Zimbabwe

HEALTH SITUATION

The country has made some progress in achieving the MDGs. The percentage of pregnant women accessing antenatal care visit increased from 64.8% in 2009 to 75.7% in 2015. The percent of deliveries attended by trained health personnel increased from 66% in 2009 to 78% in 2015. Maternal mortality ratio declined from 960 in 2010-2011 to 443 per 100,000 live births in 2015. Under-five mortality dropped from 84 deaths in 2010 to 70.7 deaths per 1000 live births in 2015. Twenty-two per cent of female adolescents 15 – 19 years have children. However, child bearing increases with age from 3% among women aged 15 years to 48% among those aged 19 years. The rural-urban differential in teenage fertility is striking as rural girls are twice as likely to become a mother as their urban counterparts. This can be attributed in part to cultural and religious practices in rural areas that promote and accept early sexual debut.

The country has experienced a gradual decline in HIV prevalence among adults aged between 15 – 49 years, from a peak of 29.7% in 1997, to 18.1% in 2006, and 16.7% in 2014, predominantly as a result of behaviour change. HIV prevalence has consistently been higher in urban areas compared to rural areas. Zimbabwe remains one of the 30 countries with the highest burden of TB, TB-HIV and Drug resistant TB; with an estimated TB prevalence of 292 cases per 100,000 populations. HIV remains the main factor fuelling the TB epidemiology in the country. Zimbabwe is also endemic to 4 preventive chemotheraphy neglected tropical diseases – i.e. soil transmitted helminthiasis, schistosomiasis, lymphatic filariasis and blinding trachoma. The country seems to be facing a double burden of communicable and non-communicable diseases (NCDs), although there are not current statistics on the burden on NCDs. The last WHO stepwise approach to surveillance (STEPS) for NCD risk factors survey was done in 2005. However, evidence from health facility-based surveillance data suggests that NCDs and conditions continue to pose a growing public health challenge. Diabetes, hypertension, cardiovascular conditions, cancers, road traffic injuries and mental health conditions continue to afflict a growing numbers of Zimbabweans. It is estimated that NCDs account for 31% total deaths in Zimbabwe. Furthermore, the country is prone to natural and man-made disasters - including frequent disease outbreaks, acute public health emergencies and other health-related humanitarian disasters.

HEALTH POLICIES AND SYSTEMS

The right to health care is enshrined in the 2013 Constitution of Zimbabwe which commits the state to “take all practical measures to ensure the provision of basic, accessible and adequate health services throughout the country”. The Health Service Act guides the organisation of the public health system. The public health-care system of the country operates at primary, secondary, tertiary and quaternary levels and in line with primary healthcare principles (PHC). The National Health Strategy (2016-2020) makes provisions for dealing with the unfinished MDGS Agenda, and for implementation of SDGs. Of the 17 SDGs, Goal 3 - “to ensure healthy lives and promote well-being for all ages” – directly focuses on health and the vision and goals of the new NHS. Key SDGs targets have been selected and adapted as national sustainable development goal targets (e.g. reducing premature mortality from NCDs, mental health, road safety, prevention of substance abuse, etc.). The NHS explicitly spells out ways for advancing UHC, and UHC is part of broader national efforts to deal with extreme poverty, social exclusion and gender inequality.

The new NHS also outlines the country’s commitment to realising the human rights of all, and to achieve gender equality throughout empowerment of all women and girls. WHO’s supporting indicator of Staffing Needs (WISN) survey which will provide the new realistic HRH establishment. One of the legacies of the brain-drain syndrome in Zimbabwe is that new recruits into public health services are unable to access mentorship of more experienced hands, hence increasing concerns of quality of healthcare services. Current level of government funding of healthcare still falls short of WHO’s recommendations of USD86 per capita, and the healthcare system remains heavily dependent on external support – particularly for HRH retention, essential medicines and procurement of health technologies.

COOPERATION FOR HEALTH

The key development and funding partners in the health sector comprise multi-lateral and bilateral institutions, international NGOs and humanitarian and faith-based organisations. Funding partners comprise the European Union (EU), United States Agency for International Development (USAID), the Centre for Disease Control and Prevention (CDC), and the United Kingdom’s Department for International Development (DFID), Irish AID, SIDA (Sweden), the Canadian Department of Foreign Affairs, Trade and Development (DFATD), GIZ, BMGF, World Bank, Swiss Embassy, NORAD, French Aid and the UN family through Zimbabwe United Nations Development Assistance Framework (ZUNDAF) under a Joint Implementation Matrix (JIM).

