

# Adolescent contraceptive use

DATA FROM O MOÇAMBIQUE INQUÉRITO DEMOGRÁFICO E DE SAÚDE (MIDS), 2011

## Adolescent population: who are they?

In the Republic of Mozambique, there are **6.5 million** adolescents aged 10–19 years – **24.0%** of the country's total population.<sup>i</sup> The majority of adolescents live in rural areas, **64.0%** of both adolescent girls and adolescent boys.<sup>i</sup>

By age 19, the mean number of years of schooling attended by adolescent girls is **5.3**, while for adolescent boys it is **6.6**.<sup>ii</sup> Among adolescents who become parents before age 20, the average age at which Mozambican adolescent girls have their first baby is **16.8** years, while the average age at which adolescent boys first become fathers is **18.1**.<sup>ii</sup>

## Sexual activity and marital status

Analysis of data from the MIDS<sup>ii</sup> shows that over **1.8 million** Mozambicans aged 15–19 are currently sexually active – they are either unmarried and have had sex in the last three months or they are in a union (i.e. married or living together). On average, among adolescents who had sex before age 20, adolescent girls first have sexual intercourse at age **15.5** years and adolescent boys at **16.0** years.

Among unmarried adolescents, **46.3%** of adolescent girls report ever having sex and **31.1%** are currently sexually active; among adolescent boys, **59.9%** report ever having sex, while **49.9%** are currently sexually active.

Among all Mozambican adolescents, **37.1%** of adolescent girls and **8.2%** of adolescent boys are in a union. Among these adolescents, the mean age of the first union is **16.1** years for adolescent girls and **17.9** for adolescent boys.

## What can be done to support Mozambican adolescents to prevent unintended pregnancy?

Plan for how, when and where different groups of sexually active adolescents (married and unmarried, boys and girls, rural and urban) use and do not use contraception.

Learn the reasons why adolescents are not using contraception, and develop policies and programmes to better address their needs.

Understand that adolescents may get contraception from a variety of sources and ensure that each of these sources can provide high quality services for adolescents.

# Contraceptive use and non-use among adolescent girls

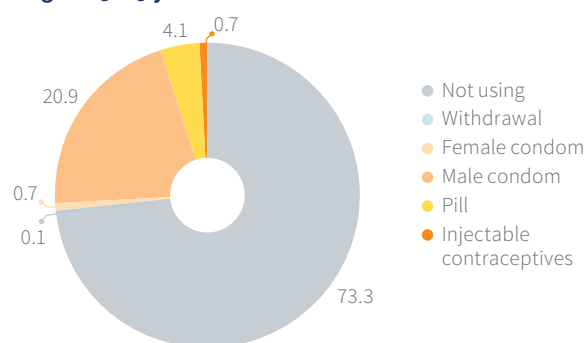
## Unmarried, sexually active

According to MIDS<sup>ii</sup> analyses, **62.6%** of unmarried, sexually active adolescent girls report not wanting a child in the next two years, yet only **48.4%** of them are currently using any method to prevent pregnancy. The main reasons these adolescents report for not using a contraceptive method include:

- **infrequent sex (33.3%)**
- **not married (25.6%)**
- **not having sex (11.3%)**

Among all unmarried, sexually active adolescent girls aged 15–19, **73.3%** are not using a method of contraception. Male condoms and pills are the most common modern methods used (**20.9%** and **4.1%** of these adolescent girls, respectively). Only a small proportion, **0.1%**, are using withdrawal, a traditional method (see Figure 1).

**FIGURE 1. Use and non-use of contraception: unmarried sexually active adolescent girls, aged 15–19 years (%)**



Source: analysis of MIDS 2011<sup>ii</sup>

LISTED FROM LEAST EFFECTIVE TO MOST EFFECTIVE

Unmarried, sexually active adolescents who are using a modern method most often get it from a **government facility (37.0%)** or from **friends (22.0%)**.

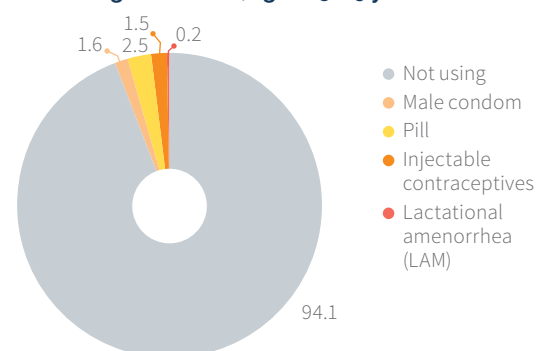
## In union

According to MIDS<sup>ii</sup> analyses, **27.6%** of adolescent girls in a union report not wanting a child in the next two years, yet only **13.6%** of them are currently using any method to prevent pregnancy. The main reasons these adolescents report for not using a contraceptive method include:

- **breastfeeding (60.1%)**
- **not having sex (15.4%)**
- **fear of side-effects or health concerns (7.0%)**

Among all adolescent girls in a union aged 15–19, **94.1%** are not using a method of contraception. Pills (**2.5%**), male condoms (**1.6%**), and injectable contraceptives (**1.5%**) are the most common modern methods used (see Figure 2).

