Road safety and health

Report by the Secretariat

1. Road traffic injuries are a global public health problem affecting all sectors of society. In 2002 an estimated 1.18 million people worldwide died as a result of such injuries: 2.1% of global mortality. These injuries also exerted a heavy toll in terms of ill-health. In 2002, road traffic crashes ranked as the ninth leading cause of burden of disease, accounting for 2.6% of all global disability-adjusted life years lost. Trends in motorization indicate an increase in road traffic injuries; furthermore, by 2020, they could rank third in the order of burden of disease, ahead of other health problems such as malaria, tuberculosis, and HIV/AIDS, according to global burden of disease projections.1

2. In 2002, 90% of the global mortality resulting from motor vehicle crashes occurred in low- and middle-income countries. Road traffic injuries disproportionately affect the poor in these countries, where the majority of victims are among the most vulnerable road users such as pedestrians, cyclists, children, and passengers.

3. The magnitude of the road traffic injury problem varies according to geographical region. More than half of all road crash deaths occur in the South-East Asia and Western Pacific Regions of WHO. The African Region has the highest road traffic death rate.

4. Risk of crash injury is affected by age and gender, almost 50% of the global mortality due to road traffic injury occurring among young adults aged between 15 and 44 years. Globally, the road traffic injury mortality rate for males is almost three times higher than that for females.

5. The category of victims of road traffic injuries varies according to a country’s economic level. In most high-income countries, vehicle drivers and passengers account for the majority of road traffic deaths whereas in low- and middle-income countries, fatalities occur mostly among pedestrians, motorcyclists, cyclists, and users of public transport.

6. The economic consequences of road traffic injuries include costs of prolonged medical care, loss of the family breadwinner, and loss of income due to disability, which together often push families into poverty in many low- to middle-income countries. Such costs typically consume between 1.0% and 2.5% of a country’s gross national product. In low- to middle-income countries, the costs are estimated to be US$ 65 000 million per annum.

7. A “systems approach” is needed in order to identify all the risk factors involved in road crashes, and mitigate their consequences through interventions in all parts of the system: the human, the

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vehicle, and the road infrastructure. The risks include: excessive speed, driving under the influence of alcohol, non-use of helmets and other safety devices such as seat belts and child restraints, poor road design, inadequate vehicle safety standards, and poor trauma care systems.

8. A multisectoral approach to prevention of road traffic injury is required, with public health playing an important role along with other key sectors such as transport, education, police, and finance. Actions should be based on a sound analysis of road traffic injuries, accurate evidence and be adapted to national circumstances. The participation of the health sector is essential for: collecting accurate data on fatal and non-fatal injuries and the costs involved; investigating the causes of road traffic injuries; implementing interventions and evaluating their cost-effectiveness; establishing comprehensive and effective trauma care systems; input in drafting policies to prevent road traffic injury; and advocating increased attention and resources for preventing road traffic injury.

9. The strategies and policies that have led to a significant reduction in the rate of road crashes in high-income countries are not necessarily relevant to low- and middle-income countries where specially adapted strategies may be called for.

10. Improving road safety requires strong political will at all levels of government, backed by collaboration with other credible public and private sector stakeholders with an interest in road traffic injury prevention.

11. In 2001, WHO finalized a five-year strategy for road traffic injury prevention,¹ the objectives of which are to: build capacity to monitor the magnitude of road traffic injuries; integrate traffic injury prevention into public health programmes around the world; promote the implementation of preventive strategies; and advocate for prevention and control of the health consequences of road traffic collisions. WHO’s country and global activities on road traffic injury prevention have been based on this strategy.

12. Road safety will be the theme for World Health Day in 2004, with the aim of raising public awareness of the consequences of road traffic injuries, and encouraging further action. On that day, WHO, in collaboration with the World Bank, will launch the world report on road traffic injury prevention. The report aims to emphasize the role of public health in the prevention of road traffic injuries and will cover the fundamental concepts and prerequisites of road traffic injury prevention, the intensity and impact of road traffic injuries, key determinants and risk factors, intervention strategies, and recommendations.

13. The Executive Board discussed the subject at its 113th session (January 2004). Some members emphasized the need for a multisectoral approach in which public health would play its role. It was also important to focus on vulnerable road users and the gains that could be made by strengthening emergency and rehabilitation services. The Board adopted resolution EB113.R3 on road safety and health.

ACTION BY THE HEALTH ASSEMBLY

14. The Health Assembly is invited to consider the draft resolution contained in resolution EB113.R3.