Side event application / Formulaire de demande de réunion parallèle

Contact

Name/Nom: Ministry of Health
Delegation(s)/Délégation(s): Peru
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Date of application/Date de la demande: 29 March 2019

Concept

Description of proposed side event, including objective, expected results, proposed programme and speakers* / Description de la réunion parallèle proposée, y compris les objectifs, les résultats attendus, l’ordre du jour et les orateurs* :

Background information
Every year, 20% of the world’s population experiences mental health disorder symptoms. In Peru, only 26% of people who need mental health care receive it. These disorders cause very high costs and great suffering for the population. In this regard, mental health care is an opportunity to reduce the burden of care, reduce costs, and improve the satisfaction and the quality of life of health system users. Nevertheless, mental health care is still neglected within the health care systems: less than 5% of total health budgets are allocated to mental health; health care providers, insurers, and regulators are inadequately prioritized; and the mental hospital-centred model is still extensively used in countries of the region, despite the Caracas Declaration. (PAHO/WHO, 1990).

The evidence shows that mental health is a key factor for development, since it is an essential element for entrepreneurship, production, appropriate consumption, and coexistence. However, it is absent or poorly prioritized in development agendas. Recognizing the need to improve this situation, community-based mental health care shows increased sustainability when compared to outpatient mental health services and psychiatric hospitals, which still resist change. In this context, Peru’s successful experience—through community-based mental health care innovations in a low-income community—confirms that a country can find a way to reduce the heavy burden of neuropsychiatric disease by means of cost-effective and sustainable interventions, which would increase the potential for development.

Objective
Strengthen the position of community-based mental health care in the sustainable development agendas of the countries in the region, sharing evidence and national and global perspectives.

Expected results
Approximate answers to the following questions:

(i) Why should mental health be prioritized in development agendas?
(ii) What are the costs and benefits of mental health systems based on the community-based mental health approach?
(iii) How to strengthen community-based mental health care reform processes in the countries of the region?
### Proposed programme

<table>
<thead>
<tr>
<th>Duration</th>
<th>Topics</th>
<th>Speakers</th>
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</thead>
<tbody>
<tr>
<td>10 minutes</td>
<td>Mental health situation and costs in the region compared to the rest of the world.</td>
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<tr>
<td>10 minutes</td>
<td>Mental health perspectives as a means of development: the state of the art worldwide.</td>
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<tr>
<td>20 minutes</td>
<td>Comparing opportunities for community-based mental health care in the various models or health systems across the region.</td>
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<tr>
<td>10 minutes</td>
<td>Innovations in mental health service financing and delivery in the countries of the region.</td>
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<tr>
<td>10 minutes</td>
<td>Mental health challenges and collaborative strategies in the countries of the region.</td>
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<tr>
<td>30 minutes</td>
<td>Discussion</td>
<td></td>
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</tbody>
</table>

### Event details / détails de la réunion

- **Date** To be confirmed
- **Time/Heure** To be confirmed
- **Expected number of participants/Nombre de participants attendus**: 100
- **Exact title of the event/Titre exact de la réunion**: Community-Based Mental Health Care in Development Agendas

### Interpretation/Interprétation

Interpretation may be provided in the official languages and the estimated costs are as follows: 2 languages: 2568 CHF; 3 languages: 5136 CHF; 6 languages: 11985 CHF.

L’interprétation peut être assurée dans les langues officielles aux coûts estimés suivants : 2 langues-2568 CHF; 3 langues : 5136 CHF; 6 langues : 11985 CHF.

| Are interpretation services requested? / L’interprétation est-elle requise ? | Yes/Oui ☒ | No/Non ☐ |
| (If yes, which languages)?/(Si oui, en quelle langue)? | English/Anglais ☒ | French/Français ☐ | Russian/Russe ☐ | Spanish/Espagnol ☒ | Chinese/Chinois ☐ | Arabic/Arabe ☐ |

### Invoice to be sent to/ Facture à envoyer à:

- **Name/Nom**: Ministry of Health
- **Postal address/Adresse postale**: Av. Salaverry 801
- **E-mail/Courriel**: etomas@minsa.gob.pe

### Room Layout/Aménagement des salles

Due to type of furniture and technical equipment in the room, the layout of the rooms cannot be changed. For information regarding the location and layout of rooms at the Palais des Nations, please see: [http://www.unog.ch/80256EE60057CB67/(httpPages)/BAE3AF717207A5AF80256EF80049C552?OpenDocument](http://www.unog.ch/80256EE60057CB67/(httpPages)/BAE3AF717207A5AF80256EF80049C552?OpenDocument)


### *Badges/ Badges d’accès*

WHA side events are for participants of the WHA and, as such, panelists and participants should be drawn from those participating in the Health Assembly.

Les réunions parallèles sont réservées aux participants de l’Assemblée; Les orateurs de ces réunions doivent donc être choisis parmi ceux-ci.

*Please complete the form and send it to / Merci de remplir le formulaire et de l’envoyer à*

hggoverningbodies@who.int