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PLEASE DRAW YOUR SCHOOL.
WHAT IS MALARIA?

You can avoid catching malaria, but if you do, you can be treated for it.

Malaria is caused by a small parasite. The name of this parasite is Plasmodium. It lives in your body, and makes you ill by destroying part of your blood.

If you become ill, you need medicine to make you better.

You catch malaria when you are bitten by a mosquito.

You must take medicine very quickly.
THE PARASITE

The parasite that makes you ill is very small. To be able to see it you need a microscope.

The parasite first of all multiplies inside the mosquito, then in your body when the mosquito bites you.

THE MOSQUITO

It is female mosquitoes that bite since they need your blood for their eggs to develop.

You do not feel them sucking your blood since they bite at night while you are asleep.
How do you know that someone has malaria?

The person who is ill will have a fever for several days.

The ill person will complain of headache, backache and of aching all over their body.

Often, the person is sick and feels very weak... but sometimes a person can become very ill.

...In this case, that person will seem unconscious and sometimes will be twitching and shaking in a very strange way.
HOW DO YOU CATCH MALARIA?

When a mosquito bites someone who is ill with malaria, it sucks blood which contains parasites.

Afterwards, when the mosquito bites a healthy person, it passes on the parasite to that person...

... that person, in turn, becomes ill with malaria.
WHERE DO MOSQUITOS LIVE?

Mosquitos bite you during the night while you are asleep.

Mosquitos need water for growing up.

Mosquitos like living in places where there is stagnant water...
**TRUE OR FALSE**

**YOU CAN CATCH MALARIA THROUGH DRINKING MILK.**

**YOU CAN CATCH MALARIA THROUGH MOSQUITO BITES.**

**MOSQUITOS GO TO SLEEP AT NIGHT.**

**THE MALARIA PARASITE LIVES IN TREES.**

**IT IS VERY IMPORTANT TO START MEDICAL TREATMENT AS SOON AS YOU FEEL ILL.**

**THE MALARIA PARASITE IS VERY BIG.**

**MOSQUITOS DO NOT LIKE WATER AND THAT IS WHY THEY LIVE IN VERY DRY PLACES.**

**MALARIA CAN MAKE YOU VERY ILL AND YOUR BODY CAN TWITCH AND SHAKE.**
WHERE DO YOU FIND MALARIA?

MALARIA DOES NOT ONLY OCCUR IN AFRICA.

- CAN YOU TELL ME WHERE YOUR COUNTRY IS ON THE MAP?..
- WHAT IS THE NAME OF YOUR COUNTRY'S CAPITAL CITY?
- WRITE DOWN THE NAME OF 3 OTHER AFRICAN COUNTRIES WHERE MALARIA OCCURS.

REGIONS WITH MALARIA
WHAT YOU SHOULD DO IF YOU BECOME ILL?

GET MEDICAL TREATMENT IMMEDIATELY...

IF SOMEONE IS VERY ILL, TAKE THEM TO THE HEALTH CENTRE...

TAKE THE MEDICINE THAT THE DOCTOR OR NURSE HAS TOLD YOU TO TAKE...

IF YOU DO NOT FEEL BETTER WITHIN 2 DAYS, GO BACK TO THE HEALTH CENTRE.

EVEN IF YOU FEEL BETTER AFTER A FEW DAYS, COMPLETELY FINISH THE MEDICINE.
HOW TO PROTECT YOURSELF FROM MOSQUITO BITES

All these drawings show you how to protect yourself from mosquito bites...

Bednets.

Mosquito coils.

Mosquito repellents.

It is very important that you make sure to follow this advice every day.

Traditional repellents.

In this way it will be more difficult to catch malaria.

Clothing which covers the arms and legs so they protect you.

Mosquito screens
You must always sleep under a bednet.

A bednet treated with insecticide kills mosquitoes for up to 6 months.

Use a bednet every night.

Keep it in good condition.

Tell your mum not to wash the bednet more than once or twice a year.

Very important: soak the bednet in mosquito insecticide every 6 months or once a year.

Sleep every night under a bednet.

And above all, do not forget to make your bed by tucking in the sides of the bednet under your mattress or mat.
GAME: HIDDEN WORDS.

There are three words or groups of words hidden on this blackboard. If you find them, you can draw a box around them...

* Vertically or horizontally.
GAME: "THE HEALTH TRACK."

JOIN UP TO THE "HEALTH" BOX, WITH ONE LINE, ALL THE DRAWINGS THAT SHOW THE RIGHT ACTION TO TAKE WHEN YOU HAVE MALARIA.

CAN YOU EXPLAIN WHY THE REMAINING DRAWINGS ARE BAD EXAMPLES?
You are ill! Quick, let's go to the health centre.

There you are, I'm back with the medicine.

So, I'm going to get better, mum?!

Yes, thanks to the medicine.

I'm giving you this mosquito coil as a present, take it!

No thanks, I don't really need it.
CONCLUSION...

Malaria is a very serious illness, you can die of it. You can avoid becoming ill if you protect yourself from mosquito bites.

IF YOU BECOME ILL, YOU MUST TAKE MEDICINE RIGHT AWAY.

FINISH ALL THE MEDICINE, EVEN IF YOU FEEL BETTER AFTER A FEW DAYS!

SOLUTIONS TO THE GAMES

B, C, F, H = health
A, D, G, E = illness

Page 14 & 15

Lime 1: repellents (across)
Lime 2: bednets (across)
Lime 1: mosquito coils (down)

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Lime 4: F, T
Lime 3: T, P
Lime 2: F, P
Lime 1: F, T

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