**FIGURE 2. Use and non-use of contraception: adolescent girls in union, aged 15–19 years (%)**



Source: analysis of MIDS 2011<sup>ii</sup>

LISTED FROM LEAST EFFECTIVE TO MOST EFFECTIVE

Adolescents in a union who are using a modern method most often get it from a **government facility (75.3%)** or from **friends (11.5%)**.

LEARN MORE AT [who.int/reproductivehealth/adol-contraceptive-use](http://who.int/reproductivehealth/adol-contraceptive-use)

<sup>i</sup> Urban and rural population by age and sex, 1980–2015 [online database]. New York (USA): United Nations Department of Economic and Social Affairs, Population Division; 2014 (<https://esa.un.org/unpd/popdev/urpas/urpas2014.aspx>, accessed 4 November 2016).

<sup>ii</sup> Ministerio da Saude (MISAU) [Mozambique], Instituto Nacional de Estatística (INE) [Mozambique], ICF International. Moçambique Inquérito Demográfico e de Saúde, 2011 [Datasets]. MZIR62.DTA and MZMR62.DTA. Calverton (MD): ICF International; 2011 ([http://dhsprogram.com/data/dataset/Mozambique\\_Standard-DHS\\_2011.cfm?flag=0](http://dhsprogram.com/data/dataset/Mozambique_Standard-DHS_2011.cfm?flag=0), accessed 4 November 2016).

# Adolescent contraceptive use

ANALYSIS OF O MOÇAMBIQUE INQUÉRITO DEMOGRÁFICO E DE SAÚDE, 2011



Among adolescents who had sex before age 20, the average age at first sex is



15.5 years

for adolescent girls



16.0 years

for adolescent boys

## REPUBLIC OF MOZAMBIQUE



6.5

million adolescents ages 10-19

Among adolescents who become parents before age 20, the average age at first birth is

16.8

for adolescent girls

18.1

for adolescent boys

## What can be done to support Mozambican adolescents to prevent unintended pregnancy?

Plan for how, when, and where different groups of adolescents use or don't use contraception.

Use and non-use of contraception adolescent girls, aged 15-19

Method	Sexually active, unmarried	In union
Not using	73.3%	94.1%
Withdrawal	0.1%	--
Female condom	0.7%	--
Male condom	20.9%	1.6%
Pill	4.1%	2.5%
Injectable contraceptives	0.7%	1.5%
Lactational amenorrhea (LAM)	--	0.2%

Learn the reasons why adolescents are not using contraception.

Report not wanting a child in the next two years

62.6%

sexually active, unmarried adolescent girls

27.6%

adolescent girls in union

Main reasons for not using contraception

Sexually active, unmarried

33.3% infrequent sex

25.6% not married

11.3% not having sex

In union

60.1% breastfeeding

15.4% not having sex

7.0% fear of side-effects or health concerns

Understand that adolescents may get modern contraception from a variety of sources.



Sexually active, unmarried

37.0%

from a government facility

22.0%

from friends



In union

75.3%

from a government facility

11.5%















from friends

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Ministerio da Saude (MISAU) [Mozambique], Instituto Nacional de Estatistica (INE)[Mozambique], ICF International. Moçambique Inquérito Demográfico e de Saúde, 2011 [Datasets], MZIR62.DTA and MZMR62.DTA. Calverton (MD): ICF International; 2011 ([http://dhsprogram.com/data/dataset/Mozambique\\_Standard-DHS\\_2011.cfm?flag=0](http://dhsprogram.com/data/dataset/Mozambique_Standard-DHS_2011.cfm?flag=0), accessed 4 November 2016).  
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## METHODS:

-  Not using
-  Withdrawal
-  Periodic abstinence
-  Rhythm/calendar
-  Female condom
-  Male condom
-  Standard days/cycle beads
-  Pill
-  Injectable contraceptives
-  Lactational amenorrhea (LAM)
-  Implants
-  IUD
-  Male sterilization
-  Female sterilization

## REASONS FOR NON-USE:

-  Not married
-  Not having sex
-  Infrequent sex
-  Menses has not returned after birth
-  Breastfeeding
-  Fatalistic (up to god)
-  She is opposed
-  Husband/partner is opposed
-  Religious prohibition
-  Knows no method
-  Knows no source
-  Fear of side effects/health concerns
-  Inconvenient to use
-  Others opposed
-  Lack of access/too far

## SOURCE OF METHOD:

-  Government facility
-  Private facility
-  Pharmacy
-  Shop
-  Friends or parents
-  Other
-  Community Health Worker