference indicators
3. Safety & Quality monitoring for T&CM products

- A briefing note on Pharmacovigilance (PV) for T&CM products in 2017
- In-depth country reviews on PV in 2018
- Regional baseline survey on PV in 2019
- Regional workshop on PV in 2020
- Regional ToT training on PV in 2021
- A regional hands-on training on Lab-based Quality Control methods for T&CM products & Informal expert group communication in 2022
- South-East Asia Regulatory Network (SEARN) established in 2016 discussed on T&CM regulatory issues;
- Five countries in IRCH
- Four MSs with PV for T&CM products
4. Integration

- **2015**: Regional workshop to share experience and evidence on appropriate integration of TM into national healthcare systems.

- Several **study tours** program organized in 2016, 2017 and 2018 for several countries.

- **2020**: Regional publication *Traditional Medicine in the WHO South-East Asia Region: Review of progress 2014-2019* after country in-depth review
  - Country profile
  - Regional achievement
  - Country achievement including good and best practices in different aspects of T&CM

- **2022**: Country success story on integration in DPR Korea documented in a regional publication
Challenges and opportunity

- **Challenges**: Despite steady progress in areas of T&CM, particularly in implementing the global strategy, Member States in the WHO South-East Asia region as like other regions still face key challenges such as lack of research evidence & data, financial support, & mechanisms to monitor and regulate T&CM practice, products and practitioners, as well as policy guidance on integration of T&CM into health system.

- **Opportunity**: The new setting-up of the WHO GCTM possesses the historical moment and strategic opportunities for the development of T&CM, particularly in catalyzing traditional healing knowledge and advanced science and technologies toward promoting evidence-based T&CM practices to improve health and wellbeing of the population and to strengthen health system.
Experience, and lesson learned

- Develop T&CM in health system approach;
- Find appropriate way to research, validate, and generate evidence and data on T&CM intervention;
- Establish minimum quality and safety standard on T&CM products, given the global use of T&CM products;
- Identify, document and disseminate good and best practices in different aspects of T&CM including integration, regulation, M&E system, research evidences and innovation among Member States;
- Provide common platform for sharing experiences in regulating, researching and integrating T&CM into healthcare delivery system;
- Continue to provide capacity building program on different technical aspects of T&CM as per the countries’ demand.
Thank you!