Other mechanism in which Zimbabwe has received funding include the Global Fund to fight AIDS, Tuberculosis and Malaria (GFATM), the Expanded Support Programme (ESP) and the Global Alliance for Vaccines and Immunisations (GAVI) and the multi-donor funded Health Development Fund (HDF). Government through ZIMASSET and in partnership with the UN Family provides partners with regular information on the national development agenda. There are regular annual planning and half-yearly monitoring and review meetings during which the Ministry of Health and Child Care (MOHCC) provides partners with guidance on areas in which development assistance is required.
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<th>Strategic Priorities</th>
<th>Main Focus Areas for WHO Cooperation</th>
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| **STRATEGIC PRIORITY 1:** Achieving and sustaining UHC through a revitalised PHC approach and sustainable service delivery through strengthening of health systems | - Strengthen HRH to ensure appropriate recruitment into services to match workload, training that responds to contemporary needs, equitable deployment and appropriate retention schemes.  
- Support efforts to improve access to and rational use of safe, effective quality medical products; to strengthen national health regulatory authority; and to ensure that mechanisms for coordination with stakeholders have been established to increase access to essential, high-quality, effective and affordable medical products.  
- Support MOHCC to make a case for appropriate health-care financing, through regular NHA studies, resource mapping exercises, cost-effectiveness analysis of healthcare programmes, finalization of the health financing policy, and advocating for the implementation of a national health insurance.  
- Strengthening health information systems.  
- Support national efforts to improve access to comprehensive, person-centred, integrated health services based on PHC. |
| **STRATEGIC PRIORITY 2:** Accelerating the achievement of unfinished MDGs relating to reduction of maternal, new-born, child and adolescent mortality; and strengthening sexual and reproductive health | - Strengthen MOHCC capacity to implement quality and affordable interventions to contribute to reduction of maternal mortality in the country.  
- Strengthen MOHCC capacity to implement quality and affordable interventions to end preventable deaths of neonates and children below 5 five years of age.  
- Support MOHCC to ensure universal access to sexual and reproductive health care services.  
- Support MOHCC efforts to end all forms of malnutrition, including stunting and wasting in children under five years of age and addressing the nutritional needs of adolescent girls, pregnant and lactating women and older persons. |
| **STRATEGIC PRIORITY 3:** Reducing further the burden on HIV, AIDS, Tuberculosis, malaria, neglected tropical diseases, hepatitis, and other communicable diseases | - Support national efforts toward attainment of HIV "90-90-90 targets"  
- Reduce TB burden in the country as well as introduce new diagnostic and treatment approaches for MDR/TB.  
- Reduce malaria incidence and support efforts to move towards malaria elimination.  
- Reduce morbidity due to NTDs especially STH and schistosomiasis.  
- Reduce morbidity and mortality due to vaccine preventable diseases. |
| **STRATEGIC PRIORITY 4:** Strengthening and re-orienting health and health-related systems to address the prevention and control of NCDs, including disabilities, injuries and mental health disorders, and the underlining socio-economic determinants through people-centred primary health care and UHC | - Improve access to prevention and control of NCDs in line with the global action plan.  
- Improve the mental health status of the population through the development and implement of appropriate national policies/strategies and plans.  
- Support the implementation of multi-sectoral actions to reduce injuries and violence, in particular gender-based violence and violence against children.  
- Support provision of services for disabled people through more effective policies and integrated community based rehabilitation. |
| **STRATEGIC PRIORITY 5:** Strengthening preparedness, surveillance and effective response to disease outbreaks, acute public health emergencies and the effective management of health related aspects of humanitarian disasters in order to improve health security | - Improve alert and response capacities through strengthened coordination mechanisms, capacity building in IDS, IHR (2005) and the development and maintenance of IHR core-capacities including Port Health capacities.  
- Enhance capacity for early detection and prompt response to epidemic and pandemic prone diseases.  
- Improve capacity for emergency risk and crisis management  
- Support efforts to reduce risks to food safety.  
- Improve capacity to respond to threats and emergencies with public health consequences. |