

## COUNTRY FACTSHEET INSUFFICIENT PHYSICAL ACTIVITY

**COUNTRY: LIBYA**

Updated as of 17-06-2015

INDICATORS	Total	Men	Female
Prevalence of insufficient physical activity among adult 18+ (2009)*	38	32.8	43.3
<b>PREVALENCE OF PHYSICAL INACTIVITY AMONG YOUTH</b>	Total	Boy	Girl
Percentage of adolescent aged 13-15 y. o being insufficiently active (Sufficiently active= being physically active for a total of at least 60 min. daily on five or more days during the past seven days).**	92	90	93.4

Source: \*Global Status Report on Non-communicable disease 2014/WHO

\*\* Global Student Health Survey/WHO 2007

<b>2-GOVERNANCE</b>	Yes	No
1. Country has a designated national focal point for physical activity at MOH		√
2. Country has an national plan of action/programme/strategy to promote physical activity with national targets		√
3. Country has formal mechanism(s) to collaborate with non-health sectors e.g. ministries of education, sports, urban planning etc.		√

<b>3-POPULATION BASED INTERVENTION TO TACKLE INSUFFICIENT PHYSICAL ACTIVITY</b>	Yes	No
1. Country has celebrated the World Day on physical activity on 6 April.		√
2. Country has conducted at least one national campaign on physical activity targeting adult population during the past year		√
3. Country has conducted at least one national campaign on physical activity during the past year targeting youth during the past year		√

<b>4-SURVEILLANCE</b>	Yes	No
1. Country has implemented STEPS during the last 5 years		√
2. Country has implemented GSHS during the last 5 years		√
3. Country has implemented the WHO PAT Survey during the last 5 years		√

<b>NATIONAL SYSTEMS RESPONSE</b>	Yes	No
1. Country has integrated physical activity in NCDs prevention programmes at primary health care services		√
2. Country has made physical education mandatory to the school curriculum for female and male students		√
3. Country has programme(s) promoting creation of public parks, recreation spaces to promote physical activities		√
4. Country has designated national sport day engaging multiple sectors including education, health ....		