

PROMOTING INDEPENDENCE OF PEOPLE WITH DISABILITIES DUE TO MENTAL DISORDERS

A Guide for Rehabilitation in Primary Health Care

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This document includes both a manual on psychosocial rehabilitation and eight practical fascicles, each one covering a different aspect, respectively: (i) general guidelines to work with a person with a disability due to a mental disorder, (ii) guidelines in providing help to persons with a mental disorder, (iii) working with the family, (iv) how to help a person with a personal disability, (v) how to help a person with a disability in the family role, (vi) how to help a person with a social disability, (vii) how to help a person with an occupational disability, and (viii) how to help a person with an emotional disability.

It is intended for mid-level health personnel who, in their work, come across people with psychiatric disabilities.

KEY WORDS: rehabilitation / psychosocial rehabilitation / mental health care / mental disorders / manuals / mid-level health workers / mid-level rehabilitation workers / psychoses / depression / mental retardation / epilepsy.

Mental Disorders Control

Rehabilitation

Division of Mental Health and
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Division of Health Promotion,
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