

## WHO EB 152: Item 14. Well-being and health promotion.

Luxembourg believes in the importance of well-being as the highest level of attainable health.

Well-being includes not only physical health; it intrinsically includes physical, mental, psychological, emotional and social well-being. In all cases, we welcome the attention given to well-being as a general state of health.

We acknowledge the wide-ranging domains of wellbeing and the well-known fact that we will only attain full wellbeing as humans if we include all the strategies described in the document “Achieving well-being: A global framework for integrating well-being into public health utilizing a health promotion approach” which we are already working on.

We cannot ignore the importance of prevention and health promotion in the pathway towards success. We need to move away from the emergency hero of crisis management to the caring partner of prevention and promotion of health.

Luxembourg has a strong focus on addressing the main risk factors of noncommunicable diseases such as cancers, cardiovascular diseases, diabetes or obesity. We are working on creating conducive environments for people to be more physically active, empower people to consume healthy food and less alcohol.

We are certain that more can be done. We support the use of new indicators of success, beyond gross domestic product, as recommended by WHO. Economic indicators need to be at the heart of health and wellbeing. If we do not use a whole-of-government approach that addresses health as an investment, inequity will continue to thrive, natural and financial resources will continue to be lost and health literacy will continue to be ignored.

We think “healthy life expectancy” could be the indicator at the centre of the well-being societies. This of course means influencing outside of the health framework at a whole-government level. We thank WHO for their work and agree with the framework presented.

We look forward to continuing our assistance as much as possible.